

# Surgical Procedure Information

Name of Surgery:

Date of Surgery:

## Surgical Risks

- Anaesthesia
- Infection - higher risk if smoker, diabetic or immunosuppressed (e.g. on steroids)
- Injury to soft tissue (nerve, vessels, tendons, ligaments, nail complex)
- Delayed union and non-union of osteotomy / fusion / repair
- Undercorrection or overcorrection
- Pain and stiffness / implant irritation
- Swelling
- Deep vein thrombosis
- Further operation
- Recurrence of deformity and symptoms
- Other \_\_\_\_\_

## Rehabilitation After Operation

- Walking: no weight / partial weight bearing / full weightbearing for \_\_\_ weeks
- Physiotherapy from \_\_\_ weeks
- Run, jump, dance from \_\_\_ weeks / month
- Can drive when comfortable after \_\_\_\_\_
- Return to work when comfortable after \_\_\_\_\_
- Plaster / Post-op Sandal / Long aircast boot / VACOPED BOOT ? Toe Spacer / bunion sleeve for \_\_\_\_\_ weeks post-op
- Convert to \_\_\_ at \_\_\_\_\_ weeks post-op



Scan the QR Code with your smart phone to access the information online or visit <https://nhghealth.com.sg>

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