

# Pharmacy Benefits

## Managing Your Prescriptions

Sutter Health Plan partners with CVS Caremark® for prescription drug benefits, including retail, mail order and specialty prescriptions.



### Retail Pharmacy

Pick up your prescription drugs at most independent pharmacies and chains where you may already shop — CVS Pharmacy, Walgreens, Rite Aid, Safeway, Walmart and Costco, to name a few.

CVS Caremark also offers the Retail-90® program. With the Retail-90 program, you can get up to a 100-day supply, as your benefit plan allows, of your maintenance prescription drugs for the cost of two retail copays at certain retail pharmacy locations, including CVS pharmacies.



### Mail Order Pharmacy

Sign up for mail order pharmacy service through CVS Caremark Mail Service Pharmacy and receive:

- Up to a 100-day supply, as your benefit plan allows, of your maintenance prescription drugs for the cost of two 30-day retail copays
- Free standard shipping of your prescription drugs



### Specialty Pharmacy

Specialty drugs must be filled through CVS Specialty®, the CVS Caremark specialty pharmacy. CVS Specialty will ship your specialty drugs to your home at no cost to you\*.

**CVS Caremark Guest Website — [info.caremark.com/oe/sutterhealthplan](https://info.caremark.com/oe/sutterhealthplan)**

View sample pharmacy cost sharing for some of our most popular benefit plan designs through the guest website, as well as:

- Find a Pharmacy
- Sutter Health Plan Formulary
- Check Drug Costs
- Mail Order Pharmacy Information

\* Certain benefit limitations apply.

# Refilling Your Prescriptions

If you are new to Sutter Health Plan and you or your covered dependents currently pick up prescription drugs from a pharmacy outside the CVS Caremark network, follow these steps to refill your prescriptions.

## Before Your Effective Date

- ✓ **Check to see if you have refills left** on your active prescriptions:
  - If you have refills available, fill them through your current health plan before your effective date to ensure you have an adequate supply on hand until you establish care with your new Sutter Health Plus provider.
  - If you do not have refills available, please contact your current prescribing provider as soon as possible to request and refill through your current pharmacy before your effective date. Alternatively, you can request a new written prescription to fill at a network pharmacy on or after the effective date of your new health plan.
- ✓ **Check the Sutter Health Plan Formulary** to see if your prescription drug requires a prior authorization; if so you will need to know about the Medication Continuity of Care process described in your Evidence of Coverage and Disclosure Form.

## After Your Effective Date

- ✓ **If you have refills available**, take your prescription packaging to a CVS Caremark network pharmacy for up to a 30-day supply. The CVS Caremark network pharmacy will work with your current pharmacy to transfer your prescription.
- ✓ **If you have a written prescription from a provider**, take it to a network pharmacy for up to a 30-day supply.
- ✓ **If you take a prescription on a regular basis**, consider using either the CVS Retail-90 program or the mail order fulfillment through CVS Caremark Mail Service Pharmacy. You may obtain up to a 100-day supply, as your benefit plan allows, of your maintenance prescription drugs for the cost of a two-month retail supply.
- ✓ **If you take specialty medications**, you must fill your prescription through CVS Specialty.



For more information about your pharmacy benefits, including retail, mail order and specialty drugs, please contact CVS Caremark Customer Service at **844-740-0635** or visit [info.caremark.com/oe/sutterhealthplan](https://info.caremark.com/oe/sutterhealthplan)