



SONOMA COUNTY DISABILITIES RESOURCES



REGIONAL CENTERS

North Bay Regional Center

“Assist people with developmental disabilities to obtain the services and supports needed to live as others do in the community.”

Location: 520 Mendocino Avenue
Santa Rosa, CA 95401

Contact: (707) 569-2000

TDD: (707) 525-1239

Website: <http://nbrc.net>

Last Verified On: 04/03/2026

ADULT DAY CENTERS

Petaluma People Services Center – Adult Day Respite

“Activity program for frail elders aged 60 years and older to help them stay independent in their homes as long as possible.”

Location: 25 Howard Street
Petaluma, CA 94952

Contact: (707) 765-8488 ext. 174

Website: <https://petalumapeople.org/aging-well-together/adult-day-respite>

Last Verified On: 04/03/2026

Primrose – Adult Day Care

“Specialized social day program for people with Alzheimer’s and related dementias.”

Location: 2080 Guerneville Road
Santa Rosa, CA 95403

Contact: (707) 578-8360

Website:

<http://www.primrosealz.com/primrose-day-club/>

Last Verified On: 04/03/2026

SONOMA COUNTY DISABILITIES RESOURCES

ADULT PROTECTIVE SERVICES & PREVENTION

Sonoma County Adult Protective Services

“Help keep older adults age 65+ and dependent adults ages 18-64 safe”

Location: 3725 Westwind Boulevard,
Santa Rosa, CA 95403

Toll Free 24/7 Adult Protection Hotline:
(800) 667-0404

Local 24/7 Adult Protection Hotline:
(707) 565-5940

Contact: (707) 565-5900

Website:

<https://sonomacounty.ca.gov/Human-Services/Adult-and-Aging/Adult-Protective-Services/>

Last Verified On: 04/03/2026

ASSISTANCE DOGS

Canine Companions for Independence

“Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient.”

Contact: (800) 572-2275

Website: <https://www.cci.org/>

Last Verified: 04/03/2026

California Department of Social Services – Assistance Dog Special Allowance Fund

“The Assistance Dog Special Allowance (ADSA) program provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs.”

Contact: (916) 657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 04/03/2026

CEREBRAL PALSEY RESOURCES

United Cerebral Palsy

“Resources and program or service directory.”

Contact: (800) 872-5827

Website: <https://ucp.org/resources/>

Last Verified On: 04/03/2026

Cerebral Palsy Foundation

“Video library and fact sheets.”

Contact: (212) 520-1686

Website:

<https://www.cerebralpalsyfoundation.org/>

Last Verified On: 04/03/2026

SONOMA COUNTY DISABILITIES RESOURCES

CEREBRAL PALSEY RESOURCES, Continued

My Child at CerebralPalsy.org

“The ultimate resource for everything cerebral palsy.”

Contact: (800) 692-4453

Website: <https://www.cerebralpalsy.org/about-mychild>

Last Verified On: 04/03/2026

United Cerebral Palsy of Sacramento and Northern California

“UCP of Sacramento and Northern California is a leading provider of programs and services for children and adults with developmental disabilities. By using evidence-based practices, UCP programs and services help clients, and their families, to live a life with increased independence, productivity, and self-confidence.”

Location: 4350 Auburn Boulevard
Sacramento, CA 95841

Contact: (916) 565-7700

Website: <https://ucpsacto.org/>

Last Verified On: 04/03/2026

DEAF & HEARING LOSS RESOURCES

LEAD - K

“We connect families with local school districts, Early Start home visit teachers, parent mentors, Deaf coaches, and other essential supports. Our comprehensive approach ensures every child has the opportunity to develop bilingual language skills and reach their full potential.”

Contact: (916) 367-0511

Website: <https://www.leadfamilyservices.org/>

Last Verified On: 04/03/2026

NorCal Services for Deaf and Hard of Hearing

“Non-profit community-based organization serving Deaf & Hard of Hearing individuals in 24 northeastern counties of California.”

Location: 1521 Butte House Road B
Yuba City, CA 95993

Contact: (530) 740-7803

TTY: (530) 740-7802

Website: <https://norcalcenter.org/>

Last Verified On: 04/03/2026

AudioNova

“At AudioNova Santa Rosa, hearing tests are offered FREE of charge.”

Location: 4725 Hoen Ave, Ste. B
Santa Rosa, CA

Contact: (707) 542-1154

Website:

https://www.audionova.com/centers/ca/santa-rosa/4725-hoen-ave-ste-b_s us10192/

Last Verified On: 04/03/2026

SONOMA COUNTY DISABILITIES RESOURCES

DOWN SYRNome RESOURCES

GiGi's Playhouse Down Syndrome Resources

Contact: (916) 771-0199

Website:

<https://gigisplayhouse.org/sacramento/>

Last Verified On: 04/03/2026

INDEPENDENT LIVING & SUPPORT SERVICES

Sonoma County In-Home Supportive Services (IHSS)

“In order to stay living safely at home, eligible older adults and disabled residents of all ages, can apply for support from paid in-home care providers.”

Location: 3725 Westwind Boulevard, 1st Floor
Santa Rosa, CA 95403

Contact: (707) 565-5900

Website: <https://sonomacounty.gov/health-and-human-services/human-services/older-adults-people-with-disabilities/in-home-care>

Last Verified On: 04/03/2026

Becoming Independent

“Serves people with varied interests and life objectives who share a common goal of discovering – and maximizing – their abilities.”

