

Bridging Humanistic Care and Compassion in ICU Workshop

PROGRAMME DESCRIPTION

The Bridging Humanistic Care and Compassion in ICU workshop is a 2.5-day interprofessional programme that equips healthcare professionals to deliver compassionate, humanistic care for critically ill patients.

Drawing on expertise from intensive care, palliative care, psychiatry, nursing, and social work, the workshop focuses on managing complex symptoms, navigating ethical dilemmas, and addressing challenging clinical encounters in critical care. In addition, the participants will explore the psychosocial needs of patients and families and be equipped with strategies to foster team resilience and reduce burnout.

An optional final half-day offers a mastery session for those seeking to implement integrated ICU–Palliative Care models in their institutions, supporting sustainable, values-driven ICU care.



DURATION: 2.5 DAYS

Additional 0.5 day session for Mastery Workshop

PROGRAMME CONTENT

This programme comprises the following learning topics:

Day 1 (Main)	Day 2 (Main)	Day 3 (optional)
<ul style="list-style-type: none">• Complex Symptoms Management• Navigating Ethical Dilemmas through Clinical Vignettes Discussion	<ul style="list-style-type: none">• Complex Clinical Encounters & Communications in ICU: Part 1• Complex Clinical Encounters & Communications in ICU: Part 2• Caring for Patients & Families• Caring for Professional Care-givers	<ul style="list-style-type: none">• Establishing ICU-Palliative Care Collaboration



TARGET AUDIENCE

Doctors (Intensivists, Residents), Nurses, Medical Social Workers, Allied Healthcare Professionals.

LEARNING OUTCOMES

At the end of the programme, participants will be able to:

- Apply a patient-centered approach to caring for critically-ill patients, through integration of multi-disciplinary perspectives
- Assess and manage complex ICU symptoms, ethical and legal issues in end-of-life care using evidence-based strategies
- Communicate effectively in challenging ICU conversations with patients, families, and team members
- Collaborate with Medical Social Workers and other Allied Health Professionals in providing psychosocial support to patients and families
- Identify and manage signs of burnout and emotional distress within ICU teams, while promoting resilient and reflective practice

METHODOLOGY

This programme is designed to be an interactive learning experience for participants.

Methodologies used will include:



Facilitated small group learning



Formal Lecture



Role Play



Case scenarios

TRAINING CAPACITY

20 participants per run

ABOUT THE ORGANISER

Officially established on 19 July 2002, the NHG College plays an instrumental role in facilitating the continuous learning and development of our workforce, as well as, promoting systems improvement and driving leadership development in NHG Health. NHG College collaborates with renowned institutions and industry partners to build the pipeline and collective capacities of our leaders, educators, healthcare professionals and staff to support NHG Health in serving and managing the health of our patients and the population.

For enquiries on Continuing of Clinical Education courses, please visit our website by scanning the QR code below or email us at: nhggroup.college@nhghealth.com.sg.

