



FY 2022 Community Health Improvement Plan

Oklahoma Center for Orthopaedic & Multi-Specialty Surgery

Obesity • Mental Health • Tobacco





INTEGRIS Health

Mission, Vision and Values

Mission

Partnering with people to live healthier lives.

Caring for our patients is our top priority. As the largest health care system in Oklahoma, we feel it's our responsibility to improve the health of the citizens of our great state. But we learned a long time ago that we can't fully care for our community by staying exclusively within the walls of our facilities.

At INTEGRIS Health, caregivers take their education and skills into the community to make a difference in the lives of fellow Oklahomans. Their dedication, combined with our resources, helps accomplish a variety of things – from providing free clinical services, screenings and education programs to working with juvenile offenders and providing activities for senior citizens.

We also realize the health of a community isn't just physical and mental – it's economic and spiritual as well. That's why we offer a myriad of programs that address all these important issues.

Vision

Most Trusted Partner for Health

Values

iCare

Integrity, Compassion, Accountability, Respect and Excellence



Executive Summary

The Patient Protection and Affordable Care Act (ACA) requires each not-for-profit hospital to conduct a Community Health Needs Assessment (CHNA) every three years to identify significant health needs in the community, to report impact of previous community health improvement initiatives, and to develop an implementation plan to address and measure community health activities created to address the significant health needs.

INTEGRIS Health reports compliance with the requirements on the IRS Form 990 Schedule H annually. INTEGRIS Health created CHNA reports and implementation plans for Health Partner Investments (HPI), Oklahoma Center for Orthopaedic & Multi-Specialty Surgery (OCOM) and INTEGRIS Community Hospitals. Documents were made available to the public.

INTEGRIS Health collaborated with local community partners on the CHNA. The results identified Obesity, Access to Care, Food Insecurity, Mental Health and Tobacco as the priority issues. INTEGRIS Health chose to focus on all of the identified priority issues.

The issues were chosen based on state and local data, surveys, identifiable gaps, available resources and input from small focus groups. In 2020, INTEGRIS Health collected 402 surveys across Oklahoma and Cleveland Counties. Surveys were collected from each facility service area and broken down to identify needs in specific areas.

INTEGRIS Health developed a one-year Community Health Improvement Plan (CHIP) designed to meet the needs of the community based on the results of the CHNA which was completed in December of 2020. The plan aligns with INTEGRIS Health pillars of excellence.

This implementation plan addresses the following priority issues.

- Obesity
- Mental Health
- Tobacco

During this plan cycle, INTEGRIS Health will collaborate with community partnerships to improve the health for low-income, under-served and uninsured populations. INTEGRIS Health is committed to the successful completion of the CHIP, utilizing a collaborative, systemwide approach. Outcome measures will be tracked quarterly and annually through the evaluation process.

Oklahoma City Metro Health Need Priorities

INTEGRIS Health Managed Facilities

INTEGRIS Health Edmond	INTEGRIS Baptist Medical Center	INTEGRIS Southwest Medical Center	INTEGRIS Cancer Institute	Lakeside Women's Hospital
<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco 	<ul style="list-style-type: none"> •Obesity •Mental Health •Access to Care •Food Insecurity •Tobacco

INTEGRIS Health Joint Venture Hospitals

<p>HPI Community Hospital North</p> <ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<p>HPI Community Hospital South</p> <ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<p>HPI Northwest Surgical Hospital</p> <ul style="list-style-type: none"> •Obesity •Mental Health •Tobacco 	<p>Oklahoma Center for Orthopaedic & Multi-Specialty Surgery</p> <ul style="list-style-type: none"> •Obesity •Mental Health •Tobacco
<p>INTEGRIS Community Hospital Council Crossing</p> <ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<p>INTEGRIS Community Hospital Moore</p> <ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<p>INTEGRIS Community Hospital Del City</p> <ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco 	<p>INTEGRIS Community Hospital OKC West</p> <ul style="list-style-type: none"> •Access to Care •Food Insecurity •Tobacco



Community Health Priority Issue: OBESITY

Oklahoma is the fourth most obese state in the nation. (1) Oklahoma's obesity rate has surpassed the 35% rate and is currently at 36.8%. (1) Excess weight increases the risk of developing chronic diseases such as heart disease, stroke and diabetes. Today's convenience of fast food, more screen time and less fruit and vegetable consumption only increase a child's risk of being overweight/ obese. The impact obesity can make on a child can be lifelong. This collectively focused effort utilizes prevention strategies encouraging kids to make better choices and to move more. Education plays a significant role with adults focusing on better nutrition, portion size and increasing their physical activity. The plan's action steps overlap with interventions geared toward heart disease.

