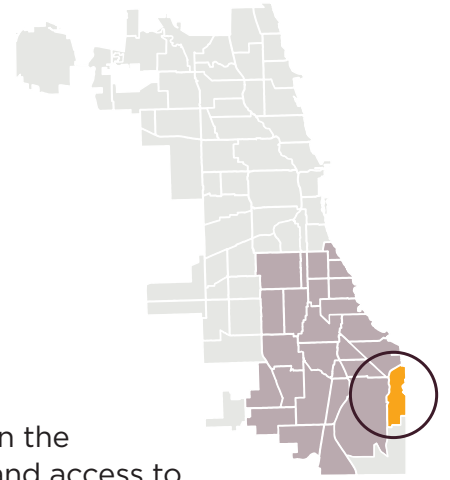


East Side



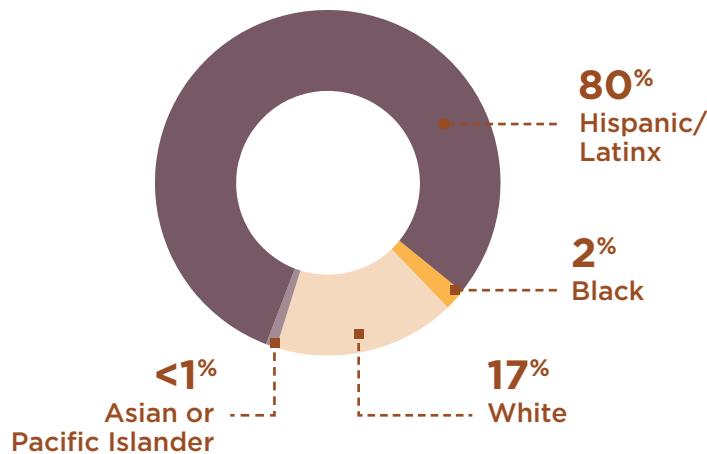
Calumet Beach



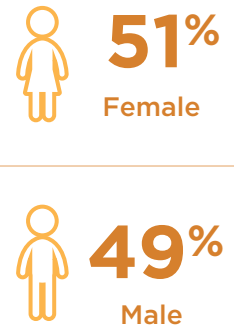
East Side is surrounded by water and is located on the Calumet River's eastern bank. Due to its location and access to water, steel mills were able to thrive in this neighborhood.¹ It is home to thriving Calumet Beach, a United States Coast Guard station, and Calumet Yacht Club.²

Who lives here?³

Race and Ethnicity



Sex



Population:

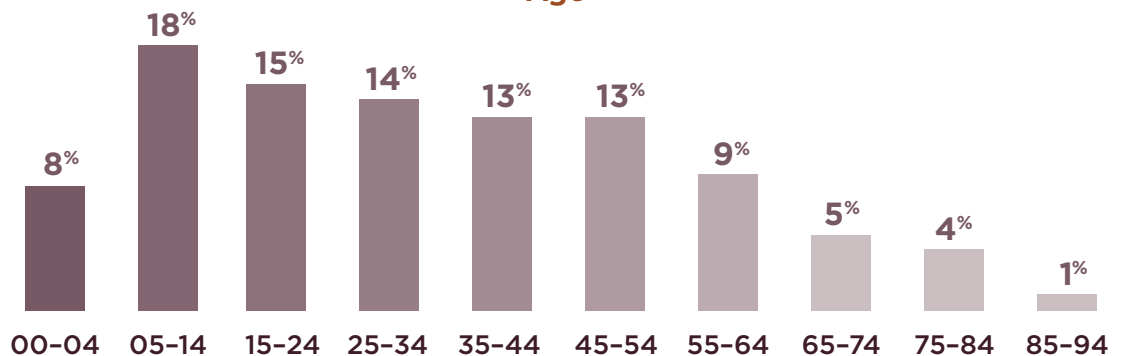
23,013

Population change:⁴

↓ 0.1%

Chicago: **↑ 6%**

Age



Social Determinants of Health³

Social determinants of health are social, economic, and physical conditions in which people are born, live, and work that affect health and well-being. For example, where you live can limit access to healthy foods, this can in turn increase one's risk for obesity and other chronic conditions related to diet.

