Sutter Health

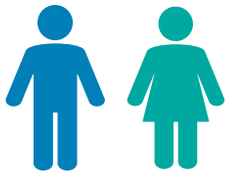
Sutter Rehabilitation Institute

2025 Comprehensive Inpatient Rehabilitation Program Outcomes

Who We Serve

684 people received **rehabilitation** at Sutter Rehabilitation Institute in 2025.

The average age of the patients at Sutter Rehabilitation Institute was 69 years old, with the youngest being 17 and the oldest being 99.[1]
On average, our patients received 15.8 treatment hours each week.

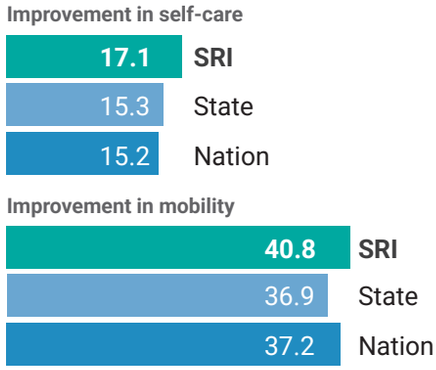


- **8% of patients** were younger than 44
- **21% of patients** were between the age of 45 and 64
- **27% of patients** were between the age of 65 and 74
- **44% of patients** were older than 75

- **76%** White, not Hispanic
- **10%** Other
- **8%** Asian/Pacific Islander
- **5%** Black, not Hispanic
- **1%** Native American

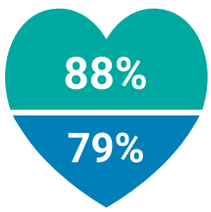
Progress Made

Sutter Rehabilitation Institute patients made greater gains in self-care and mobility compared to patients at other similar rehabilitation hospitals in California and the country.[2]



Returning to the Community

The ability to return home, or to a home-like setting, is the primary goal of inpatient rehabilitation. A high rate of return to the community means that most people progress enough to return home and that families and caregivers are trained to provide any needed care.



Sutter Rehabilitation Institute's rate of **return to the community is 88%** compared to the **national benchmark of 79%**.[1]

Patient Satisfaction

Our patients express **great satisfaction** with the rehabilitation and care provided at Sutter Rehabilitation Institute.

99% of patients responding to the survey were satisfied with their rehabilitation program.

Readmission to an Acute Hospital

Sometimes a change in a person's condition requires readmission to an acute hospital for further medical care. In 2025, **6.4%** of patients from Sutter Rehabilitation Institute were readmitted to an acute hospital due to a change in medical condition, which is below the national benchmark of **9.6**.[1]

Follow-Up

Patients discharged from Sutter Rehabilitation Institute receive a follow-up call to check on their well-being and reintegration into the community. Of the people who responded to the survey last year: [3]

98% were living at home or in a home-like setting

87% had **not been hospitalized** since their discharge from Sutter Rehabilitation

99% of patients were **satisfied** with the progress they made in rehabilitation

All these results exceed national benchmarks.

sutterhealth.org

Sutter Rehabilitation Institute is a service of Sutter Roseville Medical Center.

Sources: [1] UDSMR® 2025 Data
[2] The Functional Quality Indicators are used nationwide to rate patient performance in inpatient rehabilitation centers. (Higher scores are better.)
[3] MedTel Outcomes annual follow-up call data.

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