

# SOLANO COUNTY LGBTQ+ RESOURCES

## HEALTH CENTERS

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### Gender Health Center

“Offers a wide range of free or low-cost, low-barrier services to the community, including a free hormone clinic, mental health counseling, support groups, harm reduction, legal assistance, healthcare navigation, case management, and resource referrals.”

**Location:** 3823 V Street  
Sacramento, CA 95817

**Contact:** (916) 455-2391

**Email:** [info@ghcmail.org](mailto:info@ghcmail.org)

**Website:**

<http://www.thegenderhealthcenter.org/index.html>

Last Verified On: 05/30/2025



## HOTLINE PHONE NUMBERS

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### LGBT National Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (888) 843-4564

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/national-hotline/>

Last Verified On: 05/30/2025

### LGBT National Youth Talk Line

“Provide a confidential safe space where callers of any age can speak about sexual orientation or gender identity/expression issues. This includes coming out issues, relationship concerns, family, bullying, school issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.”

**Contact:** (800) 246-7743

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/youth-talkline/>

Last Verified On: 05/30/2025

## LGBTQ RESOURCE CENTERS

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### Lavender Library

“A volunteer-run LGBTQ+ library, archive, and community space in Sacramento with queer books, films, archives, zines, and more.”

**Location:** 1414 21<sup>st</sup> Street  
Sacramento, CA 95811

**Contact:** (916) 492-0558

**Email:** [lavenderlibrary4us@gmail.com](mailto:lavenderlibrary4us@gmail.com)

**Website:** <http://lavenderlibrary.com/>

Last Verified On: 05/30/2025

# SOLANO COUNTY LGBTQ+ RESOURCES

## LGBTQ RESOURCE CENTERS, Continued

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### LGBTQIA Resource Center, Sac State

“Provides students looking for a connection to campus with programs and events, access to resources on campus and in the community, a welcoming hangout space, and opportunities for education about LGBTQIA communities.”

**Location:** University Union, First Floor  
6000 J Street

Sacramento, CA 95819

**Contact:** (916) 278-3940

**Email:** [pride@csus.edu](mailto:pride@csus.edu)

**Website:** <https://www.csus.edu/student-affairs/centers-programs/pride-center/>

Last Verified On: 05/30/2025

### Sacramento LGBT Community Center

“We support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ+ community.”

**Location:** 1015 20<sup>th</sup> Street  
Sacramento, CA 95811

**Contact:** (916) 442-0185

**Email:** [info@saccenter.org](mailto:info@saccenter.org)

**Website:** <https://saccenter.org/>

Last Verified On: 05/30/2025

## SENIORS

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### LGBT National Senior Hotline

“Free and Confidential peer support for the LGBT and questioning community ages 50 and above.”

**Contact:** (888) 234-7243

**Email:** [help@LGBThotline.org](mailto:help@LGBThotline.org)

**Website:** <https://lgbthotline.org/senior-hotline/>

Last Verified On: 05/30/2025

### SAGE

“National organization offering supportive services and consumer resources for LGBTQ older adults and their caregivers.”

**Contact:** (212) 741-2247

**Website:** <https://www.sageusa.org/>

Last Verified On: 05/30/2025

## SUPPORT GROUPS

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### Community Group, Sacramento LGBT Community Center

“Providing peer support to marginalized populations within the LGBTQ+ community. All groups are free and welcome new participants that are part of the group’s focus.”

**Location:** 1015 20<sup>th</sup> Street  
Sacramento, CA 95811

**Contact:** (916) 442-0185

**Email:** [resources@saccenter.org](mailto:resources@saccenter.org)

**Website:** <https://saccenter.org/mental-health>

Last Verified On: 05/30/2025



# SOLANO COUNTY LGBTQ+ RESOURCES

## TRANSGENDER RESOURCES

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### Sutter Gender Identity Support Group

“We are an open, non-profit, non-sexual social group serving the Greater Sacramento area for those who are serious about their gender identity. We provide a safe and secure place where they can interact with others with similar experiences and meet, visit and exchange information.”

**Location:** 2391 Saint Mark’s Way  
Sacramento, CA 95864

**Email:** [contact@sacgender.org](mailto:contact@sacgender.org)

**Website:** <http://www.sacgender.org/home>

Last Verified On: 05/30/2025

### Trans Resilience - Resources

“Here are a few resources that may be useful for community organizations, trans individuals, or therapists and medical providers.”

**Website:** <https://www.trans-ilience.com/>

Last Verified On: 05/30/2025

### Trans Lifeline

“Trans Lifeline connects trans people to the community support and resources we need to survive and thrive.

**Contact:** (877) 565-8860

**Website:** <https://www.translifeline.org/>

Last Verified On: 04/19/2024

### Transgender Map

“This free website shows how to make a gender transition”

**Website:** <https://www.transgendermap.com/>

Last Verified On: 05/30/2025

## SOLANO COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

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### True Care Map

“The TrueCare Map is your one-stop destination for exploring the many amazing resources available in our community. Whether you're looking for health services, food assistance, education programs, or family support, the TrueCare Map helps you find what you need - all in one convenient place.”

**Website:**

<https://www.solanocounty.gov/government/health-social-services-hss/behavioral-health/behavioral-health-services>

Last Verified On: 07/29/2025