



AT THE FOREFRONT
UChicago
Medicine

Inflammatory
Bowel Disease
Center

DEPARTMENT OF MEDICINE

5841 S. Maryland Avenue, Mail Code M/C 4076
Chicago, IL 60637-1470
Phone: 773-702-6073, Fax: 773-702-5790

Welcome to the University of Chicago IBD Center!

The University of Chicago Inflammatory Bowel Disease Center is committed to providing the highest caliber care to patients who live with inflammatory bowel diseases, Crohn's disease and ulcerative colitis. Central to this mission is conducting cutting-edge medical research to advance the science and understanding of these conditions, as well as delivering unique and highly relevant educational programs for patients and professionals.

Outstanding patient care is at the center of everything we do, from providing the latest medical therapies, to nutritional counseling to help you cope with the effects of ulcerative colitis or Crohn's, to minimally invasive approaches for complex surgeries in order to decrease pain, scarring, and recovery times. Whether you come to us directly for relatively new symptoms or are referred by a family physician or gastroenterologist for ongoing health care concerns, you will benefit from treatment grounded in creative thinking, compassionate understanding, and the very latest research and practice.

Our expert IBD providers see patients at the main campus in Hyde Park, and also at the new University of Chicago Medicine facilities in Orland Park and River East. For patients needing surgery or hospitalization, the University of Chicago IBD Center includes a dedicated inpatient wing, the only one of its kind in the region, located in the Center for Care and Discovery, the University of Chicago Medicine's newest and most technologically advanced hospital.

As one of only a limited number of research centers in the country testing new IBD treatments, we offer a variety of clinical trial therapies—the most advanced treatments available—at the earliest possible time in our patients' care. Every patient benefits from the expertise of our world-renowned clinicians and researchers, whose multidisciplinary, collaborative approach extends from patient care to advancing the science of medicine.

In addition to these resources, we offer many additional programs to support our patients: IBD SuperFriends, a peer-to-peer mentoring program for UChicago Crohn's and ulcerative colitis patients, the monthly Chicago IBD Support Group, and regular educational events and programs for patients and their families. Please visit ibdcenter.uchicago.edu to learn more.

We welcome you to our Center, and hope we can help you on your journey to healing and wellness.

Russell D. Cohen, MD, FACP, AGAF
Professor of Medicine
Director, Inflammatory Bowel Disease Center
University of Chicago Medicine

Russell D. Cohen, MD

**Director,
Inflammatory Bowel Disease (IBD) Center**

Eugene B. Chang, MD
Roger Hurst, MD
Ranjana Gokhale, MD
Shivani Patel, PharmD
Michele Rubin, APN
Associate Directors, IBD Center

David T. Rubin, MD
**Chief, Section of Gastroenterology,
Hepatology, and Nutrition
Co-Director, Digestive Diseases Center**

Neil Hyman, MD
**Chief, Colorectal Surgery
Co-Director, Digestive Diseases Center**

Marc Bissonnette, MD
Abraham H. Dachman, MD
Sushila Dalal, MD
Ranjana Gokhale, MD
Ira M. Hanan, MD
John Hart, MD
Roger D. Hurst, MD
Huda Marie Kandah, PharmD
Barbara S. Kirschner, MD
Yan Chun Li, PhD
Edwin McDonald, MD
Dejan Micio, MD
Aytakin Oto, MD
Shivani Patel, PharmD
Joel Pekow, MD
Vijaya Rao, MD
Atsushi Sakuraba, MD
Benjamin Shogun, MD
Kinga Skowron, MD
Konstantin Umanskiy, MD
Shu-Yuan Xiao, MD

Professional Nursing Staff

Mary Ayers, RN
Jan Colwell, MS, CWOCN, FAAN Michelle
Kaplan-Jones, CWOCN, APN Kristi
Kearney, RN
Linda Kulig, RN
Jennifer Labas, APN, FNP-BC
Jacqueline Lopez, RN
Marita Kametas, RN
Rita Malfeo-Klein, RN
Alexandra Masching, APN
Sarah O'Rourke, RN
Katie Patzkowsky, RN
Ashley Perkovic, DNP, APN, FNP
Paulina Petrishka, APN
Michele Rubin, APN, CNS, CGRN
Mary Ann Thompson, RN, BSN, CGRN

