

The mission of the University of Chicago Celiac Disease Center is to raise diagnosis rates for celiac disease and meet the critical needs of people with the condition, through education, research, and advocacy.

# WHAT TO KNOW

## Symptoms Of Celiac Disease

### What are “Classic” Gastrointestinal Symptoms of Celiac Disease?

Diarrhea	Abdominal distension	Anorexia (lack of appetite)
Irritability	Failure to thrive or weight loss	Abdominal Pain
Vomiting	Constipation	

### What are Non-Gastrointestinal Symptoms of Celiac Disease?

Dermatitis herpetiformis	Dental enamel issues of permanent teeth (enamel hypoplasia)
Osteopenia/ osteoporosis/ short stature	
Delayed puberty/ short stature	Iron deficient anemia
Elevation of liver enzymes	Hepatitis
Neurologic symptoms	Arthritis

### What are Neurologic Symptoms of Celiac Disease?

Chronic headaches	Tingling peripheral neuropathy	Difficulty walking (ataxia)
Weak muscles (myopathy)		Developmental issues
Learning, behavioral, anxiety, depression		

### What are Orthopedic/ Rheumatologic Symptoms of Celiac Disease?

Joint pain	Joint swelling	Low bone density
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**Whether you are newly diagnosed or have been living with celiac disease for decades, education is key to staying healthy and enjoying a high quality of life.** At The Celiac Disease Center, one of our goals is to provide information that makes following a gluten-free diet as easy as possible.

If you have any questions, please reach out. Your care team is only a phone call away.



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