

SONOMA COUNTY CRISIS RESOURCES

Available resources and services for those experiencing a crisis.
In the case of a life-threatening emergency, call 911.

24-HOUR CRISIS SERVICES

Sonoma County Crisis Stabilization Unit

“Provides 24 hour-a-day, 7 day-a-week crisis intervention, assessment, medication, and up to 23 hours of supportive care for individuals in an acute mental health crisis.”

Location: 2225 Challenger Way
Santa Rosa, CA 95407

24-Hour Crisis Services: (707) 565-4970

Website: <https://sonomacounty.gov/health-and-human-services/health-services/divisions/behavioral-health/services/crisis-services/crisis-stabilization-unit>

Last Verified On: 02/25/2026

CA Youth Crisis Line (CYCL)

“CYCL operates 24/7 as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors provide crisis intervention counseling and resource referrals to service providers in the caller’s local community. Thoughts of suicide, depression, bullying, health and identity questions, trauma, human trafficking or any teen-related struggle are discussed with a crisis counselor in confidence and without judgement.”

Call or Text: (800) 843-5200

Website: <https://calyouth.org/cycl/>

Last Verified On: 02/10/2026

National Runaway Safeline

“Get support. We are here to listen and here to help. We will listen to your story. We are available 24/7 for youth and families in crisis.”

Call or Text: (800) 786-2929

Website: <https://www.1800runaway.org/youth-teens/>

Last Verified On: 02/10/2026



988 Lifeline

“At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.”

Call or Text: 988

Website: <https://988lifeline.org/>

Last Verified On: 02/10/2026

Family Urgent Response System (FURS)

“A toll-free hotline available 24 hours a day, 7 days a week staffed with caring counselors trained in conflict resolution and de-escalation techniques for children and youth impacted by trauma

Call or Text Hotline: (833) 939-3877

Website:

<https://cdss.ca.gov/inforesources/cdss-programs/foster-care/furs>

Last Verified On: 02/10/2026



SONOMA COUNTY CRISIS RESOURCES

24 HOUR CRISIS SERVICES, CONTINUED

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us.

Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

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Last Verified On: 02/10/2026

Strength After

“If you are experiencing emotional distress or other mental health concerns after a disaster, the Disaster Distress Helpline is here for you 24/7/365.”

Call or Text: (800) 985-5990

Website: <https://strengthafterdisaster.org/>

Last Verified On: 02/10/2026

The Trevor Project, LGBTQ Youth

“We provide information & support to LGBTQ young people 24/7, all year round.”

Contact: (866) 488-7386

Text: START to 678-678

Website: <https://www.thetrevorproject.org/>

Last Verified On: 02/10/2026

North Bay Suicide Prevention Hotline

“24/7, free and confidential crisis support for callers having thoughts of suicide, as well as friends and family worried about loved ones.”

Contact: (855) 587-6373

Website: <https://namisonomacounty.org/crisis-info/>

Last Verified On: 02/10/2026

COUNTY EMERGENCY SERVICES

Everbridge Nixle

“Receive alerts for severe weather, criminal activities, severe traffic, missing persons, or local events. Everbridge Nixle keeps you up-to-date with relevant information from your local public safety departments and schools.”

Text: Your zip code to 888-777

Website:

<https://www.everbridge.com/products/nixle/>

Last Verified On: 02/10/2026

[COUNTY] COUNTY CRISIS RESOURCES

DOCUMENT REPLACEMENT

California Driver's License

Contact: (800) 777-0133

Website: <https://www.dmv.ca.gov/portal/driver-licenses-identification-cards/replace-your-driver-license-or-identification-dl-id-card/>

Last Verified On: 02/10/2026

Replacement Social Security Cards

Contact: (800) 772-1213

TTY: (800) 325-0778

Website:

<https://www.ssa.gov/myaccount/replacement-card.html>

Last Verified On: 02/10/2026

Replacement Passports

Contact: (877) 487-2778

TTY: (888) 874-7793

Website:

<https://travel.state.gov/content/travel/en/passports/have-passport.html>

Last Verified On: 02/10/2026

Medicare Card

Contact: (800) 633-4227

TTY: (877) 486-2048

Website:

<https://www.medicare.gov/basics/get-started-with-medicare/using-medicare/your-medicare-card>

Last Verified On: 02/10/2026

Replacement Permanent Resident Card

Contact: (800) 375-5283

Website: <https://www.uscis.gov/i-90>

Last Verified On: 02/10/2026

Veterans' Service Records

Contact: (866) 272-6272

Website: <https://www.archives.gov/veterans>

Last Verified On: 02/10/2026

DOMESTIC VIOLENCE CRISIS

Sonoma County Adult Protective Services (APS)

“Responds to reports of abuse, neglect, exploitation and self-neglect involving older adults age 65+ and disabled, dependent adults age 18+.”

