University of Chicago Medicine Ingalls Memorial Hospital Community Impact Grant Program Youth Social Determinants of Health (SDOH) Grant Request for Proposals

Application Deadline: Friday, April 17, 2026, 5 PM CST

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Note for Applicants:

The following grant guidelines will help you prepare your proposal and assemble all required documentation, including application and appendices. Prior to submission, please review all information outlined in this document.

Link to RFP and Appendix Templates Required for Submission:
https://www.uchicagomedicine.org/about-us/community/grants-sponsorships

Email Full Application to: communitybenefit@ingalls.org

Application Deadline: Friday, April 17, 2026, 5 PM CST

Part I. Overview Information

- **Funding Organization:** UChicago Medicine Ingalls Memorial
- **Request for Proposal**: Community Impact Grant
- **Deadline for Applications:** Friday, April 17, 2026, 5 PM CST
- **Total Funding Available:** $100,000
- **Range of Award Amounts:** $15,000 - $25,000 for 1 year
- **Estimated Award Date:** Late May 2026
- **Grant Period:** June 29, 2026 – June 30, 2027
- **Total Project Period Length:** 1 year
- **Cost Sharing or Matching Requirement:** No. Cost-sharing or matching funds are not required for applicants. Leveraging other resources and related ongoing efforts to promote sustainability is strongly encouraged.

Executive Summary

UChicago Medicine Ingalls Memorial Hospital (Ingalls Memorial) will award grants to community-based organizations through a competitive request for proposal (RFP) process. The purpose of this funding is to improve the health and well-being of residents in the south suburbs of Chicago by supporting youth-informed initiatives that reduce health inequities driven by the social determinants of health (SDOH).

Recognizing that community organizations are essential partners in achieving health equity, the Ingalls Memorial Community Impact Grant Program invests in community-led initiatives that engage youth to improve the social, economic, and/or environmental conditions of their community. Funding will support, for example, community-based efforts such as a program for unhoused youth, community garden that employs youth, or youth pipeline program for high-demand careers. Funding will be awarded to agencies or organizations that implement programs or services within the Ingalls Memorial community benefit primary service area (PSA)[1].

Applicants must align their proposed program or service objectives with the following goal and ***must address at least one of the three SDOH listed below***:

Goal
Reduce health inequities driven by one of the following social determinants of health (SDOH) through youth-informed and youth-engaged approaches: A. Economic & workforce stability B. Housing stability C. Healthy food access

Applicants must demonstrate readiness to implement their proposed activities within the grant period, including appropriate staffing, partnerships, and operational capacity. Grant award amounts will be determined based on the proposed scope of work, including the number of PSA residents to be served

[1] For more information on the PSA, see page 15 of the 2024-2025 Ingalls Memorial Community Health Needs Assessment.

and/or the depth and intensity of engagement with participants. Both reach and meaningful engagement will be considered in determining award levels.

Part II. Eligibility Criteria

To be eligible for this grant, organizations must meet all the following criteria:

1. Applicants must be a 501(c)(3) nonprofit.
2. Programs or services must be in the Ingalls Memorial Community Benefit Primary Service Area (PSA). The PSA comprises the following 13 zip codes: 60406, 60409, 60419, 60425, 60426, 60429, 60430, 60438, 60469, 60473, 60476, 60633, and 60827. All programs or services funded by the grant must be provided in the PSA, whether that be provided to persons residing in the PSA or at a location (i.e., office, facility, event or mobile unit) in the PSA.
3. Programs must serve youth or program design/implementation must engage youth.
4. The proposed program, service, or project must focus on either creating economic or workforce development supports, addressing homelessness or housing instability, or expanding access to healthy foods for people. Applicants must clearly articulate how their work will engage youth and reduce health inequities driven by the social determinants of health (SDOH).
5. Applicants must provide services to all persons in the target audience within the target geographic area, regardless of race, religion, sex, gender identity, age, disability, national origin or sexual orientation.
6. Applicants must demonstrate a readiness to serve at the beginning of the grant period, defined as the capability to provide oversight and ensure consistent and quality implementation of the proposed new or existing program.
7. All proposals must include an evaluation framework for the monitoring of program outcomes. Proposal activities must be written in the SMART format (Specific, Measurable, Attainable, Realistic, and Time-Bound). Applicants must use the template (Appendix A) provided by Ingalls Memorial.
8. Programs/services must be modeled on evidence-based, effective, or promising practices. The funded program or service must be based on at least preliminary evidence or an established framework of effectiveness.
9. All proposals must use the budget template provided (Appendix B).
10. Grantees will be required to submit mid-point (6-month) and final (12-month) grant reports on the progress and outcomes of their funded programs. Grantees will use the templates provided to track progress of granted dollars, goals, target metrics, etc.

