

Scan to locate your
nearest **GP***FIRST* clinic!



<https://for.sg/nhghealth-gpfirst>



Receive **\$50 off prevailing
A&E attendance fees***
when referred to A&E
through a GP



*T&C: The original GPFirst Referral Form is only **valid on the day of issue**, and up to 2am of the following day if the referral form is issued between 10pm and 12am. **Patients are advised to attend the referred A&E without delay.**

Should I go to the A&E?

See your **GP***FIRST* for
mild to moderate
symptoms

 **GP***FIRST*
YOUR FAMILY DOCTOR, YOUR FIRST STOP
Khoo Teck Puat Hospital ■ Tan Tock Seng Hospital ■ Woodlands Health

Should I visit the A&E?



Abdominal pain & indigestion

See a GP

- Diarrhoea persisting for more than 2 days
- Vomiting persists for a few hours
- Fever (38 °C or higher)
- Difficult or painful swallowing

A&E

- Sweating and breathlessness
- Blood in vomit
- Vomiting that does not subside
- Sudden and severe pain
- Bloody or black sticky stools



Cuts and wounds

See a GP

- Foreign materials or dirt stuck even after washing
- No improvement (after 1 week)
- Signs of infection (e.g. fever, persistent redness and pain, swelling or pus)

A&E

- Cut is deep and bleeding does not stop



Headaches

See a GP

- Headache lasts more than 1 day even after over-the-counter pain relievers
- Affecting daily routine
- Developed after head injury (e.g. falling)
- Nausea or vomiting

A&E

- Stiff neck
- Confusion
- Blurred vision
- Difficulty speaking
- Weakness or numbness in limbs
- On anti-coagulation medication



Strains & sprains

See a GP

- Severe pain or swelling
- Numbness or coldness in wounded area
- Cannot move injured joint or muscle
- Crooked or unusual lumps



Cold & flu

See a GP

- Fever (38 °C or higher)
- Cough with thick phlegm (yellow or green) or contains some blood
- Long-term medical conditions (e.g. asthma, diabetes)
- Pregnant
- Difficulty in breathing

Still unsure?
Call NurseFirst at
6262 6262