Location: 3725 Westwind Blvd, First Floor
Santa Rosa, CA 95403

24/7 APS Hotline: (707) 565-5940

24/7 Toll Free APS Hotline: (800) 667-0404

Website:

<https://sonomacounty.ca.gov/Human-Services/Adult-and-Aging/Adult-Protective-Services/>

Last Verified On: 02/25/2026

Sonoma County Family, Youth, and Children's Services

“Reporting allows professionals with the Family, Youth and Children's Division to investigate and help children to safety.”

Location: 1202 Apollo Way
Santa Rosa, CA 95407

24/7 Child Protection Hotline: (707) 565-4304

24/7 Toll Free Child Protection Hotline:
(800) 870-7064

Contact: (707) 565-4300

Website:

<https://sonomacounty.ca.gov/Human-Services/Family-Youth-Children/Prevent-and-Report-Child-Abuse/>

Last Verified On: 02/25/2026

SONOMA COUNTY CRISIS RESOURCES

DOMESTIC VIOLENCE CRISIS, Continued

YWCA – Domestic Violence Services

“Supports families affected by domestic violence by providing safe shelter, therapy, advocacy, and on-going support.”

24/7 Domestic Violence Crisis Hotline: (707) 546-1234

Contact: (707) 546-9922

Website: <https://www.ywcasc.org/what-we-do/domestic-violence-services/>

Last Verified On: 02/25/2026

Sonoma County Men Evolving Non-Violently (MEN)

“One-of-a-kind program that offers several services to help men who have decided they want to change their abusive or unproductive behavior.”

24-Hour Hotline: (707) 528-2636

Website: <https://sonomacountymen.org/>

Last Verified On: 02/25/2026

Family Justice Center – Sonoma County

“Domestic Violence, Dating Violence, Sexual Assault, Child Abuse, Elder Abuse, Elder Financial Abuse, Stalking”

Location: 2755 Mendocino Ave, Suite 100, Santa Rosa, CA 95403

Contact: (707) 565-8255

Website: <https://www.fjcsc.org/>

Last Verified On: 02/25/2026

The Rape, Abuse & Incest National Network (RAINN)

“Largest anti-sexual violence organization. Carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

24/7 Help Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

Last Verified On: 02/10/2026

Helping Survivors

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://helpingsurvivors.org/>

Last Verified On: 02/10/2026

The US National Domestic Violence Hotline

Hotline: (800) 799-7233

Text: START to 887-88

Website: <https://www.thehotline.org/>

Last Verified On: 02/10/2026

MENTAL HEALTH CRISIS SERVICES

Carelon Behavioral

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

Contact: (855) 765-9703

Website: <https://www.carelon.com>

Last Verified On: 02/10/2026

PET ASSISTANCE

RedRover

“Provides emergency sheltering, training, consultations for animals displaced by natural disasters and other crises.”

Contact: (916) 429-2457

Website: <https://redrover.org/relief/>

Last Verified On: 02/10/2026

SEXUAL ASSAULT CRISIS RESOURCES

Helping Survivors

“Helping Survivors is an organization on a mission to help heal, educate, and empower people who have been impacted by sexual assault and abuse. We provide individuals with accurate, trustworthy and up-to-date information regarding their legal, financial, and healthcare options for individuals after experiencing sexual assault and abuse.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://helpingsurvivors.org/>

Last Verified On: 02/10/2026

Male Survivor

“Committed to preventing, healing, and eliminating all forms of sexual victimization of boys and men through support, treatment, research, education, advocacy, and activism.

Website: <https://malesurvivor.org/>

Last Verified On: 02/10/2026

RAINN

“RAINN (Rape, Abuse & Incest National Network)...in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.”

National Sexual Assault Hotline: (800) 656-4673

Website: <https://www.rainn.org/>

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