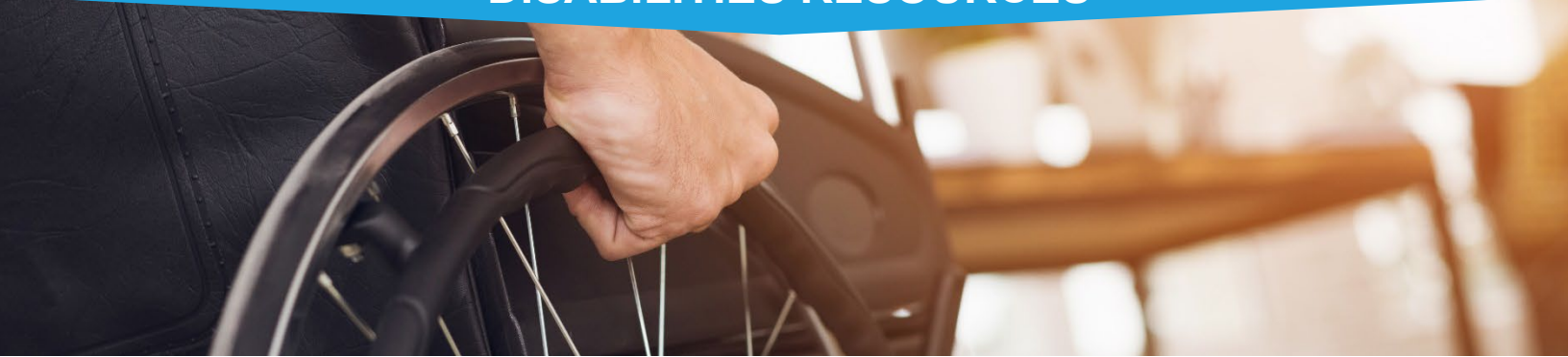




YOLO COUNTY DISABILITIES RESOURCES



ADULT DAY CENTERS

Yolo Adult Day Health Center

“We assist individuals and families who: have trouble with everyday tasks, need assistance in managing medication, need ongoing physical, occupational or speech therapy, are isolated, depressed, confused, or suffering memory loss due to disease or a related condition.”

Location: 20 North Cottonwood Street
Woodland, CA 95695

Contact: (530) 669-3700

Website:

<https://www.dignityhealth.org/sacramento/services/yolo-adult-day-health-services/yolo-adult-day-health-center>

Last Verified On: 04/03/2026

Golden Days Adult Day Health

“Provides personalized services designed to meet the needs of every patient. The dedicated health professionals offer the assistance you need while respecting your independence.”

Location: 1215 Merkley Avenue
West Sacramento, CA 95691

Contact: (916) 717-9142

Website:

<https://healthy.kaiserpermanente.org/northern-california/facilities/golden-days-adult-day-health-care-center-172424>

Last Verified On: 04/03/2026

ASSISTANCE DOGS

Canine Companions for Independence

“Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs at no charge to the recipient.”

Contact: (800) 572-2275

Website: <https://www.cci.org/>

Last Verified: 04/03/2026

California Department of Social Services – Assistance Dog Special Allowance Fund

“The Assistance Dog Special Allowance (ADSA) program provides a monthly payment of \$50 to eligible persons who use a guide, signal, or service dog to help them with their disability-related needs.”

Contact: (916) 657-2628

Website: <https://www.cdss.ca.gov/assistance-dogs>

Last Verified On: 04/03/2026

YOLO COUNTY DISABILITIES RESOURCES

ADULT PROTECTIVE SERVICES & PREVENTION

Yolo County Adult Protective Services, Woodland

“Provides limited intervention in the form of information and referral, assessment, and case management services to elderly (65 and older) and dependent adults (18-64) who are at suffering from or at risk of abuse, exploitation, or neglect, including self-neglect.”

Location: 25 North Cottonwood Street
Woodland, CA 95695

Contact: (530) 661-2727

Toll Free: (888) 675-1115

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/adult-protective-services>

Last Verified On: 04/03/2026

CEREBRAL PALSEY RESOURCES

United Cerebral Palsy

“Resources and program or service directory.”

Contact: (800) 872-5827

Website: <https://ucp.org/resources/>

Last Verified On: 04/03/2026

Cerebral Palsy Foundation

“Video library and fact sheets.”

