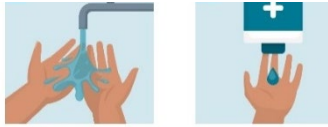
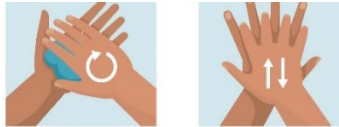


How to Wash Your Hands

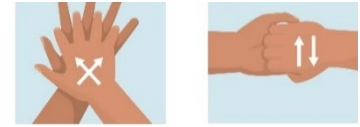
Use soap and water when you can see dirt on hands



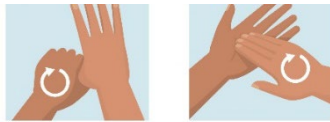
Wet hands and apply soap



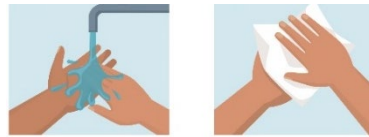
Rub front and back of hands together



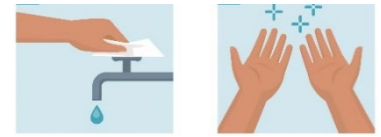
Scrub between fingers and rub back of fingers on other palm



Clean thumbs and wash fingernails and finger tips



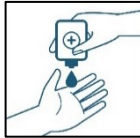
Rinse hands then dry with a single use towel



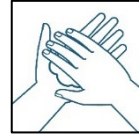
Use towel to shut off water. Your hands are now clean

How to Use Hand Sanitizer

Apply hand sanitizer on palm of one hand



Rub hands together



Cover all surfaces until hands feel dry (20 seconds)

