



Reid Health

Workplace Wellness

Brought to you by:



Reid Health
Employer Solutions

Employer Solutions supports our mission by offering healthcare services to your most valued resource, your employees. By engaging your employees in meaningful ways customized to their diverse needs and the needs of your company, we aim to improve health and well-being, with a focus on impacting disease management and prevention.

Health Fair

offerings

Complimentary Services

- Grip strength testing
- Health fair booths (Service line representation)
- On-site schedulers (Heart, lung, and vascular screenings and annual screening mammograms)
- Inspire Sleep Apnea

Additional Screenings & Services

Vaccines	Per Participant
Flu Immunization	\$25
Screenings*	Per Participant
Heart Scan	\$29
Lung Scan	\$29
Vascular Screening	\$29

*Scheduled at health fair for those who qualify

\$54 per participant

- Lab Testing
 - Lipid panel
 - Comprehensive metabolic panel
 - Hemoglobin A1C
 - Complete blood count
 - Thyroid Stimulating Hormone (TSH)
- Blood Pressure
- BMI

\$63 per participant*

- Lab Testing
 - Lipid panel
 - Comprehensive metabolic panel
 - Hemoglobin A1C
 - Complete blood count
 - Thyroid Stimulating Hormone (TSH)
 - Prostate Specific Antigen* (PSA)
- Blood Pressure
- BMI

*males only

Health Fair *planning guide*

Our goal is to enhance the employee experience one person at a time by providing you with the tools needed to execute a successful employee health fair!

Timeline

To ensure you have adequate time to promote your health fair to your employees, it's ideal to finalize your plans about eight weeks out from the event date.

Space

Review your space availability early so you know how many vendors and exhibits you can accommodate.

A floor plan or layout will help determine the setup and space needs. In designing the floor plan keep the following information in mind:

Electricity

Which vendors need electricity? Locate available outlets and place these vendors in your floor plan first.

Registration

Pre-register employees to determine the number expected to attend the health fair.

- This will be helpful to your vendors and can also be used as part of your health fair evaluation.
- Reach out to participants for feedback after the health fair.

Vendor information

Communication will ensure the day goes smoothly.

- Send a copy of the floor plan to each vendor and let them know where they will be.
- Remind vendors where to park, which entrance to use to unload supplies, and setup time

Screening tests

If screening tests such as height, weight, blood pressure, and lab work will be conducted, place these vendors together.

Traffic flow

Some booths and display areas are naturally more popular than others and may cause a line to form.

- Allow more space for these booths/displays and place a lower traffic booth on either side so all booths receive visitors as people wait in line.
- Consider having a health fair “entrance” and “exit” to manage the flow of traffic.

Remember ... Even with the best planning, there could be last minute changes – flexibility is key