

# BENIGN PROSTATIC HYPERPLASIA



Experiencing **bothersome urinary** tract symptoms?

An **enlarged prostate** can lead to lower urinary tract symptoms.

If untreated, it can cause bladder, urinary tract or kidney problems.

## COMMON SYMPTOMS

- Frequent or urgent need to urinate
- Difficulty starting urination
- Weak urine stream or a stream that stops and starts
- Dribbling at the end of urination
- Incomplete emptying of the bladder

## CAUSE

The prostate gland grows throughout a man's life. This continued growth might enlarge the prostate large enough to cause urinary symptoms or to significantly block urine flow.

## DIAGNOSIS

- Abdominal exam
- Digital rectal exam
- Urine test
- Blood test for Prostate Specific Antigen (PSA)

**Speak to your doctor today to get support for benign prostatic hyperplasia.**



<https://www.ttsh.com.sg/patient-guide/find-care/>

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