

SONOMA COUNTY CHILDREN & FAMILY RESOURCES

CAR SEAT PROGRAMS

OTS - Who's Got Car Seats

"The following directory, mandated by SB 1073 (Chapter 1223, Statutes of 1991), and SB 503 (Chapter 512, Statutes of 1995), was designed as a first step in complying with Vehicle Code Section 27360 which requires local health departments to provide municipal courts with the listing of all local low-cost car seat programs."

Contact: (916) 509-3030

Website: <https://www.ots.ca.gov/whos-got-car-seat/>

Last Verified On: 01/11/2026



CHILDCARE RESOURCES

4Cs – Community Child Care Council of Sonoma County

"Providing access to quality child care and early education in Sonoma County."

Location: 131-A Stony Circle, Suite 300
Santa Rosa, CA 95401

Contact: (707) 544-3077

Website: <https://www.sonoma4cs.org>

Last Verified On: 02/06/2026

Children & Family Circle

"Free or low-cost child care and support services to infants and toddlers from low-income families, especially those at high-risk of abuse and neglect"

Location: 1260 N Dutton Ave., Ste. 242
Santa Rosa, CA 95401

Contact: (707) 544-4653

Website: <http://cfckids.org/>

Last Verified On: 02/06/2026

River to Coast Children's Services

"Offer a variety of services that, together with child care and children's activities, lead to positive growth for children and their parents."

Location: 16300 1st Street
Guerneville, CA 95446

Contact: (707) 869-3613

Website: <https://rcc-services.org/>

Last Verified On: 02/06/2026

SonomaWORKS – Cash Assistance for Families

"Provides temporary help for families with children who have little or no money."

Location: 2227 Capricorn Way, Ste. 100
Santa Rosa, CA 95407

Contact: (707) 565-5500

Website: <http://sonomacounty.ca.gov/Human-Services/Employment-and-Training/SonomaWORKS/>

Last Verified On: 02/06/2026



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

CHILD DEVELOPMENT RESOURCES

Early Learning Institute

“Dedicated to providing and promoting developmental services, education and support to young children, their families and their community.”

Location: 2300 Northpoint Pkwy,
Santa Rosa, CA 95407

Contact: (707) 591-0170

Website: <http://earlylearninginstitute.com>

Last Verified On: 02/06/2026

Child Parent Institute – Child & Family Counseling Clinic

“Provides comprehensive mental health services to children ages 0-18 and their families.”

Contact: (707) 585-6108

Website: www.calparents.org

Last Verified On: 02/06/2026

Lytton Head Start

“Provides preschool services, modelled after Head Start, to 20 additional children in the Santa Rosa”

Website: <https://crihb.org/tribal-head-start/>

Last Verified On: 02/06/2026

Community Action Partnership of Sonoma County – Head Start

“Goal is to build a strong foundation for school readiness by recognizing each child’s individual strengths and needs as we provide opportunities for each child to grow physically, socially, emotionally, and intellectually.”

Location: 141 Stony Circle, Suite 210
Santa Rosa, CA 95401

Contact: (707) 544-6911

Website: <https://www.sonomacan.org/our-work/early-childhood-education/>

Last Verified On: 02/06/2026

EDUCATION & EMPLOYMENT

Dolly Parton’s Imagination Library

“Dolly Parton’s Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five, through funding shared by Dolly Parton and local community partners in the United States.”

Website: <https://imaginationlibrary.com/check-availability/>

Last Verified On: 02/06/2026

CaKIDS

“The California Kids Investment and Development Savings Program (CaKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CaKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives...”

Contact: (888) 445-2377

Website: <https://calkids.org/>

Confirm Eligibility: <https://calkids.org/get-started/>

Claim CaKIDS Account:

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 02/06/2026

DIAPER RESOURCES

Child Parent Institute – Sonoma Diaper Project

“Families can request diapers for their children twice a month. A new form must be completed for each request. After submitting the form you will receive a confirmation of your application. You will also receive a receipt of the application to the email you provide.”

Contact: (707) 585-6108

Email: diaperproject@calparents.org

Website: <https://calparents.org/what-we-do/parent-support-services/diaperproject/request-diapers.html>

English Application:

calparents.org/diaperproject

Formulario en Español:

<https://forms.gle/mBN9hUbY2eJkDKnC6>

Last Verified On: 02/06/2026

Redwood Empire Food Bank

“Provides free diapers at food distribution sites as the designated Diaper Bank for Sonoma County.”