Advanced IBD Fellows

Shintaro Akiyama, MD
Nathaniel Cohen, MD
Noa Krugliak Cleveland, MD

Registered Dietitians

Courtney Schuchmann, MS, RD, LDN
Lori Weistead, MS, RD, LDN
Elizabeth Wall, MS, RD, LDN, CNSD

Administrative Director

Anna Gomberg



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ADULT GASTROENTEROLOGY PROVIDERS

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Russell D. Cohen, MD
Director



David T. Rubin, MD
Section Chief



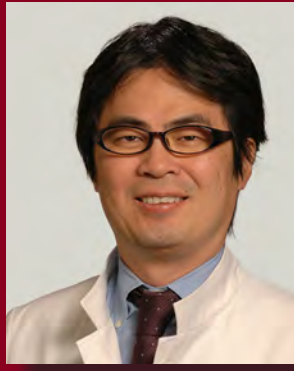
Tenzin Choden, MD



Joel Pekow, MD



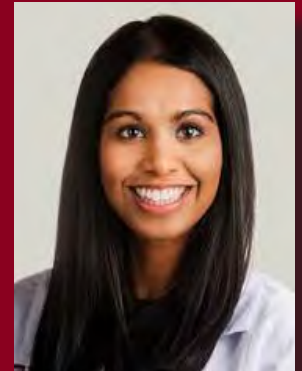
Sushila Dalal, MD



Atsushi Sakuraba, MD, PhD



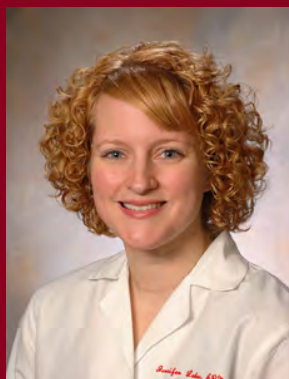
Dejan Micic, MD



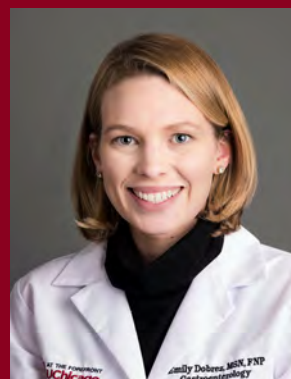
Vijaya Rao, MD



Stephanie Thomas, APN



Jennifer Labas, APN,
Inpatient Care



Emily Dobrez, APN



Marita Kametas, APN



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Inflammatory Bowel Disease Center

ADULT IBD SURGERY PROVIDERS

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Neil Hyman, MD
Section Chief



