2027 Health Equity Plan
Sutter Center for Psychiatry

Overview

At Sutter Health, we believe that every person deserves compassionate, high-quality care - no matter who they are. We are committed to addressing gaps by ensuring that patients receive the care, support, and resources they need to live a healthier life.

We recognize that factors like race, ethnicity, age, income, language, disability status, sexual orientation, gender identity, and access to services can influence health outcomes. That's why we work every day to remove barriers to care, listen to our patients' unique needs, and provide support to achieve better health.

As a national leader in healthcare quality, Sutter Health participates in the Hospital Equity Reporting Program developed and administered by California's Department of Health Care Access and Information (HCAI). This annual reporting initiative - guided by the Hospital Equity Measures Advisory Committee - requires hospitals to publicly share data on patient access, quality and outcomes across key demographic dimensions. It also includes a plan to prioritize and address identified gaps.

This strategic plan identifies the top 10 differences in health outcomes between patient groups and explains how the hospital will address those gaps. For each difference, the hospital must show which group is affected, which group is doing best, how big the gap is, and what actions will be taken to help improve outcomes.

Whether it's through linguistically and contextually appropriate care, community partnerships, or personalized health resources, we strive to create an environment where patients receive optimal care for their condition.

Measure: Screening for Metabolic Disorders

Description of Interventions:

For the 2026 submission, we will reinforce and expand our current interventions for patients who are taking or newly prescribed antipsychotic medications. This includes consistently completing comprehensive metabolic screening upon admission, monitoring weight and key laboratory measures such as glucose, triglycerides, and cholesterol, and promptly reviewing results for signs of medication-related weight gain or metabolic syndrome. Care teams will continue to use these findings to guide timely medication adjustments and other appropriate interventions to reduce the risk of adverse metabolic side effects.