

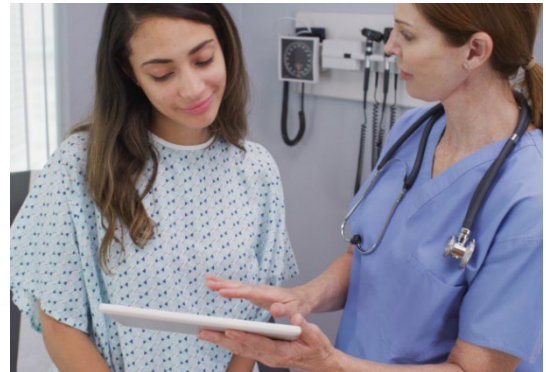
Chaperones at UChicago Medicine

A chaperone is a staff member who works for the hospital system. They are here to help you and your healthcare provider during sensitive exams.

Chaperones for Private and Sensitive Exams

A sensitive exam is any exam, treatment, or procedure that involves:

- The genital or rectal area of any patient
- The breasts or chest of a patient assigned female at birth or who identifies as a female, including all transgender patients



A chaperone makes sure your exam is done in a professional and sensitive way.

A chaperone stays in the room with you. They support you and make sure you are comfortable, safe and are shown dignity during a sensitive exam.

They pay attention to your well-being, and respect any concerns you have.

You can also have a chaperone during any other exam by asking your nurse or doctor before your exam. Your doctor can also ask for a chaperone to be there during your exam.

People Who Can Serve as a Chaperone For:

- **Adults:** Family or friends cannot serve as chaperones. **If you do not want a chaperone in your room, you can decline.** Talk to your nurse or doctor before your exam.
- **Adolescents or young adults (age 10 or older):** a chaperone is required for all sensitive exams or procedures.
- **Children 9 years old or younger:** a parent or legal guardian or a chaperone is required for all sensitive exams or procedures.



AT THE FOREFRONT

UChicago Medicine