

# SIERRA COUNTY SUBSTANCE USE RESOURCES

## SIERRA COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

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### Sierra County HHS – Social Services

The Behavioral Health Department offers a broad range of mental health, alcohol, and other drug (AOD) services to all residents of Sierra County. Our goal is to offer services in a supportive environment that focuses on recovery. Regardless of ability to pay, the Behavioral Health Department provides emergency crisis assessments and other services.

**Location:** 704 Mill St.  
Loyalton, CA 96118

**Contact:** (530) 993-6700

**Website:**

<https://www.sierracounty.ca.gov/181/Behavioral-Health>

Last Verified On: 07/22/2025



## ANONYMOUS SUPPORT SERVICES

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### Northern California Fellowship of Alcoholics Anonymous

**24-Hour Hotline:** (530) 225-8955

**Website:** <https://aanorcal.org>

Last Verified on: 07/22/2025

### Al-Anon District 4 Northern California

**District 4 Contact:** (530) 378-9185

**Website:** <https://norcal-al-anon.blogspot.com/>

Last Verified On: 07/22/2025

### River Cities Area Narcotics Anonymous

**Website:** <https://sites.google.com/rivercities-na.org/home>

Last Verified On: 07/22/2025

## ALCOHOL SUPPORT

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### Alcohol Rehab Help

“If you or a loved one is struggling with alcohol addiction, you can rely on us to guide you to the best rehabilitation and treatment resources.”

**24/7 Helpline:** (928) 436-6654

**Website:** <https://alcoholrehabhelp.org/>

Last Verified On: 07/22/2025



# SIERRA COUNTY SUBSTANCE USE RESOURCES

## PERINATAL SUBSTANCE USE RESOURCES

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### Sierra County – Maternal, Child, & Adolescent Health

“MCAH provides women in Sierra County with assistance in accessing prenatal care, education to assure healthy pregnancies and babies, and referrals to county resources.”

**Location:** 202 Front Street  
Loyalton, CA 96118

**Contact:** (530) 993-6700

**Website:**

<https://www.sierracounty.ca.gov/282/Maternal-Child-Adolescent-Health-MCAH>

Last Verified On: 07/22/2025

### MotherToBaby

“We specialize in answering questions about the safety/risk of exposures, such as medications, vaccines, chemicals, herbal products, substances of abuse, maternal health conditions and much more, during pregnancy or breastfeeding. Our no-cost information service is available to mothers, health professionals, and the general public via chat, text, phone, and email in both English and Spanish.”

**Contact:** (866) 626-6847

**Website:** <https://mothertobaby.org/pregnancy-breastfeeding-exposures/>

Last Verified On: 07/22/2025

## QUIT SMOKING ASSISTANCE

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### Kick It California

“We’re a free program that helps Californians quit tobacco and nicotine with the help of proven, science-based strategies. Take the first step toward quitting.”

**Call and Chat Counseling:**

**English:** 1-800-300-8086

**Español:** 1-800-600-8191

**Chinese:** 1-800-838-8917

**Korean:** 1-800-556-5564

**Vietnamese:** 1-800-778-8440

**Quit Pouches:**

<https://www.kickitca.org/pouches>

**Website:** <https://www.kickitca.org/>

Last Verified On: 07/22/2025

### Alexa Skills Stop Vaping Coach

“With the Stop Vaping Coach skill, get quit vaping tips or sign up to speak with a quit coach.”

**Website:**

[https://www.amazon.com/dp/B07YBTN1GY/ref=sr\\_1\\_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI](https://www.amazon.com/dp/B07YBTN1GY/ref=sr_1_1?keywords=stop%20vaping%20coach&qid=1569431942&s=gateway&sr=8-1&fbclid=IwAR0Bqqyt0UWfJ7MYVSYHQ2NMAbvvhO0UMkCbv7dP7vHPj9fEZwliaP-SEZI)

Last Verified On: 07/22/2025



# SIERRA COUNTY SUBSTANCE USE RESOURCES

## SUPPORT SERVICES

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### **Colusa County Recovery**

“Virtual Recovery: Anytime, Anywhere.  
Welcome to Colusa County Recovery, your virtual companion and online resource. We are your launchpad to hope, shared experiences, mutual empowerment, and essential recovery tools – all from the comfort and privacy of your own space.”

**Text/Call:** (530) 845-2364

**Email:** [colusacountyrecovery@gmail.com](mailto:colusacountyrecovery@gmail.com)

**Website:**

<https://www.colusacountyrecovery.com/>

Last Verified On: 07/22/2025