Contact: (212) 520-1686

Website: <https://www.yourcpf.org/>

Last Verified On: 04/03/2026

My Child at CerebralPalsy.org

“The ultimate resource for everything cerebral palsy.”

Contact: (800) 692-4453

Website: <https://www.cerebralpalsy.org/about-mychild>

Last Verified On: 04/03/2026

United Cerebral Palsy of Sacramento and Northern California

“UCP of Sacramento and Northern California is a leading provider of programs and services for children and adults with developmental disabilities. By using evidence-based practices, UCP programs and services help clients, and their families, to live a life with increased independence, productivity, and self-confidence.”

Location: 4350 Auburn Boulevard
Sacramento, CA 95841

Contact: (916) 565-7700

Website: <https://ucpsacto.org/>

Last Verified On: 04/03/2026

YOLO COUNTY DISABILITIES RESOURCES

DEAF & HEARING LOSS RESOURCES

LEAD - K

“We connect families with local school districts, Early Start home visit teachers, parent mentors, Deaf coaches, and other essential supports. Our comprehensive approach ensures every child has the opportunity to develop bilingual language skills and reach their full potential.”

Contact: (916) 367-0511

Website: <https://www.leadfamilyservices.org/>

Last Verified On: 04/03/2026

NorCal Services for Deaf and Hard of Hearing

“Non-profit community-based organization serving Deaf & Hard of Hearing individuals in 24 northeastern counties of California.”

Location: 4044 N. Freeway Blvd.
Sacramento, CA 95834

Contact: (530) 349-7500

Website: <https://norcalcenter.org/>

Last Verified On: 04/03/2026

DOWN SYRNAME RESOURCES

GiGi’s Playhouse Down Syndrome Resources

Contact: (916) 771-0199

Website:

<https://gigisplayhouse.org/sacramento/resources/>

Last Verified On: 04/03/2026

SUPPORT GROUPS

National Multiple Sclerosis Society Support Groups Search

“Living with multiple sclerosis or having a loved one with MS can be challenging. Support groups and connection programs can help. These groups and programs bring people affected by MS together to share common experiences, find support and learn about the disease.”

Phone: (800) 344-4867

Website:

<https://www.nationalmssociety.org/resources/get-support/find-support-groups-and-programs>

Last Verified: 04/03/2026

SF Service Guide National Multiple Sclerosis Society Support Groups

“MS Society helps people affected by Multiple Sclerosis (MS) in the Northern California area address the challenges of living with MS. MS Society provides educational programs, peer counseling, support groups, financial and respite assistance, and referrals to medical professionals.”

Phone: (800) 344-4867

Website:

<https://www.sfserviceguide.org/organizations/573>

Last Verified: 04/03/2026

Can Do Multiple Sclerosis Virtual Meetups

“A welcoming space for young adults and those newly diagnosed with MS to gain support, confidence, and a sense of community.”

Website: <https://cando-ms.org/events/>

Last Verified: 04/03/2026

YOLO COUNTY DISABILITIES RESOURCES

INDEPENDENT LIVING & SUPPORT SERVICES

In-Home Supportive Services (IHSS), Woodland

“Assistance to eligible aged, blind, and disabled individuals receiving Medi-Cal benefits who are unable to remain safely in their own homes without assistance.”

Location: 25 North Cottonwood Street
Woodland, CA 95695

Contact: (530) 661-2955 (intake line)

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/in-home-supportive-services>

Last Verified On: 04/03/2026

Ability Tools

“Provide services for Californians with disabilities of all ages: AT exchange market place, device lending libraries, financial loan program for AT, information & referral, reuse program in affiliation with organizational partners.”

Contact: (800) 390-2699 (option 1)

TTY: (800) 900-0706

Website: <http://www.abilitytools.org/>

Last Verified On: 04/03/2026

Summer House, Inc.

“Supports adults with developmental disabilities throughout Yolo County California.”

Contact: (530) 662-2763

Email: juliekirby@summerhouseinc.org

Website: <http://summerhouseinc.org/>

Last Verified On: 04/03/2026

In-Home Supportive Services (IHSS), West Sacramento

Location: 500 A Jefferson Boulevard,
Suite 100, West Sacramento, CA 95605

Contact: (916) 375-6200 ext. 2955 (intake line)

Website:

<https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/in-home-supportive-services>

Last Verified On: 04/03/2026

Resources for Independent Living

“Promoting the socio-economic independence of persons with disabilities by providing peer-supported, consumer-directed independent living services and advocacy.”