Roger Hurst, MD



Benjamin Shogan, MD



Kinga Skowron, MD



Konstantin Umanskiy, MD



Michele Rubin, APN



Noelle Kakuk, APN



Janice Colwell, APN
Director, Ostomy Care Team



Michele Kaplon-Jones, APN



Paulina Petrishka, APN



Mary Ayers, RN,
Digestive Diseases
Nurse Manager

Telemedicine Video Visits Available

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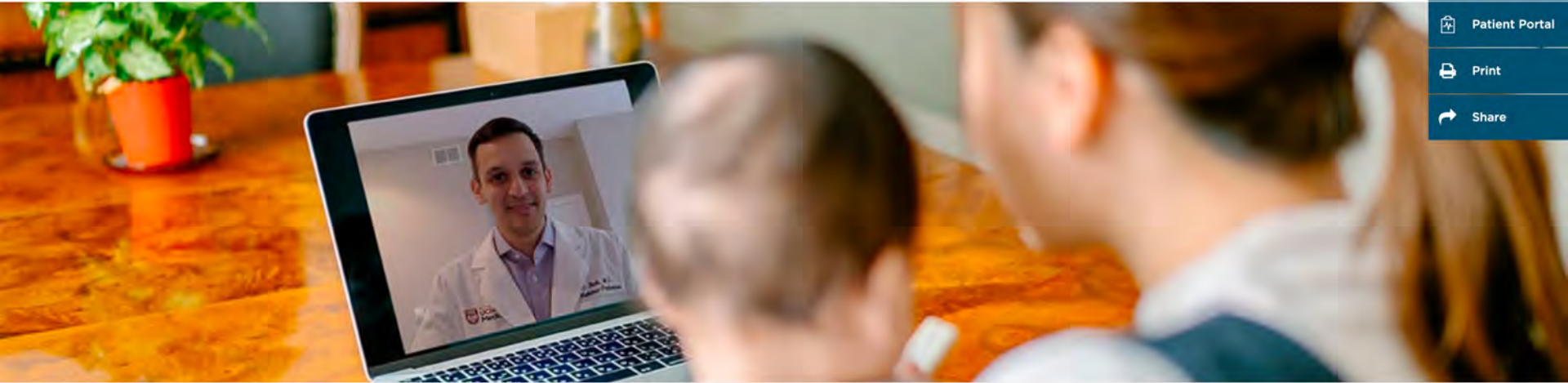
Appointments:
1-888-824-0200

 [Learn more about our COVID-19 response, testing and our commitment to safety. →](#)

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WE PUT YOUR SAFETY AT THE FOREFRONT.

NEW PROTOCOLS MAKE DOCTOR VISITS SAFER:

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- Facemasks
- Remote check-in
- Wellness screening
- Social distancing
- Cleaning protocols



UChicago IBD Providers: Offsite Locations

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355 E. Grand Avenue, Chicago, IL

Russell D. Cohen, MD

Noa Krugliak Cleveland, MD

Sushila Dalal, MD

Vijaya Rao, MD

David T. Rubin, MD

Orland Park and Tinley Park

14290 South La Grange Road, Orland Park, IL

Russell D. Cohen, MD

Sushila Dalal, MD

Dejan Micic, MD

Emily Dobrez, APN

Gold Coast - Endoscopy

900 N. Michigan Avenue, Chicago, IL

Russell D. Cohen, MD

David T. Rubin, MD

Vijaya Rao, MD

Hinsdale

12 Salt Creek Lane, Hinsdale, IL

Noa Krugliak Cleveland, MD

Russell D. Cohen, MD

David T. Rubin, MD





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Behavioral and Mental Health Resources

The following are mental health care providers who have contacted our Center with an interest in working with Crohn's disease and ulcerative colitis patients and their families:

Alyse Bedell, PhD

Chicago

The University of Chicago Medicine

773-702-2458

Stacey Cohn Siver, PhD

Arlington Heights

224-456-7472

Shauna Rosenberg Freedman, PsyD

Northfield, Chicago & Other Locations Primary

Care Psychology Associates

847-686-0090

Sharon Jedel, PsyD

Chicago

Rush University Medical Center

312-563-3898

Sharon_Jedel@rush.edu

Melanie S. Levine, PhD

Chicago & Skokie

773-413-8394

mlevine@melanieslevine.com

Candace Love, Ph.D.

Grayslake & Chicago

847-986-2968

847-767-3540

cvlove@comcast.net

Pamela Rebeck, Ph.D.

Naperville

630-815-8443

Tracy Robinson, PhD

Orland Park & Homer Glen

V&R Behavioral Health Services

708-717-6103

drtrob@me.com

Stephanie Ross, PhD

Kelsey Mora, CCLS, LPC

Kezia Shirkey, PhD

Sari Ticker, PsyD

Roslyn Turner, LCSW

Rebecca Joslin, LCPC

Skokie & Chicago

Illness Navigation

847-965-7677

info@illnessnavigation.com

Darlene G. Stevens, MA, LCPC

Naperville & St. Charles

Advanced Behavioral Health Services

630-689-1022

Tiffany Taft, PsyD

Emily Edlynn, PhD (pediatrics)

Lori Burda, PhD

Colleen Muchowski, LCSW

Robin Cohen, LCPC

Oak Park

Oak Park Behavioral Health Services, LLC

312-725-6175



Crohn's & Colitis Support Group

- Second Wednesday of every month
- 7:00 pm — 8:00 pm
- Online, via Zoom

Contact ibdcenter@uchicago.edu for more information, or call 773-702-6073.



