

Now, getting a mammogram is easier than ever.

A 15-minute breast screening could save your life. But when you're busy with work and family, it's easy to put it off. That's why we're bringing mammograms to you.

A mammogram is a medical screening that helps detect cancer and other breast diseases. It uses a non-invasive X-ray machine to identify any abnormal areas that may not be visible to the naked eye. This is important because when detected early, cancer can be treatable.

The Mobile Mammography Center will be visiting locations in your community to give women easier access to this life-saving preventive screening. The Rochester Regional Health Mobile Mammography Center has the same state-of-the-art technology and expert staff you would find at any of our breast imaging centers. It's easy, convenient, and a critical test to help detect breast cancer.

Convenient breast screening at a location near you.

**The Mobile Mammography Center**  
RochesterRegional.org/PINK  
**585.922.PINK**  
**833.922.PINK** (toll free)

**ROCHESTER**  
**REGIONAL HEALTH**  
Mobile Mammography Center

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# DRIVING Breast Health

Mammograms on wheels.



**ROCHESTER**  
**REGIONAL HEALTH**  
Mobile Mammography Center

## Frequently Asked Questions



### **Why do I need a mammogram?**

A mammogram is the best screening tool for early detection of breast cancer. One in eight women will develop breast cancer in her lifetime, and most don't have a family history of the disease. The American College of Radiology recommends that all women get their first mammogram at the age of 40.

### **Can anyone get a breast screening at the Mobile Mammography Center?**

To qualify, you must be:

- A woman at least 40 years old.
- Not pregnant or breastfeeding
- If you are experiencing any concerning symptoms, such as a lump, please contact your physician immediately as you might be in need of a diagnostic mammogram.

### **Will my breast screening be as accurate as one I would get in a doctor's office or imaging center?**

Yes. The mobile mammography center has the same professional staff and state-of-the-art technology that you would find at any Rochester Regional Health imaging center. Our highly trained radiologists will evaluate your screening.

### **How long will it take to get results, and who can I talk to about them?**

- For screening mammograms, your doctor will receive the results within 24 hours. They will also be mailed to you, which generally takes 4-5 days. Results are also available on MyCare.
- Each woman seen on at the Mobile Mammo Center will have the opportunity to enroll into MyCare
- Rochester General Hospital has a Breast Imaging Center of Excellence designated by the American College of Radiology. The designation is the result of our team voluntarily undergoing rigorous quality assurance programs and peer review. Image quality and procedure evaluations are conducted by board-certified radiologists and medical physicists who are experts in the field.

### **What if my results are abnormal?**

Rochester Regional Health will follow up with you and your primary care physician to schedule further testing. Don't panic. There are many reasons why mammograms are abnormal.

In fact, the American College of Radiology estimates that 1 in 10 patients who are called back for more testing are found to be cancer-free.

### **Do I have to schedule an appointment?**

Yes. To make an appointment, call **585.922.PINK**. Be sure to have your insurance policy number handy. We will also ask you for your primary care physician's contact information.

### **What do I bring to my appointment?**

Please bring your insurance cards and photo ID. We may also need to access the results of previous screenings; we will discuss this with you at the time of your visit.

### **Will my insurance pay for the test?**

Preventive screenings are covered under most insurance plans.

### **What if I don't have insurance?**

Not to worry. New York State has programs to cover screenings at no cost to you.

### **What is the inside of the mobile unit like?**

The mobile mammography unit is a spacious coach with two changing rooms for your privacy.

### **How do I find the dates and location of the screening nearest me?**

For a list of times and locations, visit [RochesterRegional.org/Pink](https://www.rochesterregional.org/Pink) or call **585.922.PINK**. Times and locations are subject to change.