



AT THE FOREFRONT
UChicago
Medicine

ABPTRFE
American Board of
Physical Therapy Residency
& Fellowship Education

Physical Therapy Orthopaedic Residency Program

Naomi Bloch, PT, DPT



- Doctorate of Physical Therapy, Hunter College –2017
- Certified Vestibular Rehabilitation Specialist via Duke University Program
- APTA Credential Clinical Instructor
- Associate Faculty member for the University of Chicago Physical Therapy Orthopedic Residency Program
- Member of the American Physical Therapy Association – Neurology Section
- Teaches: Vestibular Rehabilitation Module

Donald Ciancio, PT, DPT



- Doctorate of Physical Therapy, Northwestern University Feinberg School of Medicine – 2017
- Residency trained through the Mayo Clinic Physical Therapy Orthopedics Residency
- Fellow in training at Northwestern University Orthopedic Manual Physical Therapy Fellowship
- ABPTS Board Certified Orthopedic Clinical Specialist
- APTA Credential Clinical Instructor
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency Program
- Member of the American Physical Therapy Association – Orthopedic Section

Jennifer Gilbertson, PT, DPT, MHS



- Doctorate of Physical Therapy, Arcadia University – 2016
- Masters of Health Sciences degree in Physical Therapy, Krannert School of Physical Therapy in Indianapolis –1995
- Bachelor of Science Degree in Physical Therapy, Northwestern University –1987
- Bachelor of Arts Degree, Southern Illinois University – 1986
- ABPTS Board Certified Orthopedic Clinical Specialist
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency Program
- Director of Outpatient Therapy Services for University of Chicago Medicine and Ingalls
- Member of the American Physical Therapy Association – Orthopedic Section
- Teaches: Clinical Reasoning and Essentials of Examination, and Sacroiliac Joint Modules

Steph Groth, PT, DPT



- Doctorate of Physical Therapy, Saint Louis University, 2018
- Residency trained through the University of Chicago Physical Therapy Orthopedics Residency
- ABPTS Board Certified Orthopedic Clinical Specialist
- APTA Credential Clinical Instructor
- Member of the American Physical Therapy Association – Orthopedic Section, Foot/Ankle Special Interest Group, Performing Arts Special Interest Group
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency Program
- Teaches: Foot and Ankle module, Endocrinology

Roy Horton, PT, DPT



- Doctorate of Physical Therapy, Northwestern University – 2017
- Residency trained through the University of Chicago Physical Therapy Orthopedic Residency
- Fellowship trained at the University of Chicago Orthopedic Manual Physical Therapy Fellowship
- Fellow of the American Academy of Orthopedic Manual Physical Therapists
- ABPTS Board Certified Orthopedic Clinical Specialist
- APTA Certified Clinical Instructor
- Program Director and Faculty of the University of Chicago Medicine Orthopedic Residency Program
- Program Coordinator for Outpatient Physical Therapy Professional Development
- Site Clinical Coordinator of Education, Outpatient Therapy Services
- Adjunct Faculty at Northwestern University
- Member of the American Physical Therapy Association – Orthopedic Section, and American Academy of Orthopedic Manual Physical Therapists
- Teaches: Temporomandibular Joint and Knee Modules

Rachel Hunt, PT, DPT



- Doctorate of Physical Therapy, Ohio University – 2020
- Residency trained through the University of Chicago Physical Therapy Orthopedic Residency
- Fellowship trained at the University of Chicago Orthopedic Manual Physical Therapy Fellowship
- Fellow of the American Academy of Orthopedic Manual Physical Therapists
- ABPTS Board Certified Orthopedic Clinical Specialist
- APTA Certified Clinical Instructor
- Faculty of the University of Chicago Medicine Orthopedic Residency Program
- Annual guest speaker at Ohio University
- Member of the American Physical Therapy Association – Orthopedic Section, and American Academy of Orthopedic Manual Physical Therapists

Sarah Macaraeg, PT, DPT



- Doctorate of Physical Therapy, Saint Louis University – 2012
- Residency trained through the University of Chicago Physical Therapy Orthopedic Residency
- Fellowship trained at the University of Chicago Orthopedic Manual Physical Therapy Fellowship
- Fellow of the American Academy of Orthopedic Manual Physical Therapists
- ABPTS Board Certified Orthopedic Clinical Specialist and Women’s Health Clinical Specialist
- Certified – Integrative Dry Needling
- Certificate of Achievement in Pelvic Physical Therapy
- APTA Certified Clinical Instructor
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency and Fellowship Program
- Member of the American Physical Therapy Association – Orthopedic Section and Pelvic Health, and American Academy of Orthopedic Manual Physical Therapists

Sean McMahon, PT, DPT



- Doctorate of Physical Therapy, Saint Louis University – 2019
- ABPTS Board Certified Orthopedic Clinical Specialist
- APTA Credential Clinical Instructor
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency Program
- Myopain Certified Manual Trigger Point and Dry Needling Clinician
- Member of the American Physical Therapy Association
- Teaches: Post-Operative Shoulder Management, Post-Operative Knee management

Zach Stapleton, PT, DPT



- Doctorate of Physical Therapy, Carroll University – 2016
- Residency trained through the University of Chicago Physical Therapy Orthopedics Residency
- Fellowship trained at the University of Chicago Orthopedic Manual Physical Therapy Fellowship
- Fellow of the American Academy of Orthopedic Manual Physical Therapists
- ABPTS Board Certified Orthopedic Clinical Specialist
- APTA Credentialed Clinical Instructor
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency Program
- Member of the American Physical Therapy Association – Orthopedic Section, Midwest Pain Society, and American Academy of Orthopedic Manual Therapy Physical Therapists
- Teaches: Chronic Pain, Regenerative Medicine/Genetics, Radiology, and Rheumatology Modules

Megan Stulberg, PT, DPT



- Doctorate of Physical Therapy, University of Illinois at Chicago – 2008
- ABPTS Board Certified Cardiopulmonary Clinical Specialist
- APTA Credentialed Clinical Instructor
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency and Fellowship Programs
- Member of the American Physical Therapy Association - Section of Acute Care and Cardiopulmonary, and member of the American Association of Cardiovascular and Pulmonary Rehabilitation
- Teaches: Cardiopulmonary Module

Russ Thompson, OTR/L



- Masters of Occupational Therapy Governors States University-2012
- Board Certified Hand Therapist
- Member of the Illinois Occupational Therapy Association, Hand Therapy Certification Commission, President – Chicago Metro Hand Study Organization (CMHS)
- Teaches: Elbow, Wrist, and Hand Module

Mike Vitt, PT, DPT



- Doctor of Physical Therapy, Northwestern University – 2012
- Fellowship trained at the University of Chicago Orthopedic Manual Physical Therapy Fellowship
- Fellow of the American Academy of Orthopedic Manual Physical Therapists
- ABPTS Board Certified Orthopedic Clinical Specialist
- Certified – Integrative Dry Needling
- APTA Certified Clinical Instructor
- Co-site Coordinator for Clinical Education
- Faculty member for the University of Chicago Physical Therapy Orthopedic Residency and Fellowship Program
- Member of the American Physical Therapy Association and American Academy of Orthopedic Manual Physical Therapists
- Teaches: Thoracic Spine Modules