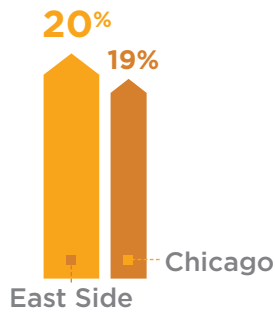
Economic Factors

Median household income

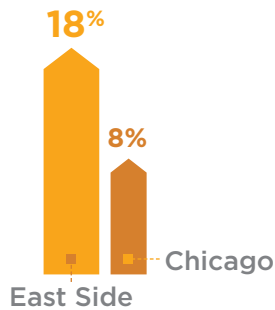
\$44,079

Chicago: \$53,006

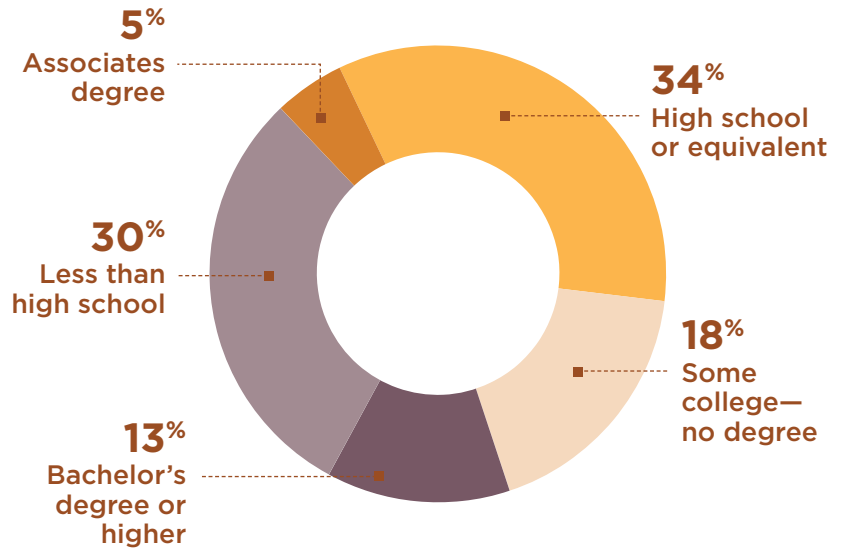
Population living in poverty⁵



Unemployment



Education⁶



34%

of households spend 30% or more of their annual income on housing costs



1 in 3

children are living in poverty⁵



21% of households are receiving food stamps

47% of households are at risk for food insecurity⁷

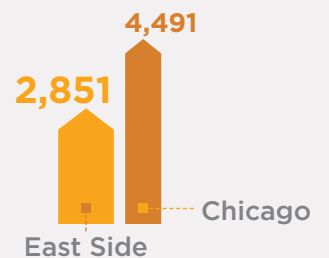
Physical Factors



69%

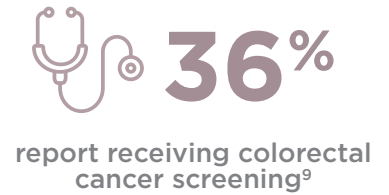
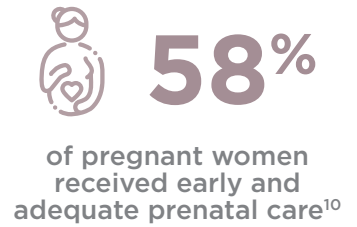
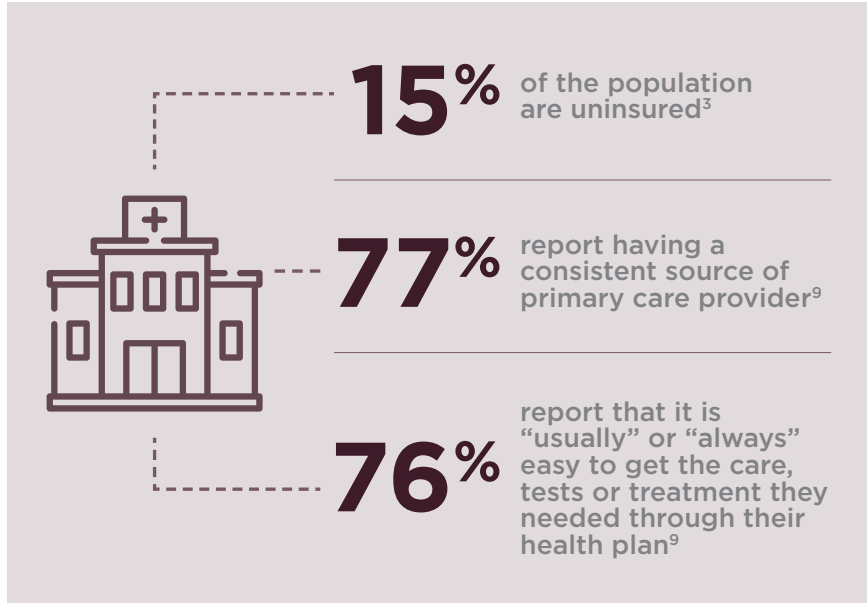
of adults report that they feel safe in their neighborhood "most or all of the time"⁸