Barriers: Busy lifestyles, convenience of fast food, too much screen time, lack of access to fresh fruits and vegetables, cost of healthier foods, lack of sidewalks and safe places to walk, limited health education in schools

Community Resources: Abundance of city parks, free use of school playgrounds after hours, nutritional counseling and education programs, free walking and running clubs, local events promoting good nutrition and physical activity, area farmers' markets, weight loss counseling and support groups, food banks

(1) The State of Obesity: Better Policies for a Healthier America. 2020

Obesity

Hospital Resources: Budget, volunteers, financial contributions, fitness instructors, community dietitians, wellness coaches, screening event staff, health care students, Hispanic Initiative, translators, interpreters, grant funding, exercise physiologist, patient education materials, screening tools, screening coordinators

Partnerships: Community centers, schools, public health, police department, senior centers, fitness centers, career tech centers, quality improvement organizations, churches, libraries, regional food access, chronic disease prevention organizations, support groups

Program	Supporting Activities	Yearly Targets
Community Resources	Educate patients on nutrition and physical activity programs in the community	2022: Provide social workers with community resources targeting healthy lifestyle behaviors
Community Partnerships	Educate patients and community members on nutrition and physical activity	2022: Explore partnership opportunities to offer obesity prevention programs to patients and community members



Community Health Priority Issue: MENTAL HEALTH

Almost 21% of adults are experiencing a mental illness in Oklahoma. (2) Mental illness includes one's emotional, psychological and social well-being, and can affect individuals of all ages, races, religions and socioeconomic status. Those living with serious mental illness experience an increased risk of chronic medical conditions and cooccurring addiction disorders. (2)

Community input from surveys, focus groups and listening sessions identified the clear need for mental health services as a priority issue. Inadequate services and treatment exist for the non and underinsured. By addressing issues such as improving quality of life and managing stress, we can make a larger impact on suicide, domestic violence, substance abuse, depression, anxiety and other issues related to mental health.

Barriers: Stigma, language, cultural, limited treatment for non or underinsured, self-medicating with substances such as alcohol and drugs, lack of a support system, lack of transportation, expense of psychotropic medications and poverty

Community Resources: Federal programs, nonprofit health clinics, free/ reduced cost prescription drug programs, state supported mental health system, private providers, county health department, hospitals, free community clinics, grant and state funded counseling at free and/or reduced cost for children and families, suicide prevention hotline, federally qualified health centers, community advocacy and support groups

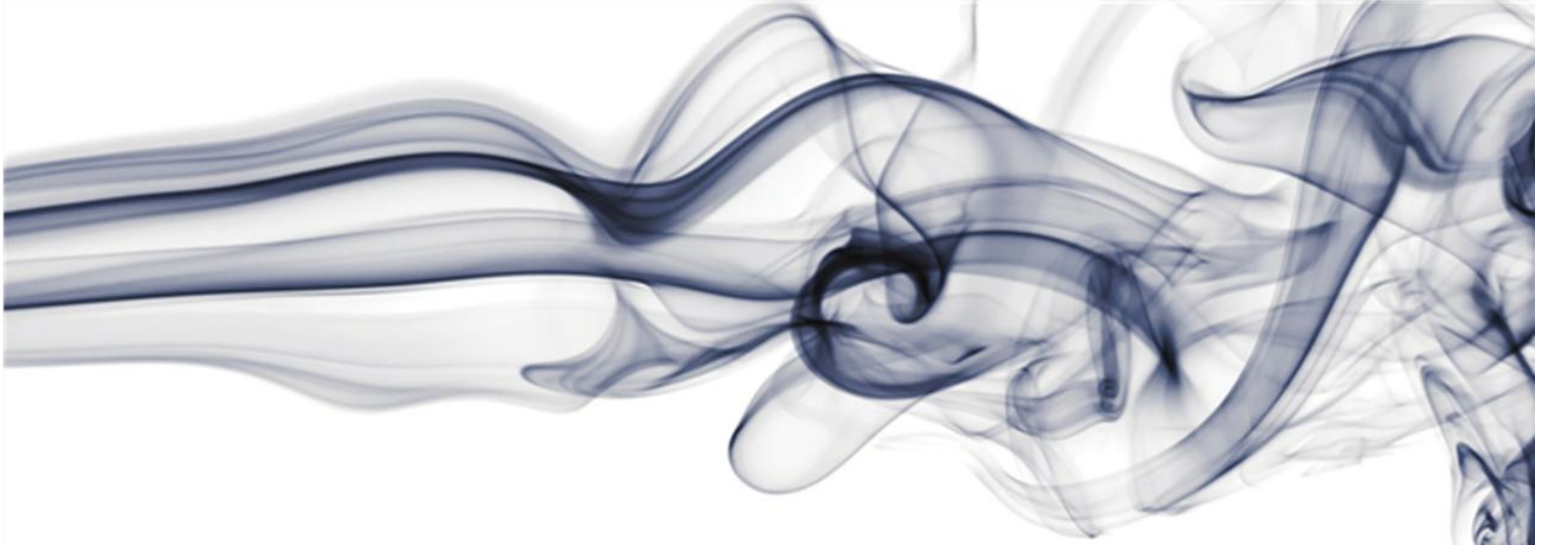
(2) The State of Mental Health in America. 2021

