

TENNIS ELBOW

Suffering from elbow pain? It could be tennis elbow!

- Pain and swelling on the outer side of your elbow
- Can be caused by tennis or other racquet sports, repetitive activities and over-exertion



If you have these symptoms, you may have a condition known as Tennis Elbow.

Further tests may be needed to confirm your diagnosis, such as X-rays, ultrasound scans, or MRI.

Find out more about this condition and treatment by scanning the QR code below.



Scan the QR Code with your smart phone to access the information online or visit <https://nhghealth.com.sg>

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PECC-ORT-ED-2025-2074-v2

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