Location: 3990 Brickway Blvd
Santa Rosa, CA 95403

Contact: (707) 523-7900

Website: <https://getfood.refb.org/programs-initiatives/who-we-serve/every-child-every-day.html>

Last Verified: 02/06/2026

First 5 Sonoma

“Supporting early childhood health, education, family well-being, and assisting families in meeting essential needs such as diapers”

Location: 120 Stony Point Road, Suite 155,
Santa Rosa, CA 95401

Contact: (707) 522-2020

Email: info@first5sonomacounty.org

Website: <https://first5sonomacounty.org/>

Last Verified: 02/06/2026

County Office of Education – Sonoma

“Provides referrals and collaborates with county partners to connect families with diaper distribution programs serving Sonoma County.”

Location: 5340 Skylane Boulevard
Santa Rosa, CA 95403

Contact: (707) 524-2600

Website: <https://www.scoe.org/>

Last Verified: 02/06/2026

211 – California

“No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with resources and services in their community that improve their lives. In 2023, **2,500** 211 Call Specialist across the U.S. responded to more than 15 million requests for help averaging 42,000 calls, texts, emails, and web chats each day.”

Contact: Call 2-1-1 or (866) 916-3566

Website: <https://211.org/>

Last Verified: 01/20/2026



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

FAMILY RESOURCE CENTERS

La Luz Center – El Verano School Family Resource Center

“Helps families connect to services and navigate resources related to the academic, social and emotional needs of El Verano K-5th grade students and their parents.”

Location: 17560 Greger Street,
Sonoma, CA 95476

Contact: (707) 938-5131

Website: <https://www.laluzcenter.org/family-services>

Last Verified On: 02/06/2026

Matrix Parent Network and Resource Center

“Empowers families of children with special needs to successfully understand and access the systems that serve them.”

Location: 2400 Las Gallinas Avenue, Suite 100, San Rafael, CA 94903

Contact: (415) 884-3535

Website: <https://www.matrixparents.org>

Last Verified On: 02/06/2026

Southwest Family Resource Center

“Early intervention, school-based program providing family support to address issues that may negatively impact a student’s success in school.”

Location: 2250 Northpoint Pkwy
Santa Rosa, CA 95407

Contact: (707) 579-4816 ext. 3198

Website:

<https://www.sonomacan.org/southwest-family-resource-center/>

Last Verified On: 02/06/2026

Action Network – Gualala

“Offer services, programs, and activities to help meet the growing needs of individuals and families of all ages and all backgrounds.”

Location: 200 Main Street,
Point Arena, CA 95468

Contact: (707) 882-1691

Website: <https://www.actionnetwork.net/>

Last Verified On: 02/06/2026

Child Parent Institute – Resource Assistance

“Through referrals from Family, Youth and Children, Resource Specialists at CPI provide two service types: Resource Assistance and Intensive Case Management”

Location: 3650 Standish Avenue,
Santa Rosa, CA 95407

Contact: (707) 585-6108 ext. 1107

Website: <https://calparents.org/what-we-do/parent-support-services/resource-assistance.html>

Last Verified On: 02/06/2026

SONOMA COUNTY CHILDREN & FAMILY RESOURCES

FINANCIAL ASSISTANCE RESOURCES

PG&E Medical Baseline Program

“The Medical Baseline Program is also known as Medical Baseline Allowance. It assists residential customers who depend on power for certain medical needs.”

Contact: (877) 660-6789

Website:

<https://www.pge.com/medicalbaseline>

Last Verified On: 01/16/2026

Relief for Energy Assistance through Community Help (REACH)

“The REACH program helps you pay for energy during a crisis. REACH provides an energy credit for up to \$800 based on the past due bill (energy credit support is subject to funding availability).”

Contact: (877) 660-6789

Website:

<https://www.pge.com/en/account/billing-and-assistance/financial-assistance/relief-for-energy-assistance-through-community-help.html>

Last Verified On: 01/16/2026

California Alternate Rates for Energy (CARE) program

“Qualified households can save 20 percent or more each month on their energy bill. Apply is easy and only takes a few minutes. Your income eligibility is based on current earnings going forward and not past income, so if you have had a change in circumstances you may now qualify.”

Contact: (866) 743-5832

Email: CAREandFERA@pge.com

Website:

<https://www.pge.com/en/account/billing-and-assistance/financial-assistance/california-alternate-rates-for-energy-program.html>

Last Verified On: 01/16/2026

Andrew McDonough B+ Foundation Family Assistance Program – Financial Help for Kids With Cancer

“Gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

Contact: (302) 563-8389

Website: <https://bepositive.org/need-help/>

Last Verified On: 02/06/2026

Family Electric Rate Assistance (FERA) Program

“The Family Electric Rate Assistance (FERA) program helps eligible customers pay their energy bill. Income-qualified customers get an 18 percent monthly discount on electric rates. Note: FERA and CARE share one application. If you do not qualify for FERA, we will check to see if you qualify for CARE.”

