

# Young Adult Diabetes Group



AT THE FOREFRONT  
**UChicago  
Medicine**

Kovler  
Diabetes  
Center

Connect with others,  
share experiences and  
hear from experts.



The many life transitions that occur as an emerging adult can be challenging, especially when you have to navigate diabetes at the same time.

That's why your Kovler Diabetes Center care team is offering a Young Adult Group as a space to ***talk about everything from burnout to self-care to insurance coverage - whether its related to diabetes or not!***

***This free, virtual group is open to anyone age 18-29 with diabetes.*** Meetings are held monthly via Zoom. From time to time, we connect in person. All meetings seek to create a fun, supportive environment for participants.

## Ready to Join?

Our next meeting will be

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Contact Kovler's Social Worker,  
Taylor Mossing, LCSW for details:

 773-251-0153

 [taylormm@uchicagomedicine.org](mailto:taylormm@uchicagomedicine.org)

Disclaimer: This group will be monitored by the diabetes social worker and seeks to offer social support. Anything shared in this group should not be taken as official medical advice. If you need immediate assistance with your diabetes care, please call the clinic at 773-708-6138 to speak with the on-call endocrinologist.

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