Part III. Exclusions

Generally, applicants requesting the following types of support are excluded and will not be considered:

1. Applications from partisan political organizations.
2. Applications from for-profit organizations.
3. Applications requesting support for fundraising activities such as sponsorships, advertising, or event tickets.
4. Applications from individuals.
5. Applications for memorials or endowments.
6. Applications for programs, projects, or services operating and/or serving people outside of the Ingalls Memorial PSA.
7. Applications requesting support solely for strategic planning or program development (i.e. "planning year").

Part IV. Instructions for Completing Application

- Respond to the required questions below in a separate Word document.
- All documents should use 1" margins, 11- or 12-point font, and 1.5-line spacing.
- Do not exceed page limits. Materials over the page limit will not be reviewed.
- Please submit using Word file for narrative section and designated file type for appendices.
- Files for Appendices A & B can be found here: https://www.uchicagomedicine.org/about-us/community/grants-sponsorships
- Submit all grant application documents in one email to: communitybenefit@ingalls.org
- Email submissions that do not include all components of application, including Appendix A & B, will be disqualified.

Application

Section I: Applicant Information

1. Name of Organization:
2. Tax ID:
3. Tax Status:
4. Mailing Address, City, State, Zip:
5. Organization's Website Address:
6. Contact Person:
7. Contact Person Title:
8. Contact Phone:
9. Contact Email:
10. Program Title:
11. Start Date of Project:
12. End Date of Project:

13. Brief Description of Program (75-100 words):
14. Proposed Program Service Area (i.e., neighborhoods or zip codes):
15. Proposed Program Target Audience(s):
16. Amount of funding dollars requested:

Section II: Project Description

(2-page maximum)

1. Describe your organization's mission, organizational structure, major accomplishments, and stakeholder engagement. This will provide context for implementation of the proposed program.

2. Provide a description of the program and its intended outcomes. The program description should include the following components:
    a. **Needs** – What specific social determinant of health (SDOH) does your program aim to address?
    b. **Goals** – What is the goal of your program? What will your program achieve?
    c. **Target Population** – Which population will your program target? Describe the specific ZIP codes and/or neighborhoods in the Ingalls Memorial community benefit primary service area (PSA)[2] your program intends to serve.
    d. **Objectives** – What are the program objectives? What will your program do? How does your program plan to engage youth?
    e. **Activities** – What strategies and activities will be used to achieve program goals, objectives and outcomes?
    f. **Resources/Inputs** – What is needed from the larger environment for successful implementation of activities?
    g. **Relationship of activities and outcomes** – How do the proposed activities align with the intended outcomes? That is, how does this program work towards the long-term, intended outcomes of UChicago Medicine Ingalls Memorial?

3. What is the current stage of the proposed program's development or implementation? Please describe your ability to begin implementation at the start of the grant period, including descriptions of key staff and volunteers and their roles and responsibilities related to this specific program.

4. What factors and trends in the larger environment may influence the proposed program's ability to achieve its objectives? What are the anticipated challenges to meet the goals and objectives?

[2] For more information on the PSA, see page 15 of the 2024-2025 Ingalls Memorial Community Health Needs Assessment.

5. Describe your sustainability efforts (ongoing and/or planned) to ensure continued impact of the program beyond the grant funding period.

Section III: Organization Experience

(1-page maximum)

1. What is your organization's experience with your program's specific SDOH and engaging or serving youth?
2. How are your program goals aligned with your organization's mission?
3. What experience do you have working in and with communities in the Ingalls Memorial community benefit primary service area (PSA)?
4. What experience do you have working with under-resourced populations?
5. List any other key organizations you will be partnering with and their level of commitment to working with you on this project.
6. What framework and/or approaches will you use to engage program participants?
7. How are you continuously improving components of your program?

