

Uroflow

What is Uroflow?

Uroflow is a test that measures the volume (amount), speed and duration of urine that is passed out of your body.

What is the Test For?

This test helps to assess how well your urinary tract is working.

How is the Test Performed?

You will be asked to urinate into a special pot that has a measuring device attached to it. This device will print a report for your doctor to understand your urinary condition.

How Do I Prepare for the Test?

- Uroflow is best performed when you have a full bladder.
- Try not to pass urine for two hours before your test/appointment.
- Drink an extra two to three cups of water before leaving your house (unless otherwise advised by your doctor) to ensure that you will have a full bladder for the test.
- Approach the nurse when you are ready to pass urine.
- During the test, try to relax and pass urine as you would normally do so at home.

排尿流动检验

什么是排尿流动检验?

排尿流动是一项测量尿的份量，速度与身体排尿时段检验。

为什么您需要做这个检验?

这个测验有助于诊断您的尿道功能。

检验如何执行?

您需排尿到一个带有测量设备的特殊仪器里。这个仪器会打印出一份排尿报告，让您的医生诊断。

我需要做怎样的准备?

- 排尿流动检验最好是在膀胱涨满的情况下进行。
- 尽量在检验的两个小时之前，不要排尿。
- 在离开家之前（除非医生另有吩咐），请喝多两到三杯水以确保您有个涨满的膀胱进行检验。
- 当您准备排尿时，请通知护士。
- 在检验的过程中，请放轻松以平时的状况排尿。