

WELLNESS AT OUR HOUSE



UPPER HOUSE
HONG KONG

Named to symbolise an “upward journey” to a retreat above the bustling city, a sense of tranquillity flows through our Asian-inspired residence. Wellness is at the heart of the Upper House experience. Through curated residencies and exclusive collaborations with the world’s leading wellness experts, we offer exceptional programming for our guests and community that prioritises longevity and wellbeing.

If you would like to book a treatment or speak to a member of our Guest Experience team, please dial ‘0’ or email guestexperience_hk@upperhouse.com.



IN-ROOM MASSAGE

AROMATHERAPY MASSAGE

60 MINS/ \$1,200

90 MINS/ \$1,500

120 MINS/ \$1,800

Using natural oils, this massage combines light to medium pressure and long gliding strokes to reduce tension, soothe sore muscles and increase circulation.

We also offer prenatal massage (for pregnancy over 3 months), with a supplement charge of \$150 extra per section.



FACIAL & STYLING

Get ready for any occasion with a variety of styling services in the privacy of your room.

HAIR & MAKEUP SERVICES

Blow-Dry & Finish	30-45 mins	\$1,360
Men Blow-Dry & Finish	15-30 mins	\$840
Updo Hair Style (Short)	30-45 mins	\$1,800
Updo Hair Style (Long)	45-60 mins	\$2,400
Makeup Day Look	30-45 mins	\$1,600
Makeup Night Look	45-60 mins	\$2,200
Makeup Red-Carpet	60-90 mins	\$3,100

NAIL SERVICES

Women Manicure	30-45 mins	\$640
Women Pedicure	45-60 mins	\$1,280
Women French Manicure	45-60 mins	\$760
Women French Pedicure	60-75 mins	\$1,360
Women Soft Gel Manicure	60 mins	\$1,160
Women Soft Gel Pedicure	60-75 mins	\$1,760
Men Manicure	30-45 mins	\$720
Men Pedicure	45-60 mins	\$1,360
Soft Gel Removal	30-45 mins	\$580



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BEAUTY SERVICES

Deep cleaning & Mineral Facial (Neck Massage)	30 mins	\$1,120
Deep cleaning & Mineral Facial (Neck Massage)	60 mins	\$2,240
Eyebrow Shape	15 mins	\$520
Ear Wax	15 mins	\$360
Nose Wax	15 mins	\$360
Under Arm Wax	15 mins	\$520
Half Arm Wax	15 mins	\$700
Full Arm Wax	15-30 mins	\$960



OPERATING HOURS

In-room massage: 09:00 – 23:00 daily.

Facial & styling: 09:00 – 20:00 daily.

Additional charges may apply outside of these hours.

APPOINTMENTS

Guests are encouraged to book treatments in advance to ensure their preferred time and service are available. Please contact our Guest Experience Team at extension '0' to make a reservation.

SPECIAL CONSIDERATIONS

Most treatments can be adapted to accommodate pregnancy or injury. Please contact our Guest Experience team by dialing extension '0' with any queries and inform our staff of any medical or health concerns, allergies, infections or injuries that could affect your experience when making your reservation.



TREATMENT PREPARATION

Please note that we will set up your room 30 minutes before the session is due to begin. We will also allow time to complete a holistic health assessment. It is recommended that guests avoid heavy meals within 90 minutes of their scheduled treatment.

ENVIRONMENT

The minimum age for treatments is 16 years. Guests under the age of 16 require parental consent prior to the booking being accepted.

CANCELLATION POLICY

Although our team will do their utmost to accommodate any booking changes, guests are kindly requested to give at least four hours' notice of cancellation so that someone else may enjoy that time. Cancellations made after 8pm the day before or within 4 hours of the treatment booked will be subject to a full charge.

PRICING

All prices are in Hong Kong Dollars and inclusive of 10% service charge.

