

## **NORMAN ENDOSCOPY CENTER**

### **Colonoscopy 2-Day Prep**

Patients who have had difficulty “cleaning out” with a prior colonoscopy or who have a history of chronic constipation may need a 2-day prep. Your physician will make this determination. This instruction sheet is for two days prior to your procedure. Your physician will give you additional instructions for the day before and the day of your procedure.

### **Instructions for a 2-Day Prep**

Two days prior to your scheduled colonoscopy you may only have clear liquids. A clear liquid is anything that you can see through when it has been sitting at room temperature (see examples on prescribed prep sheet: i.e. Osmo-Prep, Dulcolax/Miralax, CoLyte, HalfLytely, etc.). No food of any kind is allowed.

11:00 am-Take 2 Ducolax tablets

4:00 pm-Take 2 Ducolax tablets

### **Day before your Colonoscopy**

Follow instructions on prescribed colonoscopy prep sheet.