



CHAIN'S®  
Established Since the Qing Dynasty  
創於清乾隆年代

## CHAIN'S MEDICARE CENTRE UPPER HOUSE HONG KONG

### SIGNATURE HOLISTIC HEALING PROGRAM

Welcome to a sanctuary of wellness. In partnership with Upper House Hong Kong, Chain's Medicare Centre presents a curated residency of Traditional Chinese Medicine designed to harmonize mind, body, and spirit.

### SIGNATURE HEALING JOURNEYS

Discover our exclusive range of treatments, blending ancient wisdom with modern needs.

#### **The Blossom Ritual – Fertility Support Journey**

Theme: Nurture life, harmonize hormones, and cultivate inner calm.

Duration: 90 minutes

Inclusions:

- 1.1. Fertility-Focused Acupuncture: Regulates reproductive hormones and improves circulation to reproductive organs.
- 1.2. Moxibustion Therapy: Warms meridians and supports uterine health.
- 1.3. Customized Herbal Prescription: Tailored formulas for cycle regulation, stress reduction, and vitality.

Recommended for: Couples on a conception journey, individuals preparing for IVF or egg freezing.

#### **Celestial Radiance – Wellness & Beauty Ritual**

Theme: Illuminate your natural glow, inside and out.

Duration: 60 minutes

Inclusions:

- 2.1. Facial Rejuvenation Acupuncture: Stimulates collagen, firms skin, and enhances microcirculation.
- 2.2. Balancing Body Acupuncture: Targets digestion and sleep for holistic beauty.
- 2.3. Herbal Elixir Service: A complimentary tonic tea blend for skin clarity and vitality.
- 2.4. Cooling Jade Compress: Applied post-acupuncture to soothe the nervous system.

Recommended for: Guests seeking non-invasive facial lift, skin detox, and whole-body beauty balance.



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### **Meridian Reset – Pain Relief & Recovery Journey**

Theme: Soothe, align, and recover from within.

Duration: 60 minutes

Inclusions:

- 3.1. Targeted Pain Acupuncture: For back, neck, joint, or muscle pain.
- 3.2. Traditional Fire Cupping: Relieves deep muscular tension and stimulates qi flow.

Recommended for: Business travellers, athletes, or anyone with chronic tension or postural strain.

Optional add-on treatment by appointment only: Tuina Acupressure Massage for deeper tension release. (Done by therapist)

### **Lunar Harmony – Perimenopause Rebalancing Ritual**

Theme: Embrace hormonal transitions with serenity and strength.

Duration: 60 minutes

Inclusions:

- 4.1. Hormonal Balancing Acupuncture: Eases hot flashes, mood swings, and insomnia.
- 4.2. Customized Herbal Therapy Session: With optional herbal tea or granule prescription.
- 4.3. Cooling Jade Compress: Applied post-acupuncture to soothe the nervous system.

Recommended for: Women in midlife transitions experiencing perimenopausal symptoms or hormonal changes.

Optional add-on treatment by appointment only: Calming Scalp & Head Acupressure to reduce anxiety and promote mental clarity. (Done by therapist)

### **TREATMENT ENHANCEMENTS**

Elevate your healing journey with these additional services

Add on Treatment

General Acupuncture: \$1000

Acupuncture Fertility: \$1200

Pain Treatment: \$1500

Medication: \$150 per day

Cupping: \$500

Tuina Acupressure Massage (45 min): \$1000

Calming Scalp & Head Acupressure (30min): \$700



## CHAIN'S MEDICARE CENTRE UPPER HOUSE HONG KONG

### INVESTMENT IN WELLNESS

We offer single sessions or wellness packages designed for sustained results.

3-Session Package (10-12% Discount Applied)

Treatment	Single Session	Treatment
The Blossom Ritual	HKD 2,960	HKD 6,500
Celestial Radiance	HKD 2,250	HKD 5,200
Meridian Reset	HKD 2,000	HKD 4,500
Lunar Harmony	HKD 2,250	HKD 5,200

#### General Consultation & Pricing Notes

For a general wellness visit outside of the signature rituals:

General: Consultation + Acupuncture + Medicine for 3 days = Total: \$1950

**For reservations or enquiries, please contact the Guest Experience team.**

Chain's Medicare Centre at Upper House Hong Kong

Enquiry & Booking: (WhatsApp) 5599-4712

(Email): enquiries@chains.hk

Location: Pacific Place Apartments Suite 1405, Hong Kong

Pricing is offered at Upper House Hong Kong (UHHK) for the 3-month residency.