



16906 Southwest Freeway
Sugar Land, TX 77479
281-243-1000

MAKE SURE TO BRING:

- ✓ Insurance Card
- ✓ Photo ID
- ✓ Payment Method

Pre-Procedure Instructions

1. Arrive at MHFC on _____ at _____. You may call 281-243-1025 on the business day before your surgery to verify your arrival time. If your arrival time changes for your surgery you will be notified the day before your procedure.

2. **DO NOT** chew gum, smoke, chew tobacco, take lozenges, eat or drink after midnight the night before your procedure unless otherwise instructed. You may brush your teeth without swallowing.

Other: _____

3. Medication to be taken with a small sip of water upon rising _____

4. Contact your physician if you have any questions regarding your procedure, or if you develop any symptoms of cold, flu, fever, rash, nausea, vomiting or any other signs of infection including open wounds or scratches.

5. Wear warm, comfortable clothing and low-heel shoes. **Leave all valuables and jewelry at home. (Remove all body piercing.) Remove all make-up.** No contact lenses may be worn on the day of surgery. Bring cases for glasses, dentures, or hearing aids. For patients having shoulder surgery, larger button down shirts are recommended to allow for sling and dressings.

6. If you are bringing medications from home, they **must** be in the original containers from the pharmacy labeled with directions and dosage instructions.

7. Family members are asked to wait in the waiting room during the procedure. **You must arrange to have a responsible adult drive you home after your procedure.** Do not take any public transportation without an adult accompanying you. Pediatric patients must have a parents/guardian in the building at all times.

8. Some of the anesthesia drugs you may receive can take up to 24 hours to leave your system completely. For this reason, you should not ingest any alcoholic beverages, drive a car, and operate any dangerous machinery or many any important decisions for 24 hours after your surgery.

9. For Infection Control and Safety considerations; children under 10 years of age are not allowed to visit in the Preop or PACU areas. Adult patients are allowed one visitor to stay with them prior to surgery; pediatric patients are permitted two adult visitors prior to surgery.

10. Bring Advanced Directives if you desire to have them on your chart.

11. PEDIATRIC PATIENTS: Bring any security items, bottles/cups, and diapers you may need while at the hospital.

12. If you are scheduled for an overnight stay, please bring your personal care items including home medications in the original containers from the pharmacy labeled with directions and dosage instructions. Patients in the Inpatient Unit are allowed one guest to stay overnight; the guest must be at least 18 yrs of age. Also, if you use a C-PAP machine please bring it with you to the hospital.

13. We are a smoke-free campus, which includes all areas of the building and the parking lot.

14. All assisted devices (including crutches, walkers, braces, & slings) in your possession should be brought with you the day of surgery.

I HAVE READ AND UNDERSTAND THE ABOVE INSTRUCTIONS. I UNDERSTAND THAT FAILURE TO FOLLOW THE ABOVE INSTRUCTIONS MAY RESULT IN THE CANCELLATION OF MY PROCEDURE.

Signed: _____ Witness: _____

Relationship to Patient: _____ Date: _____ Time: _____

Patient Label

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