Contact: (866) 743-5832

Email: CAREandFERA@pge.com

Website:

<https://www.pge.com/en/account/billing-and-assistance/financial-assistance/family-electric-rate-assistance-program-fera.html>

Last Verified On: 01/16/2026

California Connect

“California Connect, also called the Deaf and Disabled Telecommunications Program (DDTP), is funded by the California Public Utilities Commission (CPUC) and is a public purpose program that provides communications equipment and services to persons with disabilities. The program’s accessible products and services are available at no cost, removing financial barriers.”

Contact: (800) 806-1191

Website: <https://caconnect.org/>

Last Verified On: 01/16/2026



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

FOSTER CARE & KINSHIP SUPPORT SERVICES

Sonoma County Foster Care

“Protects local children and youth who must be removed from unsafe homes due to abuse or neglect.”

Location: 1202 Apollo Way

Santa Rosa, CA 95407

Contact: (707) 565-4300

Website: <https://sonomacounty.gov/health-and-human-services/human-services/children-families/foster-care>

Last Verified On: 02/06/2026

TLC Child & Family Services – Foster Care and Adoption

“Help you help children in need by becoming a resource parent (foster parent).”

Location: 1800 Hwy 116 N

Sebastopol, CA 95472

Contact: (707) 823-7300

Website: <https://tlc4kids.org/foster-care-adoption/>

Last Verified On: 02/06/2026

Redwood Empire Foster Parent Association

“Support Sonoma County foster care community and the children they serve.”

Website: <http://refpa.org>

Email: contact.refpa@gmail.com

Last Verified On: 02/06/2026

Child Parent Institute – Parenting Services

“Offers Resource Family Pre-Service Trainings: mandatory training modules that need to be completed before resource families are approved to foster children.”

Location: 3650 Standish Avenue

Santa Rosa, CA 95407

Contact: (707) 585-6108

Website: <https://calparents.org/what-we-do/parent-support-services/parenting-services-overview.html>

Last Verified On: 02/06/2026

VOICES Sonoma

“VOICES Sonoma provides young people aging out of foster care with family-like support, acceptance, and accountability as they set their own goals and pursue them across VOICES’ youth-led core programs: Health and Wellness, Career and Education, and ILP-Independent Living Program.”

Location: 2800 Cleveland Ave, Suite C

Santa Rosa, CA 95403

Contact: (707) 579-4327

Website:

<https://www.voicesyouthcenter.org/voices-sonoma>

Last Verified On: 02/06/2026

Alternative Family Services

“Provides thoughtful, informed foster care, adoption and mental health series throughout Northern California.”

Location: 131B Stony Circle, Suite 1200

Santa Rosa, CA 95401

Contact: (707) 576-7700

Website: <https://www.afs4kids.org>

Last Verified On: 02/06/2026

Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

Call or Text Hotline: (833) 939-3877

Contact: (916) 657-1858

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

(Spanish) Sitio Web:

<https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-Hotline-Flyer-Youth-SP.pdf>

Last Verified On: 02/06/2026

HOME VISITING

Sonoma County Nurse-Family Partnership

“Nurse-Family Partnership (NFP) works to positively impact and transform the lives of first-time moms and their babies through a proven home visiting model.”

Location: 625 5th Street,
Santa Rosa, California 95404`

Contact: (707) 565-4440

Website: <https://changent.org/what-we-do/nurse-family-partnership/>

Last Verified On: 02/06/2026

Child Parent Institute – In-Home Parent Education

“Offers in-home parenting services for parents who are unable to attend classes or who may want individual attention.”

Contact: (707) 585-6108 x1218

Website: <https://calparents.org/what-we-do/parent-support-services/in-home-support.html>

Last Verified On: 02/06/2026

Early Learning Institute – Early Start Home Visiting

“For children birth to three years of age who qualify for Early Start developmental services, ELI’s Developmental Specialists provide targeted activities in the home to support optimal developmental growth.”

Location: 2300 Northpoint Pkwy
Santa Rosa, CA, 95407

Contact: (707) 591-0170

Website:

<https://www.earlylearninginstitute.com/early-intervention>

Last Verified On: 02/06/2026

MENTAL HEALTH RESOURCES

BrightLife Kids (CalHOPE)

“Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-demand content, and more.”

Contact: (888) 275-5357

Website:

<https://www.hellobrightline.com/brightlifekids/>

Last Verified On: 02/06/2026

LEGAL SERVICES

California Family Law Facilitator's Office

"The Family Law Facilitator's Office is a self-help program staffed by attorneys, paralegals and clerks that provides free legal assistance to unrepresented family law litigants."

