

Please review :

Day Before Procedure

Day of Procedure

Pre-Procedure Instructions

Arrive at MHFC on _____ at _____. If your arrival time changes for your procedure you will be notified between 4pm-5pm the business day before your procedure.

Day Before Surgery:

- For morning surgeries, no food or drink after 11:00pm. For afternoon surgeries, no food after 11:00pm but may have clear liquids (water, apple juice, Gatorade, tea/coffee without creamer/honey) until 6 hours before arrival time.
- After 11:00pm no chewing gum, hard candy, lozenges, or tobacco products (includes smoking, chew, dip and nicotine pouches)
- Shower with antibacterial soap (Hibiclens or liquid dial night before and morning of)
- Contact your physician if you have any questions regarding your procedure, or if you develop any symptoms of cold, flu, fever, rash, nausea, vomiting or any other signs of infection including open wounds or scratches prior to your surgery date.
- **Please review Medication Instructions prior to procedure: See Back**

When you arrive:

- Bring Photo ID, Insurance card, Method of payment, advance directives if desired. Please leave all other personal valuables and jewelry at home.
- Bring Assistive devices
- Wear **warm, comfortable clothing** and low heeled shoes. The Hospital is kept cool to prevent germ growth.
- Shoulder procedure patients, bring an X- large button down shirt, as it must fit a sling with pillow underneath to go home.
- Pediatric patients: Bring any security items, bottles/cups and diapers needed while at the hospital. A parent or legal guardian must remain in the building at all times.
- If you are scheduled for an overnight stay, please bring your personal care items including home medications in the original bottles from the pharmacy and CPAP machine if prescribed.

Day of Procedure:

- Procedure start times are estimated. If delays occur the pre-op team will keep you and your family updated.
- A responsible adult must accompany you on day of procedure to receive discharge instructions, drive you home and stay with you for at least 24 hours due to anesthesia. No driving for 24hrs after anesthesia.
- **Two adult visitors only** are allowed to accompany patient on day of procedure. One visitor is allowed in preop and post-operative recovery discharge areas. Both parents are allowed for Pediatric patients.
- Inpatient: Two visitors are allowed until 9pm, after then only one adult, over age 18, can stay overnight.

TURN OVER FOR MEDICATION INSTRUCTIONS

Take Your Home Medications as prescribed EXCEPT for CHANGES listed below:

Medication Name	Instructions

This is for prior to procedure only. This will not replace your current medication regimen when you are discharged.

Signed: _____

Nurse: _____

Relationship to Patient _____

Date: _____ Time: _____

Patient Label

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