Violent crime incidents⁸ Per 100,000 Population



Access to Care

Access to quality health care services is important for preventing and managing diseases and achieving health equity. High cost of care, inadequate insurance coverage, and lack of availability of quality services generally lead to barriers in clinical care.



Health Behaviors⁹

Health behaviors are individual actions we take to prevent illnesses or maintain good health such as exercising and eating a balanced diet. Health behavior is greatly influenced by the social and economic conditions in which people live. For example, it is difficult to walk in the neighborhood to get exercise when you do not feel safe.



38% report eating five or more servings of fruits and vegetables daily

Health Outcomes¹¹

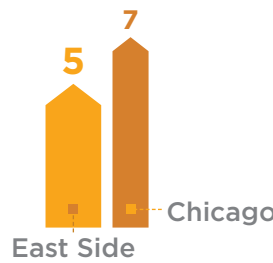
Health outcomes are the measures that define the health and wellbeing of the community. Health outcomes are a result of social determinants of health, access to clinical care, and health behaviors.

Top Causes of Death

1. Cancer
2. Heart Disease
3. Diabetes-related
4. Injury
5. Stroke

Infant Mortality

Deaths per 1,000 live births



Life Expectancy at Birth

79 years

Chicago: 77 years
The Loop: 82 years

Disease Burden Among Adults⁹



18%
have high blood pressure

36%
are obese

10%
are diabetic

Community Resources¹²

Community resources are necessary to achieve good health outcomes. A sample of the community resources necessary for optimal health outcomes and available in East Side are listed below. For a full list of all resources and their location, visit the Chicago Health Atlas at <https://www.chicagohealthatlas.org/resources>



7
Schools



4
Fitness Facilities



8
Hospital and Health Services



0
Community Gardens



15
Faith Based Organizations



1
Social Service Organizations



9
Grocery Stores



1
Pharmacies



5
Public Parks¹³

Data presented in the profile are part of UChicago Medicine's Community Health Needs Assessment (CHNA). Data for the CHNA were extracted by the Alliance for Health Equity or the Chicago Department of Public Health. For Full listing of all data sources refer to the CHNA at uchicagomedicine.org/community-health. **1:** "East Side." The Chicago Neighborhoods. The Chicago Neighborhoods, October 7, 2018. <https://www.thechicagoneighborhoods.com/neighborhoods/2018/10/6/east-side>; **2:** "Calumet Beach." Chicago Park District. Accessed June 13, 2019. <https://www.chicagoparkdistrict.com/parks-facilities/calumet-beach>; **3:** American Communities Survey 2012-2016 estimates; **4:** Estimated percent change from 2010 Census to the American Communities Survey 2016 5 year estimates; **5:** Under 100% of the Federal Poverty Level. The percentages for children living in poverty are rounded to a nearest fraction when possible to make this data user-friendly.; **6:** CMAP 2012-2016 5-year estimates. Education level for population age 25 and over; **7:** Households under 185% of the Federal Poverty Level are considered at risk for food insecurity; **8:** Chicago Police Department; **9:** Healthy Chicago survey; **10:** Illinois Department of Public Health Vital Stats; **11:** Chicago Department of Public Health, Illinois Department of Public Health Vital Stats; **12:** MapsCorps 2017 Community asset dataset; **13:** Chicago Parks District