



A one-year Virtual Diabetes Specialty Clinic study exploring how telemedicine can help adults with diabetes

Adding continuous glucose monitoring (CGM) to your diabetes care plan may help to improve your blood glucose. A CGM measures your blood sugar. As part of this study, you will work with a virtual clinic team without a visit to the doctor's office.

If you are interested in learning more, please visit www.jaeb.org/vdisc

What to expect:

- A CGM and other supplies to be provided by the study
- Virtual visits - CGM training and support from the comfort of home
- Care coordination - communication between the virtual clinic team and your health care provider

You may be eligible to participate if you:

- Are at least 18 years old
- Have type 1 or type 2 diabetes
- Use insulin daily (at least 3 daily injections or an insulin pump)
- Have not used a CGM in the last two years
- Use an Android or iOS smartphone and have access to a computer with internet