

## \*What is Palliative Home Care?

Home palliative care is a vital option for patients who wish to receive care in the comfort of their own homes. This involves a team of healthcare professionals, including doctors, nurses, medical social workers, and clinical pastoral care counsellors, collaborating to support families caring for their loved ones at home. Together, they work towards [managing the symptoms of serious illnesses](#), enabling patients to stay in their familiar surroundings for as long as possible.



### \*Home Visit Arrangements

When you opt for palliative home care services in Singapore, your loved one will be assigned a nurse who will make home visits.

The frequency of visits for palliative care at home is determined by your loved one's condition and needs.

For instance, if your loved one is stable, visits might be kept to once a month; however, if they're experiencing discomfort, then frequent visits will be provided for necessary support.



### Care Costs and Support

The Ministry of Health in Singapore subsidises home palliative care.

That means that you need not pay the doctors, nurses or allied health team who make regular visits as part of the home palliative team.

Chronic medications will still need to be obtained from the polyclinic/hospital/GP.



### Access to Home Care

Your doctors in the clinic will refer to the home palliative care team.

The home palliative care team will reach out to the care recipient or caregiver within 3 working days of receiving the referral to arrange a homecare visit.

This visit will be arranged between Monday to Friday during working hours. Weekends are reserved for emergency visits only.

\*Adapted from Singapore Hospice Council

[www.singaporehospice.org.sg](http://www.singaporehospice.org.sg)