

Patient Instructions for Colonoscopy Prep: Moviprep



IMPORTANT INFORMATION:



You **MUST** have a driver.
You **MUST** have someone stay with you for 24 hours.

***If you do not have both of these, your procedure(s) will be cancelled**

5 DAYS BEFORE YOUR PROCEDURE:



A nurse will call you to obtain your medical history and go over these instructions with you.

If you have not received a call by 12pm, 5 days prior, please call Reid Outpatient Endoscopy & Surgery Center at (765) 935-8731.

ITEMS YOU WILL NEED TO PURCHASE:



2 - Dulcolax Tablets



1 - Moviprep kit



4 - Gas Tablets

1 DAY BEFORE YOUR PROCEDURE:

Breakfast:

- Only clear liquids

Lunch:

- Only clear liquids

5:00 PM:

- Empty 1 pouch of A and 1 pouch of B into the disposable container. The container is divided into 4 marks. Add lukewarm drinking water to the top line of the container. Drink the solution down to each mark (approx. 8oz.) every 15 minutes until you have drank all of the solution in the container.

Dinner:

- Only clear liquids

7:00 PM:

- Take 2 Dulcolax tablets with 16oz of clear water

9:00 PM:

- Take 2 gas tablets with 16oz of clear water

10:00 PM:

- Take 2 gas tablets with 16oz of clear water

11:59 PM:

- Nothing by mouth. This includes any liquid

Disclosure: Driving a car, operating any machinery or power tool is prohibited for 24 hours after your procedure(s)

DAY OF PROCEDURE:



DO take medications (with a sip of water) for the following:

- Seizure Disorders
- Cardiac Arrhythmias
- Psychiatric Disorders



DO NOT eat any food or drink any liquids the morning of your procedure.

4-5 HOURS PRIOR TO LEAVING FOR PROCEDURE:

Empty 1 of Pouch A or 1 of Pouch B into the disposable container. The container is divided into 4 marks. Add lukewarm drinking water to the top line of the container. Drink the solution down to each mark (approx. 8oz) every 15 minutes until you have drunk all of the solution in the container. Once drunk, drink 16oz of clear liquid.

If preferred, you can mix the solution ahead of time and refrigerate.

However, the solution must be drunk within 24 hours of being mixed.

ARRIVE AT THE SURGERY CENTER 1 HOUR PRIOR TO YOUR SCHEDULED PROCEDURE TIME, UNLESS ADVISED OTHERWISE.

Bring a list of **all medications** you are taking along with the dosage/quantity.

Please have your driver **stay** in the Outpatient Surgery waiting room.

Your procedure may be cancelled/rescheduled if the following are applicable:

- You consume any solid foods within 1 day of your procedure
- The prep is completed incorrectly.
- You arrive late to your appointment

If you cannot keep your scheduled appointment, please call the office at (765) 935-8923 or the surgery center at (765) 935-8731.

CLEAR LIQUIDS: WHAT YOU CAN HAVE



Gatorade or Powerade

- No red, purple, or blue

Water

Clear Broth or Bouillon

- No noodles, meat, vegetables, etc.

Popsicles

- No red, blue, purple, or fruit pieces.

Black Coffee or Tea

- No sugar, milk, creamer, etc.

Soft Drinks

- No red, blue, or purple

Jell-O

- No red, blue, purple, or fruit pieces

Flavored Water

- No red, blue, or purple

Fruit Juices

- No red, blue, purple, or pulp

Italian Ice

- No red, blue, or purple

WHAT YOU CANNOT HAVE



NO Alcohol

NO Sherbert

or Ice Cream

NO Solid Foods

NO Tomato

or Cream Soups

NO Milk

or Milk Products

NO Red, blue,

or purple dyes