



Patient Pre-Surgical Checklist

A UChicago Medicine Ingalls Memorial Ambulatory Surgery Center pre-op nurse will call you for a pre-operative nursing history to gather the following information:

- Surgical History
- Medical History
- Height and Weight
- A list of your medications (It helps if you have your medication bottles with you)
- Allergies (and what kind of reaction you have)

Some procedures may require additional testing and or medical or cardiac clearance, we will discuss that with you.

At the time of this call we provide a tentative time for your surgery, we will call with a confirmation the day prior.

Insurance:

Call your insurance company to verify coverage, referrals or pre-certification that you may need. You are responsible for co-pays and may be asked for a deposit if you have a high deductible plan. Typically, you may receive a bill from your surgeon, the surgery center and the anesthesia provider (PHA: Physician Healthcare Associates)

Day of Surgery:

- For your safety, you must have someone to drive you home. No rideshare services are allowed. Additionally, we recommend that you have someone with you for the first 24 hours following your procedure.
- Wear loose clothing, which will help you be more comfortable after surgery.
- Leave all valuables at home.
- Bring your insurance card and photo ID.
- DO NOT have anything to eat or drink after midnight the night before your surgery or as directed by the pre-op nurse.
- You will be allowed to bring ONE person into the pre-operative area. No one under the age of 18 is allowed.

Medications:

- Take blood pressure medications with a small sip of water.
- If needed, take pain medications with a small sip of water.
- If you are diabetic, our pre-op nurse will discuss this with you.
- You may use your asthma or breathing inhalers. Please bring a rescue inhaler to your procedure if you have one.
- Contact your doctor regarding stopping blood thinners (warfarin, Eliquis, Xarelto, Plavix), NSAIDs (ibuprofen, naproxen), weight loss medications such as phentermine, semaglutide (Ozempic/Wegovy), tirzepatide (Mounjaro/Zepbound), fish oil, and other over-the-counter supplements.

UChicago Medicine Ingalls Memorial Ambulatory Surgery Center is located on the Lower Level (LL) of UChicago Medicine at Ingalls – Tinley Park located at 6701 W. 159th Street, Tinley Park, IL. Patients can be dropped off or picked up at Door B at the front of the building. Patient and visitor parking is located outside Door C.

The elevator is located just inside Door B on the left wall. Please push the call button and staff will unlock the elevator doors. Take the elevator to the lower level and check in at the front desk.

Thank you for trusting us with your care, call us with any questions or concerns at (708)429-0222.