



Appointment Date: _____

Appointment Time: _____

Doctor Name: _____

EGD PREPARATION

1. Have a light supper the night prior to your procedure.
2. **DO NOT HAVE ANYTHING** to eat or drink after midnight the night prior to your procedure.
3. **NO GUM or TOBACCO** products on the day of your procedure.
4. You may take your morning medications. **DO NOT** take any aspirin or Blood Thinners (Coumadin, Plavix, Ibuprofen or Aleve)
5. If you take **PHENTERMINE**, you must stop taking this medication 2 weeks prior to your procedure
6. A responsible adult must come with you and remain in the endoscopy area until you are discharged following your procedure. You will not be able to drive.
7. Wear comfortable clothes. You will be asked to undress from the waist up and to wear a patient gown.

Contact Information

If you are unable to keep your appointment or have questions about the instructions, call the facility where your procedure is being performed.

Nashville Endosurgery Center

300 20th Ave N, 8th floor
Nashville, TN 37203
615-284-1335
615-649-9940

Lebanon Endoscopy Center

100 Physicians Way, Ste 340
Lebanon, TN 37090
615-466-9532
615-547-2334