

A Guide for Patients and Families

Treatment of Umbilical Granuloma



What is an Umbilical Granuloma?

An umbilical granuloma is a moist, red stalk of tissue that can be formed on your baby's navel after the umbilical cord has dried up and fallen off. If left untreated, it may ooze a small amount of fluid, leading to redness and irritation of the surrounding skin.

How is an Umbilical Granuloma treated?

Granulomas can be treated with silver nitrate. Silver nitrate dries the granuloma without causing any pain. Often, multiple treatments may be necessary. You may notice some discoloration on the granuloma after the treatment.

How to care for baby after the treatment?

After the nurse has treated your baby's umbilical granuloma, you need to observe the following measures:



Wash your hands before and after cleaning the navel to prevent infection.



Keep the navel clean and dry.



Keep your baby's diaper folded below the navel until the granuloma is healed.



Attend all follow up appointments for repeated umbilical granuloma treatment.

When to see a doctor?

Consult your doctor if:

- Your child develops fever or appears unwell
- There is discoloration on the surrounding skin
- The navel or surrounding area is infected if:
 - Redness or swelling
 - A foul smell
 - Any noticeable discharge