Website: <https://ff.sdccourt.ca.gov/>

Last Verified On: 02/06/2026

Parentage Opportunity Program

"The Parentage Opportunity Program offers eligible parents the opportunity to establish a legal parent-child relationship free of charge by signing and filing a Voluntary Declaration of Parentage. The Program is only one of two ways to legally establish parentage, and the program significantly decreases the time and money required to establish legal parentage through the lengthy and expensive court process."

Contact: (916) 464-1982

Website: <https://parentage.dcss.ca.gov/>

Last Verified On: 02/06/2026

Legal Services for Children

"Legal Services for Children provides free, trauma-informed legal and social work services to San Francisco Bay Area children and youth who are seeking a safe and stable home with loving caregivers, access to legal immigration status, freedom from detention, and access to education."

Location: 870 Market Street, Suite 356, San Francisco, CA 94102

Contact: (415) 863-3762

Website: <https://lsc-sf.org/>

Last Verified On: 02/06/2026

PARENT RESOURCES

Action Network – Parent Support and Family Advocacy

"Support services and family advocacy programs include counseling and family assistance and are designed to strengthen family dynamics."

Location: 200 Main Street
Point Arena, CA 95468

Contact: (707) 882-1691

Website: <https://www.actionnetwork.net/>

Last Verified On: 02/06/2026

Carson's Village

"If you have never experienced the sudden loss of a loved one, you can't prepare yourself for how many practical details there are to manage... Carson's Village can provide a wide range of free support services to help your family navigate this difficult time."

Website: <https://carsonsvillage.org/contact-us/>

Last Verified On: 02/06/2026

Parent's Resource Guide – First 5 Sonoma County

"The programs and services it describes will help you as you care for your young children in these early years."

Website:

<https://first5sonomacounty.org/resources-for-parents/parents-resource-guide/>

Last Verified On: 02/06/2026

California Parent and Youth Helpline

"Parents and youth can call, text and chat for emotional support and referrals in English, Spanish, and other languages."

Contact: (855) 427-2736

Website: <https://caparentyouthhelpline.org/>

Last Verified On: 02/06/2026



SONOMA COUNTY CHILDREN & FAMILY RESOURCES

PET ASSISTANCE

RedRover

“We provide financial assistance, resources and emotional support to pet guardians struggling with economic hardship when pets are in life-threatening situations.”

Website: <https://redrover.org/relief/urgent-care-grants/>

Last Verified On: 02/06/2026

24petconnect

“Our goals are to benefit the animals by providing mechanisms for them to be adopted if they are available or found if they are lost....Benefit the public by empowering them to adopt a new animal companion, find a lost pet or re-unite an owner with a lost pet that we have found...”

Website: <https://24petconnect.com/>

Last Verified On: 02/06/2026

Petco Lovelost

“Our mission [is] to reunite lost pets. Together, we’ll spread the word and help lost pets find their way home. Use a photo to search our national lost and found database for your missing pet.”

Website: <https://petcolove.org/lost/>

Last Verified On: 01/29/2026

CDSS Assistance Dog Special Allowance Program

“Provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs. The allowance is to help pay the costs of food, grooming, and health care for the dog.”

Contact: 916-657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 02/06/2026

WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

Sonoma County WIC

“Nutritional program that helps pregnant women, mothers, and young children eat well and stay healthy. WIC provides access to nutritious foods, nutrition education, breastfeeding support, and referrals to local resources.”

Website: [https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/public-health/woman-infants-and-children-\(wic\)](https://sonomacounty.ca.gov/health-and-human-services/health-services/divisions/public-health/woman-infants-and-children-(wic))

State Website: <https://www.myfamily.wic.ca.gov/>

Last Verified On: 02/06/2026

Santa Rosa WIC Office

Location: 1450 Guerneville Road
Santa Rosa, CA 95403

Contact: (707) 565-6590

Last Verified On: 02/06/2026

Guerneville WIC Office

Location: 16390 Main Street
Guerneville, CA 95446

Contact: (707) 565-6590

Last Verified On: 02/06/2026

Petaluma Health Center

Location: 1179 North McDowell Boulevard
Petaluma, CA 94954

Contact: (707) 565-6590

Last Verified On: 02/06/2026

Sonoma WIC Office

Location: 19080 Lomita Ave
Sonoma, CA 95476

Contact: (707) 565-6590

Last Verified On: 02/06/2026



YOUTH ENRICHMENT PROGRAMS

Side by Side

“Side by Side operates across the Bay Area, providing young people ages 5-26 and family members with critical services that span behavioral and mental health, early intervention in schools, LGBTQIA+ support, transitional housing for foster youth, and special education.”

Contact: (415) 457-3200

Email: contactus@sidebysideyouth.org

Website:

<https://www.sidebysideyouth.org/programs/>

Last Verified On: 02/06/2026