

The mission of the University of Chicago Celiac Disease Center is to raise diagnosis rates for celiac disease and meet the critical needs of people with the condition, through education, research, and advocacy.

WHAT TO KNOW

Diagnosis Of Celiac Disease

Why do we Diagnose/ Treat Celiac Disease?

We diagnose and treat celiac disease to promote intestinal healing and decrease the risk of autoimmune complications

Why are Blood Tests Performed?

Blood tests help diagnose celiac disease in individuals with symptoms. Blood tests also help to monitor diet compliance after celiac disease has been diagnosed and screen asymptomatic “at risk” individuals, for example family members. (Remember: gluten must be in the diet during the screening/diagnostic process.)

Which Blood Tests are Performed?

Total IgA

Anti-tissue transglutaminase antibodies (TTG)

Antiendomysial antibodies (EMA)

Why Do We Do Labs after Celiac Disease is Diagnosed?

It is important to monitor trends over time. Your doctor will compare initial labs at diagnosis to labs after going on a gluten-free diet.

(Note: We suggest using the same lab for each blood draw as reference ranges may vary with different labs.)

Whether you are newly diagnosed or have been living with celiac disease for decades, education is key to staying healthy and enjoying a high quality of life. At The Celiac Disease Center, one of our goals is to provide information that makes following a gluten-free diet as easy as possible.

If you have any questions, please reach out. Your care team is only a phone call away.



AT THE FOREFRONT
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