

# TEHAMA COUNTY CHILDREN & FAMILY RESOURCES

## CAR SEAT PROGRAMS

### OTS - Who's Got Car Seats

"The following directory, mandated by SB 1073 (Chapter 1223, Statutes of 1991), and SB 503 (Chapter 512, Statutes of 1995), was designed as a first step in complying with Vehicle Code Section 27360 which requires local health departments to provide municipal courts with the listing of all local low-cost car seat programs."

**Contact:** (916) 509-3030

**Website:** <https://www.ots.ca.gov/whos-got-car-seat/>

Verified On: 01/11/2026



## CHILD DEVELOPMENT RESOURCES

### Help Me Grow Tehama

"Help Me Grow Tehama is a family centered hub connecting families to resources, supporting cross-system collaboration with a goal of strengthening children and families resulting in a community where children and families thrive with hope and resilience."

#### Self-Referral:

<https://docs.google.com/forms/d/e/1FAIpQLSc8RsCGS85DqZKfxPu1eYJvY09LZH4loqdi8dn0JJfS7qkxqQ/viewform>

**Website:** <https://www.first5tehama.org/help-me-grow/>

**Contact:** (530) 528-1395

Last Verified On: 01/11/2026

### Rowell Family Empowerment TCHSA –Tehama County Health Services Agency

"Public Health recognizes that parenting is no easy task and our home visiting programs help to strengthen and nurture parent-child relationships by providing parents with resources and connecting them to support systems within the community."

**Location:** 1860 Walnut Street Suite C  
Red Bluff, CA 96080

**Contact:** (530) 527-8491

#### Website:

<https://www.tehamacohealthservices.net/prevention/home-visiting/>

Last Verified On: 01/11/2026

### Tehama Head Start

**Website:** <https://www.nccdi.com/head-start.html>

**Location:** 225 S. Jackson St. Red Bluff CA  
96080

Last Verified On: 01/11/2026



# TEHAMA COUNTY CHILDREN & FAMILY RESOURCES

## DIAPER RESOURCES

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### 211 – California

“No matter the situation, the specialists at 211 listen, identify underlying problems, and connect people in need with resources and services in their community that improve their lives. In 2023, **2,500** 211 Call Specialist across the U.S. responded to more than 15 million requests for help averaging 42,000 calls, texts, emails, and web chats each day.”

**Contact:** Call 2-1-1 or (866) 916-3566

**Website:** <https://211.org/>

Last Verified: 01/20/2026

### Tehama County Office of Education

“The Tehama County Office of Education supports students, educators, and school districts throughout Tehama County by providing instructional services, professional development, special education support, and resources that promote student success and educational equity.”

**Contact:** (530) 527-5811

**Website:** <https://www.tehamaschools.org/>

Last Verified On: 01/11/2026

## FAMILY RESOURCE CENTERS

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**Contact:** (530) 528-1395

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### Lifenet

“LifeNet is a 501(c)(3) nonprofit organization serving the Tehama County community. Volunteers and staff provides education, support and material resources for young people, families, pregnant women and their children, born and unborn, in a loving Christ-centered environment offering an alternative to abortion. All services are provided to clients at no cost to them.”

**Contact:** (530) 727-9888

**Website:** <https://www.lifenettehama.org/>

Last Verified On: 01/11/2026

## FINANCIAL ASSISTANCE RESOURCES

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### Andrew McDonough B+ Foundation Family Assistance Program

“Helping Families of Children under the age of 21 with cancer. The B+ Foundation Family Assistance Program gives qualified families money for expenses that are attributable to their child’s cancer diagnosis. The goal of the program is to lessen the financial burden so families can focus on helping their children get well.”

**Contact:** (302) 563-8389

**Website:** <https://bepositive.org/need-help/>

Last Verified On: 01/11/2026

### California ALL

“If you have been financially affected by COVID-19, you may be eligible for: Unemployment Insurance, Eviction Protection, Mortgage Relief, Food Assistance and No credit score changes.”

**Contact:** (833) 422-4255

**Website:** <https://covid19.ca.gov/get-financial-help/>

Last Verified On: 01/11/2026

### PG&E Medical Baseline Program

“Assistance program for residential customers who depend on power for certain medical and independent living needs.”

**Contact:** (800) 743-5000

**Website:**

<https://www.pge.com/medicalbaseline>

Last Verified On: 01/11/2026

### CaKIDS

“The California Kids Investment and Development Savings Program (CaKIDS) was launched in 2022 by the State of California with a clear mission: make it easier for more children to save for their future education. Administered by the ScholarShare Investment Board, CaKIDS takes the initiative by automatically offering newborns and eligible low-income public school children in California an initial seed deposit, along with other potential financial incentives. This ensures that they can start their college and career savings journey right from the beginning.”

**Contact:** (888) 445-2377, Monday-Friday, 8:00am – 5:00pm PST

**Website:** <https://calkids.org/>

**Confirm Eligibility:** <https://calkids.org/get-started/>

**Claim CaKIDS Account:**

<https://calkids.outcometracker.app/p/CalKids/calkids/registration/>

Last Verified On: 01/11/2026

## FOSTER CARE & KINSHIP SUPPORT SERVICES

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### Family Urgent Response System (FURS)

“FURS is a free 24/7/365 Hotline for current and former foster youth (up to age 21) and their caregivers with immediate, trauma-informed support when they need it. FURS assists to prevent placement disruptions, promotes healing as a family and is a safe, judgement free, and private space to talk about your worries and vent.”

