

UChicago Medicine Urban Health Initiative and Block Hassenfeld Casdin (BHC) Collaborative for Family Resilience

Building Trauma Resiliency Grant
Information Webinar
February 16, 2026



AT THE FOREFRONT
UChicago
Medicine



- Welcome and Introductions
- Overview of BHC grant requirements
- Overview of grant application
- Q & A
- Closing

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BHC Collaborative for Family Resilience Grants

Purpose

- Ensure that children, families, and the broader community receive the programs and services they need for long-term, holistic recovery from complex trauma.
- Increase funds available to eligible not-for-profit agencies or organizations that provide critical resources related to trauma prevention or recovery for children and/or families.

Hospital-Community Partnership

- UChicago Medicine's Urban Health Initiative (UHI)
- Trauma Care and Violence Prevention Workgroup of the Community Advisory Council (TCVP)

Overview of Grant

Building Trauma Resiliency: Organizations or coalitions seeking funding for proven (i.e. evidence-based) and promising practices in trauma resiliency with a focus on violence prevention, recovery and/or mental health.

Range of Number of Awards: 2-3 Awards (\$100,000 total funding available)

Range of Award Amounts: \$25,000 - \$50,000

Link to RFP: <https://www.uchicagomedicine.org/about-us/community/grants-sponsorships>

Eligibility Criteria

1. Applicants must be a 501(c)(3) nonprofit.
2. The BHC Grant is to implement programs or services in the University of Chicago Medical Center Service Area (UCMSA). The UCMSA is comprised of the following 12 zip codes: 60609, 60615, 60617, 60619, 60620, 60621, 60628, 60636, 60637, 60643, 60649, and 60653. All programs or services funded by the BHC grant must be provided in the UCMSA, whether that be provided to persons residing in the UCMSA or at a location (i.e., office, facility, event or mobile unit) in the UCMSA.
3. Proposals must serve children and/or families within the UCM Service area that have experienced or been impacted by gun violence, physical violence, family and domestic violence, sexual abuse, and/or child abuse and or neglect.
4. Applicants must demonstrate a readiness to serve at the beginning of the grant period, defined as the capability to provide oversight and ensure consistent and quality implementation of the proposed new or existing program, including descriptions of key staff and volunteers and their roles and responsibilities.
5. The proposed program, service, or project must pertain to trauma resilience, a UCM community benefit priority outlined in the [UCM Strategic Implementation Plan](#).

UNIVERSITY OF CHICAGO MEDICAL CENTER PRIMARY SERVICE AREA
ZIP Codes and Chicago Community Areas



Eligibility Criteria (continued)

6. Applicants must provide services to all persons in the target audience within the target geographic area, regardless of race, religion, sex, gender identity, age, disability, national origin or sexual orientation.
7. All proposals must include SMART objectives (Specific, Measurable, Attainable, Realistic, and Time- Bound) that align with UCM defined metrics (Applicants must use template in Appendix A provided by UCM. See 'Instructions for Completing the Grant Application' for details.)
8. All proposals must use the worksheet templates provided to track progress of granted dollars, goals, target metrics, etc. noted to date, as aligned with the UCM strategic framework.
9. Proposed programs/services must be modeled on evidence-based, effective, or promising practices (see glossary for more information). The proposed program or service must be based on at least preliminary evidence or an established framework of effectiveness.
10. Grantees will meet with UCM communications staff to discuss the best ways to share the organization's story and the impact its project, program, or service has on improving community health. At no cost to the organization, UCM staff may create materials in the form of a written story, video package, and/or other digital storytelling that the organization can use to promote its work and secure additional funding. The materials may also be disseminated by UCM. The organization and UCM will review and approve all material before publishing.

Exclusions

Generally, applicants requesting the following types of support are excluded and will not be considered:

1. Applications from partisan political organizations.
2. Applications from for-profit organizations.
3. Applications requesting support for fundraising activities such as sponsorships, advertising or event tickets.
4. Applications from individuals.
5. Applications for memorials or endowments.
6. Applications for programs, projects, or services operating and/or serving people outside of the UCM Service Area.
7. Applications requesting support solely for strategic planning or program development (i.e. “planning year”).

Types of Projects Funded

- The vision of the BHC Collaborative for Family Resilience (BHC Collaborative) is to help young persons and their families recover from the immediate and long-lasting effects of trauma. The BHC Collaborative builds on UCM's Community Health Needs Assessment (CHNA) community benefit priorities in the UCM Service Area, including trauma resiliency with a focus on violence prevention and/or behavioral health. **The UCM BHC Collaborative grants will help strengthen community-based capacity to address pressing health needs resulting from and/or contributing to trauma, so that all children and families within the UCM Service Area are better supported in building long-term trauma resiliency.**
- To this end, UCM will accept proposals requesting **funding for 12 months for proven (i.e. evidence-based) or promising practices in trauma resiliency with a focus on violence prevention and/or behavioral health.**
- Proposed projects must address UCM's goals for trauma prevention and recovery on the south side and objectives for building trauma resiliency.
- **Only one application per organization or collaborative group will be accepted** for this round of applications.