Section IV: Evaluation

(1.5-page maximum, not including separate Appendix A)

Provide a plan that shows how you will meet the requirements that are in the program description. This must include your methods, tools and the sources of information that will be used to track how you are meeting the requirements over time.

1. What is your experience using data and community/constituency engagement to develop strategies and activities that work toward a clear impact, with clear metrics for measuring success?

2. How have you used your own research and input from community members (the public) to develop plans and activities that have made a clear impact on the community? What methods have you used to demonstrate the impact of your work and activities on the community?

3. What is your experience with evaluation and performance measurement, and using evaluation processes to support continuous learning and program improvement? If you have existing process or outcomes data to demonstrate your programs or initiative's past performance and success, please briefly summarize in your response.

4. Evaluation Measures:
    a. First, complete Appendix A: Evaluation Measures. Ensure all objectives, activities, and indicators are Specific, Measurable, Attainable, Realistic, and Time-Bound (SMART). Appendix A does not contribute to 1.5-page maximum.
    b. Next, briefly summarize your table in the narrative section, describing how you will

measure performance and impact, and the methods you will use to evaluate effectiveness (e.g. surveys, interviews, logs).

Section V: Budget
(1-page maximum, including proposed budget table. Complete Appendix B which repeats these questions and provides a budget table template)

1. Please complete Appendix B to outline budget and answer the following questions:
    a. What is the amount of funding dollars you are requesting?
    b. Provide brief description of how funds will be utilized.
    c. Use table in Appendix B to complete a project budget, including anticipated funding and justification for each line item.

2. Attach a copy of your organization's annual budget as Appendix C. PDF file preferred. Please also list major sources of revenue for your organization. (This does not contribute to 1-page max)

Part V. Submission Process and Grantee Requirements

All required submission materials listed below must be sent in one email to CommunityBenefit@Ingalls.org. Submissions that do not include all the required materials by **April 17, 2026,** will automatically be disqualified from grant process.

Required Submission Materials

- Complete application which has answered all the questions from pages 5-8 in this RFP **(Word document preferred)**
- Appendix A – Attach Evaluation Measures (**Use Excel document provided)**
- Appendix B – Attach Budget (**Use Excel document provided)**
- Appendix C – Attach Organization's Annual Budget **(PDF file preferred)**

Note: Files for Appendices A & B can be found here, under the "Grant Opportunities with Ingalls Memorial" section under the "Community Impact Grant Program" drop-down tab: https://www.uchicagomedicine.org/about-us/community/grants-sponsorships

Reporting & Technical Assistance Activities
Applicants that are selected for funding will be required to adhere to a reporting process that will be communicated at the time funds are awarded which will include 6- and 12-month reports. Reporting may also include site visits to discuss further progress towards goals, successes/challenges, financial

statement of funds granted, and data collected. Grantees may also be required to provide an oral presentation summarizing their program and outcomes. Once applicants are selected, site visits and/or check-in meetings will be scheduled with grantees.

Grantees may have access to workshops and support services from UChicago Medicine, including Ingalls Memorial, designed to strengthen organizational capacity and long-term program sustainability. As partners in this work, grantees may be invited to participate in shared-learning sessions where UChicago Medicine and community organizations exchange insights, reflect together, and draw on one another's expertise and resources to deepen impact across the community.

Branding & Promotional Guidelines

Grant recipient(s) that are selected for funding must abide by the following branding guidelines of the University of Chicago Medicine, should your program use printed or online materials:

a. Please refer to Ingalls Memorial as the UChicago Medicine Ingalls Memorial in all materials related to your program or initiative.
b. Ingalls Memorial will provide your organization with the appropriate logos upon request.
c. All promotional materials using Ingalls Memorial logos must be approved by a UChicago Medicine staff member.
d. Display approved Ingalls Memorial logo on printed materials, internet sites that promote the event or program.

Grantees may be asked to work with UChicago Medicine staff to discuss the best ways to share the organization's story and the impact its project, program, or service has on improving community health. At no cost to the organization, UChicago Medicine staff may create materials in the form of a written story, video package, and/or other digital storytelling that the organization can use to promote its work and secure additional funding. The materials may also be disseminated by UChicago Medicine. The organization and UChicago Medicine will be able to review and approve all material before publishing.