

# Approval for Therapeutic Formula

There are a few requirements with prior authorizations for therapeutic formulas given to members. While Women, Infants, and Children (WIC) nutritionists can refer a member to the primary care provider (PCP), the PCP must confirm the qualifying condition. Below you will find information necessary to submit a prior authorization. Please note, WIC is the payer of last resort after the Treatment Authorization Request (TAR) is denied.

## 1. Requirements

### a. Clinical Justification

Ensure that the proper justification is provided for the enteral nutrition product on the prior authorization form. Include any relevant clinical justification as documented in the infant's medical record. Please note:

- Regular infant formula products as defined in the FD&C Act are not covered
- Maximum age of the child at the time of authorization is nine months plus 29 days

### b. Product Eligibility

Enteral nutrition products are eligible for coverage via Medi-Cal Rx if the product is for outpatient use, meets the established requirements, and is a contracted enteral nutrition product. The product must be prescribed by a physician, nurse practitioner, clinical nurse specialist, or physician assistant.

### c. Product List

Products covered via Medi-Cal Rx can be found in the List of Contracted Enteral Nutrition Products, which can be found on the Medi-Cal RX website at the bottom of the next page. These include Standard, Specialized, Elemental and Semi-Elemental, Metabolic, and Specialty Infant. Please see Medi-Cal Provider Manual for Documentation Requirements 12.5.1 to 12.5.5.6. Note: Contracted products may have additional product categories and product specific requirements that must be addressed with the PA submission.

## 2. Prior Authorization (PA) Form

Medi-Cal Rx has created a form as their preferred method of submission for enteral nutrition products. This form includes sections for product information, route of administration and clinical justification. The form can be found on the Medi-Cal Rx website listed on the bottom of the next page. PCPs should only start a referral to WIC if the product selected by the PCP is not on the Medi-Cal Rx list and the TAR is denied. Please see the Medi-Cal Provider Manual p. 101 for Documentation Requirements 12.4 and the Medi-Cal Rx Enteral Nutrition Prior Authorization Request Form ([Medi-Cal Rx Enteral Nutrition Prior Authorization Request Form](#))

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## 3. Submit Form

The preferred method of submission is sending the prior authorization form through fax or U.S. mail. Other methods to submit a prior authorization include:

- Cover My Meds ([www.covermy meds.health](http://www.covermy meds.health))
- Medi-Cal Rx Secure Provider Portal ([www.medi-calrx.dhcs.ca.gov/provider/login](http://www.medi-calrx.dhcs.ca.gov/provider/login))
- National Council for Prescription Drug Programs P4 transaction

For a list of providers offering mail-order durable medical equipment, please visit:  
<https://www.partnershiphp.org/Providers/Medi-Cal/Pages/Provider-Directory.aspx>

For more information, the prior authorization form and product list, please visit:  
[www.medi-calrx.dhcs.ca.gov/home/enteral-nutrition-products/](http://www.medi-calrx.dhcs.ca.gov/home/enteral-nutrition-products/)