

YOLO COUNTY YOUTH RESOURCES

EDUCATION & EMPLOYMENT

California Student Aid Commission

“If you are or were in foster care for at least one day, between the ages of 16 and 18 as a dependent or ward of the court and have financial need, you may qualify for up to \$5,000 a year for career and technical training or college. You don’t have to pay this money back. You may also be able to use your grant to help pay for child care, transportation and rent while you’re in school. You can use your Chafee Grant at any eligible California college or university or career or technical school, as well as schools in other states.”

Website: <https://chafee.csac.ca.gov/>

Last Verified On: 10/28/2025



DOMESTIC VIOLENCE & INTIMATE PARTNER VIOLENCE

Love is Respect

“Love is respect is the national resource to disrupt and prevent unhealthy relationships and intimate partner violence by empowering young people through inclusive and equitable education, support, and resources.”

Contact: (866) 331-9474

Text: LOVEIS to 22522

Website: <https://www.loveisrespect.org/>

Last Verified On: 10/28/2025

FOSTER CARE & KINSHIP SERVICES

EA Family Services

“We are proud to offer a variety of services for youth and adults, to empower them with the tools they need to reach their individual goals and create positive change.”

Contact: (530) 283-3330

Website: <https://www.ea.org/youth-adult-services>

Last Verified On: 10/28/2025



YOLO COUNTY YOUTH RESOURCES

LGBTQIA+ SUPPORT GROUPS

Sacramento LGBT Community Center

“Community Resource Navigation, Mental Health Services including Respite/Support Groups/Counseling, Sexual Health Services, Housing & Homeless Services, Crime Victim Services, Q-Spot Youth Groups & Activities, Individual Advocacy & Legal Assistance, Latinas Sin Fronteras, Transgender Outreach, Queer Voices”

Location: 1015 20th Street
Sacramento, CA 95811

Contact: (916) 442-0185

Email: info@saccenter.org

Website: <https://saccenter.org/>

Last Verified On: 10/28/2025

Trans/Nonbinary Teen Support Group

“A place for teens to support one another around identity, friendships, school, family support, amongst other concerns. “

Location: Downtown Davis

Call to Register: (530) 771-6054

Email to Register:

drkimberlyalstonstepnitz@gmail.com

Website:

<https://www.psychologytoday.com/us/groups/ca/davis?category=transgender>

Last Verified On: 10/28/2025

MENTAL HEALTH SERVICES

Your Life Your Voice

“You don’t have to face your problems alone. If you are having thoughts of harming yourself or you are being abused, please call us. These are serious issues that are best handled in one-on-one conversations with counselors. Counselors are ready for your call 24/7.”

Contact: (800) 448-3000

Text: VOICE to 20121

Website:

<https://www.yourlifeyourvoice.org/Pages/home.aspx>

Last Verified On: 10/28/2025



YOLO COUNTY YOUTH RESOURCES

MENTAL HEALTH SUPPORT SERVICES

CalHOPE – Soluna

“Mental Health coaching and resources for teens and young adults ages 13-25.”

Website: <https://solunaapp.com/>

Last Verified On: 10/28/2025

SafeSpace

“SafeSpace is a youth-led, mental health-focused organization that empowers young people to engage openly with their local schools and communities. We create and implement initiatives to change the conversation around mental health by educating and encouraging our peers to speak up, support others, and seek help when needed.”

Website: <https://safespace.org/>

Last Verified On: 10/28/2025

SafeSpace Stories – Podcast

“Weaving the voices of teens, mental health experts, and inspiring individuals into a cohesive experience, SafeSpace stories is your mental health resource.”

Website:

<https://www.safespacestories.org/projects-7>

Apple Podcast:

<https://podcasts.apple.com/us/podcast/safespace-stories/id1595738668>

Spotify:

<https://open.spotify.com/show/49338MHg6LAE nBaOq1RSSC?si=b97a00f41db94211&nd=1>

Last Verified On: 10/28/2025

TRANSITION AGED & FOSTER YOUTH

Make It Happen Yolo

“Make It Happen provides underserved youth in Yolo County who are transitioning into independent living situations with furniture, household goods and resources to furnish their first apartment or home, along with support and advocacy.”

Contact: (530) 341-2432

Website: <https://www.mihyolo.org/>

Last Verified: 10/28/2025

YOUTH PROGRAMS

RISE, Inc. – Esparto Youth Program

“Parent Engagement Program, Kinder – 5th Grade After School Program, 6th – 8th grade Middle School After School Program.”

Location: 17340 Yolo Ave.

Esparto, CA 95627

Contact: (530) 787-4110

Website: <https://www.riseinc.org/youth-programs>

Last Verified On: 10/28/2025

RISE, Inc. – Winters Youth Program

“Parent Engagement Program, Kinder – 5th Grade After School Program, 6th – 8th grade Middle School After School Program.”

Location: 417 Haven St.

Winters, CA 95694

Contact: (530) 794-6000

Website: <https://www.riseinc.org/youth-programs>

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YOLO COUNTY YOUTH RESOURCES

YOUTH PROGRAMS, Continued

Empower Yolo – Davis

“Empower Yolo provide services to help assure that every youth has the opportunity for a safe, nurturing, and stimulating environment to develop and grow their potential.”

Location: 441 D Street

Davis, CA 95616

Contact: (530) 757-1261

Website: <http://empoweryolo.org/youth-programs/>

Last Verified On: 10/28/2025

Empower Yolo – Woodland

“Empower Yolo provide services to help assure that every youth has the opportunity for a safe, nurturing, and stimulating environment to develop and grow their potential.”

Location: 175 Walnut Street

Woodland, CA 95695

Contact: (530) 661-6336

Website: <http://empoweryolo.org/youth-programs/>

Last Verified On: 10/28/2025

Empower Yolo – Knights Landing

“Empower Yolo provide services to help assure that every youth has the opportunity for a safe, nurturing, and stimulating environment to develop and grow their potential.”

Location: 9586 Mill Street

Knights Landing, CA 95645

Contact: (530) 661-5519

Website: <http://empoweryolo.org/youth-programs/>

Last Verified On: 10/28/2025