Location: 1455 Corporate Center Parkway
Santa Rosa, CA 95407

Contact: (707) 524-6600

Website: <http://becomingindependent.org>

Last Verified On: 04/03/2026

Disability Services & Legal Center

“Providing information, advice and assistance on a wide range of disability- related matters.”

Location: 418 B Street (3rd Floor)
Santa Rosa, CA 95401

Contact: (707) 528-2745

Website: <http://mydslc.org/>

Last Verified On: 04/03/2026

State Department of Rehabilitation

“The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.”

Location: 521 Mendocino Avenue
Santa Rosa, CA 95401

Contact: (707) 528-2745

Website:

<https://www.dor.ca.gov/Home/WhatWeDo>

Last Verified On: 04/03/2026

SONOMA COUNTY DISABILITIES RESOURCES

INDEPENDENT LIVING & SUPPORT SERVICES, continued

Bayberry, Inc

“We are a nonprofit human services agency specializing in supports and services for people with intellectual and developmental disabilities.”

Location: 1500 3rd St, Ste A-1
Napa, CA 94559

Contact: (707) 252-6845

Website: <http://www.bayberryinc.org/>

Note: Need referral from a Regional Center
Last Verified On: 04/03/2026

California Human Development

“Education & Community Engagement, Employment Training, Work & Life Success”

Location: 3510 Unocal Place Suite 200
Santa Rosa, CA 95403

Contact: (707) 523-1155

Website:

<https://californiahumandevelopment.org/disability-services/>

Last Verified On: 04/03/2026

Lifehouse

“Offers a comprehensive skills training model focused on each individual’s needs.”

Location: 1353 Suite B Redwood Way
Petaluma, CA 94954

Contact: (707) 586-1961

Website:

<https://www.lifehouseagency.org/ourservices>

Last Verified On: 04/03/2026

Redwood Caregiver Resource Center

“Support and assistance to caregivers of adults with brain impairments through education, research, services and advocacy.”

Location: 1140 Sonoma Avenue, Suite 1B
Santa Rosa, CA 95405

Contact: (707) 542-0282

Toll Free: (800) 834-1636

Website: <http://www.redwoodcrc.org>

Last Verified On: 04/03/2026

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

“For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units.”

Location: California State Parks
Sonoma-Mendocino Coast District Office
12301 North Highway 1, Mendocino, CA 95460

Phone: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified: 04/03/2026

Reduced Fee Annual Fishing License-Disabled Veteran

“Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified: 04/03/2026

SONOMA COUNTY DISABILITIES RESOURCES

NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Stroke Association

“The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors.”

Stroke Family Warmline: (888) 478-7653

Website:

<http://www.strokeassociation.org/STROKEORG/>

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Last Verified On: 04/03/2026

Brainline

“Brainline offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. Brainline also provides military-specific information and resources on stress disorder (PTSD) to veterans, service members, and their families.”

Website: <http://www.brainline.org/>

Last Verified On: 04/03/2026

Brain and Spinal Cord Injury Resource Center

BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their Families to learn more information about medical conditions, rehabilitation, and legal options.”

Website: <http://www.brainandspinalcord.org/>

Last Verified On: 04/03/2026

Brain Injury Association of America (BIAA)

“BIAA’s mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury.”

Contact: (703) 761-0750

Website: <https://www.biausa.org/>

Last Verified On: 04/03/2026

Brain Injury.com

“Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need.”

Contact: (407) 622-1392

Website: <http://www.braininjury.com/>

Last Verified On: 04/03/2026

SONOMA COUNTY DISABILITIES RESOURCES

VISUAL IMPAIRMENT RESOURCES

California Council of the Blind Directory

“Directory of Services for the Blind and Visually Impaired in California.”

Contact: (707) 579-4380

Website: <https://www.ccbnet.org/calif.htm>

Last Verified On: 04/03/2026

Free Slate and Stylus Program

National Federation of the Blind

“The National Federation of the Blind will distribute a plastic, four-line, and twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille.”

Contact: (410) 659-9314

Website: <https://www.nfb.org/programs-services/free-slate-and-stylus-program>

Last Verified On: 04/03/2026

Free White Cane Program

National Federation of the Blind

“The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely.”

Contact: (410) 659-9314

Website: <https://www.nfb.org/programs-services/free-white-cane-program>

Last Verified On: 04/03/2026

SUPPORT GROUPS

National Multiple Sclerosis Society Support Groups Search

“Living with multiple sclerosis or having a loved one with MS can be challenging. Support groups and connection programs can help. These groups and programs bring people affected by MS together to share common experiences, find support and learn about the disease.”

Phone: (800) 344-4867

Website: <https://www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs>

Last Verified: 04/03/2026

SF Service Guide National Multiple Sclerosis Society Support Groups

“MS Society helps people affected by Multiple Sclerosis (MS) in the Northern California area address the challenges of living with MS. MS Society provides educational programs, peer counseling, support groups, financial and respite assistance, and referrals to medical professionals.”

Phone: (800) 344-4867

Website: <https://www.sfserviceguide.org/organizations/573>

Last Verified: 04/03/2026

Can Do Multiple Sclerosis Virtual Meetups

“A welcoming space for young adults and those newly diagnosed with MS to gain support, confidence, and a sense of community.”

Website: <https://cando-ms.org/events/>

Last Verified: 04/03/2026