Location: 420 I Street, Level B: Suite 3
Sacramento, CA 95814

Contact: (916) 446-3074

Website: <https://www.ril-sacramento.org>

Last Verified On: 04/03/2026

Department of Rehabilitation (DOR)

“The California Department of Rehabilitation (DOR) works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.”

Location: 1100 Main Street, #340
Woodland, CA 95695

Contact: (530) 668-6824

Website: <https://www.dor.ca.gov/>

Last Verified On: 04/03/2026

YOLO COUNTY DISABILITIES RESOURCES

NON-TRAUMATIC & TRAUMATIC BRAIN INJURY (TBI) RESOURCES

American Stroke Association

“The American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke: ...guide healthcare professionals and provide information to enhance the quality of life for stroke survivors.”

Stroke Family Warmline: (888) 478-7653

Website:

<http://www.strokeassociation.org/STROKEORG/>

[G/](#)

Last Verified On: 04/03/2026

Brainline

“Brainline offers information and support to anyone whose life has been affected by brain injury or PTSD: people with brain injuries, their family and friends, and the professionals who work with them. Brainline also provides military-specific information and resources on stress disorder (PTSD) to veterans, service members, and their families.”

Website: <http://www.brainline.org/>

Last Verified On: 04/03/2026

Brain and Spinal Cord Injury Resource Center

BrainandSpinalCord.org is a resource for brain and spinal cord injury survivors and their Families to learn more information about medical conditions, rehabilitation, and legal options.”

Contact: (407) 537-7434

Website: <http://www.brainandspinalcord.org/>

Last Verified On: 04/03/2026

Brain Injury Association of America (BIAA)

“BIAA’s mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury.”

Contact: (800) 444-6443

Website: <https://www.biausa.org/>

Last Verified On: 04/03/2026

Brain Injury.com

“Brain Injury.com is the largest collection of medical and legal information about brain injury on the web. This website provides a nationwide network of legal services to serve those with cases involving brain injury, and they provide cutting edge information for those in need.”

Contact: (407) 622-1392

Website: <http://www.braininjury.com/>

Last Verified On: 04/03/2026

YOLO COUNTY DISABILITIES RESOURCES

RECREATION & ACTIVITIES

Disabled Discount Lifetime Park Pass

“For persons with permanent disabilities, this pass entitles the bearer to a 50% discount for vehicle day use, family camping, and boat use fees at California State Park operated units.”

Location: California State Parks
Sonoma-Mendocino Coast District Office
12301 North Highway 1, Mendocino, CA 95460

Phone: (707) 937-5804

Website:

https://www.parks.ca.gov/?page_id=1049

Last Verified: 04/03/2026

Reduced Fee Annual Fishing License-Disabled Veteran

“Available for any resident or nonresident honorably discharged disabled veteran with a 50 percent or greater service-connected disability. After you prequalify for your first Disabled Veteran Reduced Fee Sport Fishing License, you can purchase disabled veteran licenses anywhere licenses are sold.”

Website:

<https://wildlife.ca.gov/Licensing/Fishing>

Last Verified: 04/03/2026

VISUAL IMPAIRMENT RESOURCES

California Council of the Blind Directory

“Directory of Services for the Blind and Visually Impaired in California.”

Contact: (707) 579-4380

Website: <https://www.ccbnet.org/calif.htm>

Last Verified On: 04/03/2026

Free White Cane Program

National Federation of the Blind

“The white cane gives blind people the ability to achieve a full and independent life, allowing us to travel freely and safely.”

Contact: (410) 659-9314

Website: <https://www.nfb.org/programs-services/free-white-cane-program>

Last Verified On: 04/03/2026

Free Slate and Stylus Program

National Federation of the Blind

“The National Federation of the Blind will distribute a plastic, four-line, and twenty-eight cell slate along with a saddle stylus to those that need them. That includes those that are blind and low vision who know Braille or want to learn Braille.”

Contact: (410) 659-9314

Website: <https://www.nfb.org/programs-services/free-slate-and-stylus-program>

Last Verified On: 04/03/2026