**Call or Text Hotline:** (833) 939-3877

**Contact:** (916) 657-1858

**Website:** <https://www.cal-furs.org/>

**(Spanish) Sitio Web:**

<https://www.cdss.ca.gov/Portals/9/Child-Welfare-Programs/Foster-Care/FURs/FURS-Hotline-Flyer-Youth-SP.pdf>

Last Verified On: 01/11/2026

## HOME VISITING PROGRAMS

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### TCHSA –Tehama County Health Services Agency- Home Visiting

“Public Health recognizes that parenting is no easy task and our home visiting programs help to strengthen and nurture parent-child relationships by providing parents with resources and connecting them to support systems within the community.”

**Location:** 1860 Walnut Street Suite C  
Red Bluff, CA 96080

**Contact:** (530) 527-8491

**Website:**

<https://www.tehamacohealthservices.net/prevention/home-visiting/>

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## MENTAL HEALTH RESOURCES

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### Carelon Behavioral Health (formerly Beacon)

“Behavioral health services company that serves the full spectrum of mental health and wellness needs, from mild-to-moderate anxiety and depression to substance use disorder, suicide prevention, and crisis solutions.”

**Contact:** (855) 765-9703

**Website:** <https://www.carelon.com>

Last Verified On: 01/11/2026

### CalHOPE Warm Line NAMI Helpline

“Education, support and advocacy for families & individuals affected by the challenges of living with mental illness.”

**Contact:** (800) 950-6264

**Text:** NAMI to 741741

**Website:** <https://www.nami.org/>

Last Verified On: 01/11/2026

### BrightLife Kids (CalHOPE)

“Personalized support for California families. Kids ages 0–12 get free, expert coaching for sleep issues, worry, social skills, and more. Live, 1:1 video sessions, secure chat, on-demand content, and more.”

**Contact:** (888) 275-5357

**Website:**

<https://www.hellobrightline.com/brightlifekids/>

Last Verified On: 01/11/2026

## PET ASSISTANCE

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### Brown Dog Foundations

“The Brown Dog Foundation provides financial assistance to pet owners in temporary financial crisis whose pet faces a treatable, but life-threatening condition or illness.”

**Contact:** Email

[grants@browndogfoundation.org](mailto:grants@browndogfoundation.org)

**Website:** <http://www.browndogfoundation.org/>

Last Verified On: 01/11/2026

### Canine Companions for Independence®

“We unite people with dogs in a powerful program that leads to greater independence and confidence.”

**Contact:** (800) 572-2275

**Form:** <http://www.cci.org/assistance-dogs/is-a-dog-right-for-you.html>

**Email:** [info@cci.org](mailto:info@cci.org)

**Website:** <https://canine.org/>

Last Verified On: 01/11/2026

### CDSS Assistance Dog Special Allowance Program

“The California Department of Social Services offers the Assistance Dog Special Allowance, which provides a monthly stipend of \$50 to eligible people who use a guide, service, or signal dog. The allowance is to help cover the food, grooming, and health costs of the dog.”

**Contact:** 916-657-2628

**Website:**

<https://www.cdss.ca.gov/cdssweb/entres/forms/english/pub294.pdf>

Last Verified On: 01/11/2026



# TEHAMA COUNTY CHILDREN & FAMILY RESOURCES

## SUPPORT SERVICES

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### Bridges to Success

“Bridges to Success has created several, free online groups to help ease tension and make parenting easier during Shelter in Place.”

**Contact:** (530) 225-0350

**Website:**

<https://www.shastacoe.org/programs-services/bridges-to-success>

Last Verified On: 01/11/2026

### Parentage Opportunity Program

“The Parentage Opportunity Program offers eligible parents the opportunity to establish a legal parent-child relationship free of charge by signing and filing a Voluntary Declaration of Parentage. The Program is only one of two ways to legally establish parentage, and the program significantly decreases the time and money required to establish legal parentage through the lengthy and expensive court process.”

**Contact:** (916) 464-1982

**Website:** <https://parentage.dcss.ca.gov/>

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**Website:** <https://www.first5tehama.org/help-me-grow/>

**Contact:** (530) 528-1395

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## WOMEN, INFANTS, & CHILDREN PROGRAM (WIC)

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### Tehama County WIC Office

“The Women, Infants and Children (WIC) Program is a USDA funded nutrition program to help families have access to healthy foods. The program serves pregnant women and families with children up to age 5.”

**Location:** 1850 Walnut St Suite H,  
Red Bluff, CA 96080

**Contact:** (530) 527-8791

**Email:** [wic@tchsa.net](mailto:wic@tchsa.net)

**Website:**

<https://www.tehamacohealthservices.net/prevention/women-infants-children-wic/>

**State Website:**

<https://www.myfamily.wic.ca.gov/>

Last Verified On: 01/11/2026