

Identifying and Supporting Workplace Mental Health and Substance Use Concerns

Wednesday, October 8, 2025 12-1 pm

Target Audience

All interested healthcare providers are welcome.

Learning Objectives

- Consider the prevalence and impact of mental health (MH) and substance use disorders (SUD) in the workplace.
- Identify language and signs that may indicate workplace MH or SUD concerns.
- Apply practical strategies to support yourself, colleagues, teams and patients in addressing MH and SUD issues.



Register

To register or to learn more, please visit
suttermd.com/virtualgrandrounds.

How To Join

Visit our website or use this information to join the seminar on the day of the event:

Meeting link: meetsutter.zoom.us

Meeting ID: 929 4647 9926

Passcode: 820891

Continuing Education Units are not guaranteed for each event.

All registered attendees will receive notification of eligibility.



Jill M. Kacher-Cobb, M.D.

Sutter Health Chief Wellness Officer



Tam T. Nguyen, Ph.D.

Executive, Ambulatory
Behavioral Health



**Timothy W. Jones,
MSN, PMHNP-BC**

Senior Director, Addiction Care