Proposals must align with the following goals and objectives

- **Goal:** Prevent, manage and promote recovery from trauma
- **Objectives:**
 - Reduce violent re-injuries among the following target audiences: children and/or families. *Children are defined as anyone age 26 and younger. Family is not strictly defined in recognition of varied family structures organizations serve.*
 - Increase children and family engagement in violence prevention and/or recovery programs or services.
 - Provide wraparound resources to support the holistic needs of children and families experiencing trauma.
 - Embed trauma-informed care across systems.
 - *Example strategy:* train care providers' (e.g. parents, family members, CBO staff) in trauma-informed care, restorative justice practices, etc.)
 - Increase access to mental health services (e.g. comprehensive social services, mental health, substance abuse programs or services)
 - *Example strategy:* increase capacity of mental health services.
 - Reduce inequities caused by social determinants of health.
 - *Example strategy:* connect patients and community members to resources like housing, employment opportunities, food, and transportation.
 - Altogether, the results of grantees' collective efforts will impact progress towards the BHC Collaborative goal of ensuring children and families receive services necessary for long-term, holistic recovery from both immediate and long-lasting effects of trauma caused by gun violence, physical violence, family and domestic violence, sexual abuse, and/or child abuse and or neglect.

Letter of Intent (LOI)



Letter of Intent Deadline: Monday, February 16, 2026, 5PM CST



Submit LOI to express your interest in applying for this grant. The letter must include:

- Organization name
- Contact person, title and email address
- Short description of proposed program (no more than 50 words).



Email to communitybenefit@uchicagomedicine.org



Proposals submitted without LOI or with a late LOI will not be considered for funding.

Application



Application Deadline: Tuesday, February 24, 2026, 12PM CST



Applications must include all narrative sections and appendices as described in the RFP. Please review instructions carefully and confirm that application is complete before submitting.



Submit all grant application documents using this link: <https://redcap.link/BHCgrant2026>
Please familiarize yourself with submission portal before deadline date.

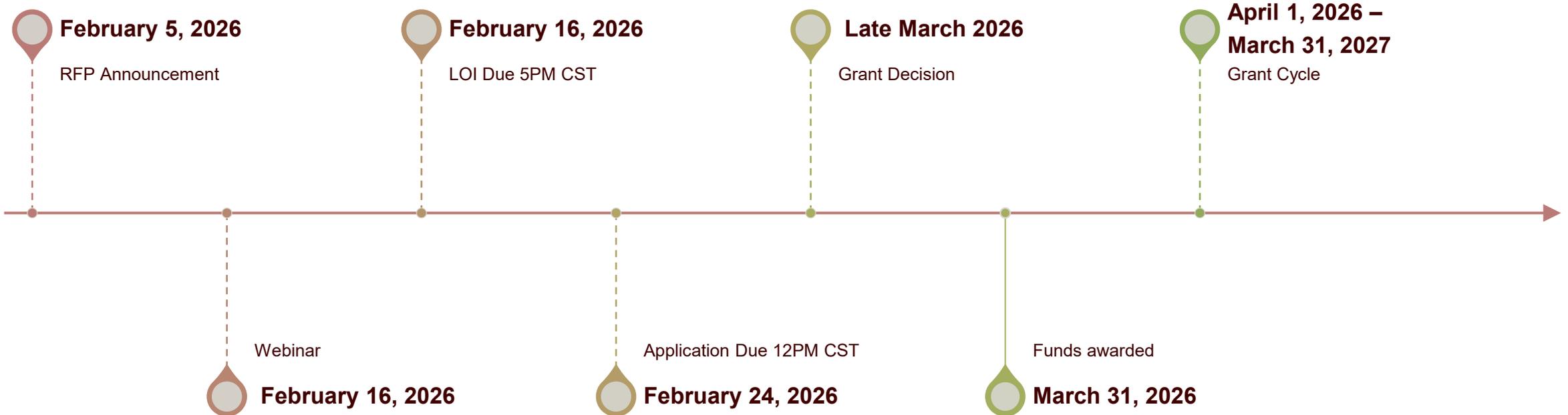


Do not exceed page limits. Materials over the page limit will not be reviewed.

Application Review Process

- Proposals that meet the LOI requirement and are submitted by the deadline will be reviewed by the UCM Grant Review Workgroup, which will include leadership from UChicago Medicine, as well as community representation with the Trauma Care and Violence Prevention Workgroup.
- The UCM Grant Review Workgroup adheres to a strict conflict of interest policy and selects potential grantees based on the merits of each proposal.
- Details of how applications will be evaluated are outlined in the RFP.

Timeline for BHC Grant Cycle



All items must be submitted by deadlines.



Q & A

Thank you.

Please email questions to
communitybenefit@uchicagomedicine.org