**Patient Pre-Surgical Checklist**

A UChicago Medicine Ingalls Memorial Ambulatory Surgery Center pre-op nurse will call you for a pre-operative nursing history to gather the following information:

* Surgical History
* Medical History
* Height and Weight
* A list of your medications (It helps if you have your medication bottles with you)
* Allergies (and what kind of reaction you have)
* Vaccination status: You must have two completed COVID-19 vaccine doses or a negative test within 72

hours prior to surgery will be required.

* Some procedures may require additional testing and or medical or cardiac clearance, we will discuss that

with you.

At the time of this call we provide a tentative time for your surgery, we will call with a confirmation the day prior.

**Insurance:**

Call your insurance company to verify coverage, referrals or pre-certification that you may need. You are responsible for co-pays and may be asked for a deposit if you have a high deductible plan. Typically, you may receive a bill from your surgeon, the Surgery Center and the anesthesia provider (PHA: Physician Healthcare Associates)

**Day of Surgery:**

* For your safety, you must have someone to drive you home. No exceptions. Additionally, we recommend that you have someone with you for the first 24 hours following your procedure.
* Wear loose clothing, which will help you be more comfortable after surgery.
* Leave all valuables at home.
* Bring your insurance card and photo ID.
* DO NOT have anything to eat or drink after midnight the night before your surgery or as directed by the pre-op nurse.
* You will NOT be allowed to bring anyone into the pre-operative area, but are allowed ONE companion to wait in the waiting room. No one under the age of 18 is allowed.

**Medications:**

* Take blood pressure medications with a small sip of water.
* If needed, take pain medications with a small sip of water.
* If you are diabetic, our pre-op nurse will discuss this with you.
* You may use your asthma or breathing inhalers. Please bring a rescue inhaler to your procedure if you have one.
* Contact the office regarding stopping blood thinners, weight loss medications including phentermine, NAIDS,

fish oil and over-the-counter supplements.

UChicago Medicine Ingalls Memorial Ambulatory Surgery Center is located on the Lower Level (LL) of UChicago Medicine at Ingalls – Tinley Park located at 6701 W. 159th Street, Tinley Park, IL. Patients can be dropped off or picked up at Door B at the front of the building. Patient and visitor parking is located outside Door C.

The elevator is located just inside Door B on the left wall. Please push the call button and staff will unlock the elevator doors.Take the elevator to the lower level and check in at the front desk.

**Thank you for trusting us with your care, call us with any questions or concerns at (708)429-0222**