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Learn the ropes from someone who's been there.

Encourage a fellow patient on the path to healing.

Be part of our community.

JOIN IBD SUPERFRIENDS **A PATIENT TO PATIENT** MENTORING PROGRAM

From the University of Chicago Inflammatory Bowel Disease Center

MENTORS ARE:

- Patients at the University of Chicago Medicine Inflammatory Bowel Disease Center
- Living with Crohn's disease or ulcerative colitis for one or more years
- Interested in helping other patients learn from their personal experience, one-on-one (phone, email, or in person)

MENTEES ARE:

- Patients at the University of Chicago Medicine Inflammatory Bowel Disease Center
- Living with Crohn's disease or ulcerative colitis
- Interested in talking to another IBD patient about his or her experience living with Crohn's disease or ulcerative colitis

If you are interested in **being a mentor** or **having a mentor**, please contact **ibdcenter@uchicago.edu** for more information and to complete an application.

There is no cost to participate in this program. This program is supported by volunteers, and will not affect the care you receive at the University of Chicago Medicine.



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Are you interested in participating in a clinical trial?

We are currently enrolling patients with these conditions:

Ulcerative Colitis
Crohn's Disease
Nonalcoholic Steatohepatitis (NASH)
Primary Biliary Cirrhosis
Short Bowel Syndrome
Celiac Disease

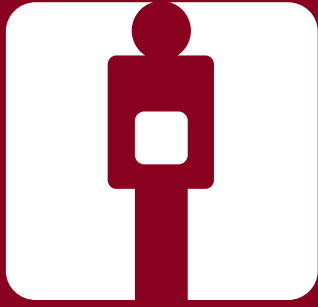
If you would like to learn more, please contact our clinical trials team:

773-702-5382



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Gastro-Intestinal RESEARCH FOUNDATION

The GI Research Foundation (GIRF) is a non-profit 501(c)3 dedicated to raise funds to support the physicians and scientists at the University of Chicago Medicine Digestive Diseases Center in their efforts to provide outstanding care, train future leaders, and perform innovative clinical and laboratory research in order to treat, cure, and prevent digestive diseases.

ACHIEVEMENTS

- Discovery of the first gene associated with Crohn's disease (NOD2)
- Discovery of a new type of "deep remission" in IBD that may allow some patients to stop therapy
- Funding a groundbreaking study to discover the cause of ulcerative colitis
- Performance of the first living donor liver transplant from parent to child
- Discovery of the immune factors related to celiac disease, and development of the first animal model of celiac disease
- Established international clinical trials which led to a cure for Hepatitis C
- Pioneers in the development of home Parenteral Nutrition and management of short bowel/intestinal failure
- Investigation of the circadian clock of the gut microbiome and impact on digestive function
- Piloting population-specific colon cancer screening protocols to reduce mortality
- Investigation of hereditary screening protocols as well as precision treatment and prevention of colorectal cancer
- Authored guidelines on the treatment of inflammatory bowel disease during the COVID-19 pandemic

GIRF funds research at the University of Chicago IBD Center, and holds many events every year, including the annual GIRF Ball. To learn more, make a gift, or become involved, please visit

girf.org



**Crohn's & Colitis Foundation
Illinois Carol Fisher Chapter**

General Inquires:

2200 Devon Ave #392

Des Plaines, IL 60018

(847) 827-0404

illinois@crohnscolitisfoundation.org

Local Events and Education

crohnscolitisfoundation.org/chapters/illinois

IBD Help Center

Monday through Friday from 8 am - 4 pm

(888-694-8872, extension 8)

info@crohnscolitisfoundation.org

Local Support Groups:

- Young Adults Virtual Support Group - ibdgroup22@gmail.com
- Chicago - ibdcenter@uchicago.edu
- Evanston - KZuckerman@northshore.org
- Naperville - dolores.audy@gmail.com
- Peoria - jnkporter35@gmail.com