

SOLANO COUNTY YOUTH RESOURCES

CHILDREN & YOUTH MENTORING PROGRAMS

Fighting Back Partnership

“We provide basic needs via assistance with housing, food, childcare, transportation, and health referrals...parenting programs for pregnant women, head-of-household, and their families...direct intervention and coordination of services.”

Location: 505 Santa Clara Street, Third Floor
Vallejo, CA 94590

Contact: (707) 648-5230

Website: <https://www.fight-back.org/>

Last Verified On: 10/20/2025



DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 10/20/2025

LGBTQ SUPPORT

Solano Pride Center

Location: 1234 Empire Street, Suite 1560
Fairfield, CA 94533

Contact: (707) 207-3430

Confidential Counseling Message Line:
(707) 389-4520

Email: Info@Solanopride.org

Website: <https://www.solanopride.org/>

Last Verified On: 10/20/2025

SOLANO COUNTY YOUTH RESOURCES

EDUCATION & EMPLOYMENT

California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

Website: <https://chafee.csac.ca.gov/>

Last Verified On: 10/20/2025

Family Urgent Response System (FURS) – Youth FURS

“Free 24/7/365 Hotline for current or former foster youth and their caregivers to call and get immediate help for any big or small issues you may be having. FURS also has a Mobile Response Team of caring and trained individuals that can come directly to where you are to help you solve problems and connect you to local services and support.”

Hotline Call or Text: (833) 939-3877

Main Website:

<https://www.cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Youth FURS Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/family-urgent-response-system/furs-youth-page>

Last Verified On: 10/20/2025

MENTAL HEALTH SERVICES

Rio Vista C.A.R.E. Youth Services

“Rio Vista CARE serves children and families through professional counseling... Youth Services: the PALS mentoring program, Positive Action program and more...”

Location: 628 Montezuma Street
Rio Vista, CA 94571

Contact: (707) 374-5243

Website: <https://riovistacare.org/our-services/>

Last Verified On: 10/20/2025

CalHOPE – Soluna

“Mental Health coaching and resources for teens and young adults ages 13-25.”

Website: <https://solunaapp.com/>

Last Verified On: 10/20/2025

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

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MENTAL HEALTH SUPPORT SERVICE

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Website: <https://safespace.org/>

Last Verified On: 10/20/2025

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

<https://open.spotify.com/show/49338MHq6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

Last Verified On: 10/20/2025

YOUTH COUNSELING

Agape Counseling Center

“We are a non-profit organization that provide mental health services for individuals, families, and couples. We also offer online group counseling services in a cohesive and supportive environment. Due to COVID all of our groups are offered virtually.”

Location: 1745 Enterprise Drive,
Building 2, Suite 1A
Fairfield, CA 94533

Contact: (707) 927-4282

Website:

https://mentalhealth.networkofcare.org/solano/services/agency?pid=AgapeCounselingCenter andNetwork_1_49_1

Last Verified On: 10/20/2025

Aldea Children & Family Services

Location: 4820 Business Center Dr #150,
Fairfield, CA 94534

Contact: (707) 224-8266

Website: <https://www.aldeainc.org/>

Last Verified On: 10/20/2025

Catholic Charities of Yolo and Solano

Location: 125 Corporate Place, Ste. A
Vallejo, CA 94590

Contact: (707) 644-8909

Website: <https://www.ccyoso.org/>

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SCHOOL LUNCH

“Federally assisted meal programs operating in public and nonprofit private schools and residential child care institutions. The meals provide a healthy balanced, low-cost or free lunches to children each school day. Applies to children that are ages 0-18.”

Benicia Unified School District

Website:

<http://www.schoolnutritionandfitness.com/index.php?sid=2202112119524356&page=menus>

Last Verified On: 10/20/2025

Dixon Unified School District

Website:

<https://www.schoolnutritionandfitness.com/index.php?sid=1594652910058>

Last Verified On: 10/20/2025

Fairfield-Suisun Unified School District

Website: <https://www.fsusd.org/page/child-nutrition-services>

Last Verified On: 10/20/2025

Travis Unified School District

Website:

<https://www.travisusd.org/departments/childnutrition>

Last Verified On: 10/20/2025

River Delta Unified School District

Website:

<https://www.rdusd.org/departments/food-services/index>

Last Verified On: 10/21/2025

Vacaville Unified School District

Website:

<https://www.vacavilleusd.org/cms/One.aspx?portalId=70116712&pageId=70706055>

Last Verified On: 10/21/2025

Vallejo City Unified School District

Website:

<https://vallejostudentnutrition.com/index.php?sid=2011072243312501>

Last Verified On: 10/21/2025

YOUTH EMPLOYMENT

Solano Youth Employment

Location: Children’s Network of Solano County

827 Missouri Street, Ste. 5

Fairfield, CA 94533

Contact: (707) 421-7229 ext. 109

Website: <https://www.solanoyouthemployment.org/>

Last Verified On: 10/21/2025

SOLANO COUNTY YOUTH RESOURCES

YOUTH TRANSITIONS PROGRAMS

First Place for Youth

“My First Place and Independent Living Skill Program

Location: 1545 North Texas Street, Suite 100
Fairfield, CA 94533

Contact: (707) 430-4360

Website:

<https://firstplaceforyouth.org/locations/solano-county/>

Last Verified On: 10/21/2025

Nalls Foundation

“Nalls Foundation” provides youth/young adults a safe home with clear expectations to give them a foundation for stabilizing their lives and moving forward with their future. The average length of stay is 6 to 9 months until they transition to a permanent home which may include family or independent living. Extended services are arranged to ensure the residents continue to work toward their goals.

Contact: (415) 505-6427

Website: <http://www.nallsfoundation.org/>

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