Mental Health

Hospital Resources: Educational material, referral system, Oklahoma City County Health Department Partnership and Wellness Initiatives, employee assistance program, behavioral health specialists, behavioral health services, financial support, mobile assessment team, trained mental health first aid facilitators, online screening tool

Partnerships: Youth and Family Services, United Way of Central Oklahoma, Oklahoma Department of Mental Health and Substance Abuse, American Foundation for Suicide Prevention, North Alliance on Mental Health Institute, 211 referral system, YWCA, Areawide Aging Agency, Oklahoma City Community Foundation, Oklahoma City County Health Department and Lynn Institutes’ Northeast Oklahoma City Collaborative

Program	Supporting Activities	Yearly Targets
Oklahoma County Support Narcam Campaign	Support efforts in getting Narcam to high risk individuals and families	2022: Promote campaign
Partnerships with local coalitions	Support local efforts with coalitions who support, prevent and educate on mental health issues and substance abuse	2022: Explore existing coalitions



Community Health Priority Issue: TOBACCO

Although tobacco was not specifically identified by the community as a priority issue, INTEGRIS Health chose to continue addressing the issue. The state of Oklahoma continues to have an “F” in heart disease deaths and a grade of “D” in the incidence of lung cancer. (3) Oklahoma is one of the unhealthiest states in the nation. Each year 7,500 adults die from their own smoking. (4) With the expansion of vaping and electronic cigarettes, nicotine addiction remains an important issue. 31.1% of cancer deaths in Oklahoma can be attributed to smoking. (6) Tobacco use in Oklahoma costs \$1.62 billion in direct health care costs. (4)

(3) Oklahoma State of the State Health Report. Indicators. 2019

(4) Tobacco Free Kids. Oklahoma State Report. 2021

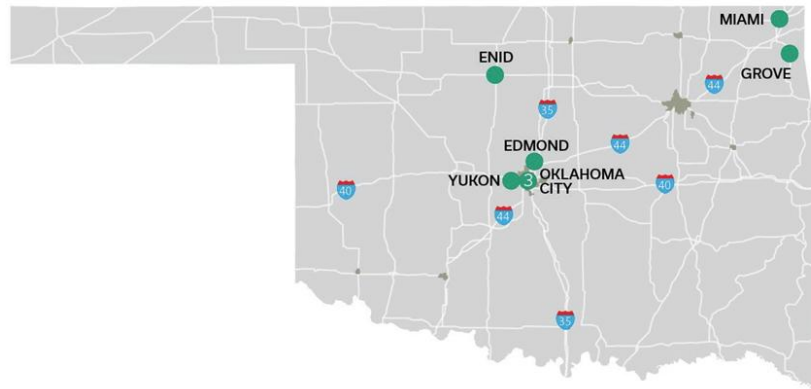
Tobacco

Hospital Resources: Educational material, referral system, Oklahoma City County Health Department Partnership and Wellness Initiatives, employee assistance program, behavioral health specialists, behavioral health services, financial support, mobile assessment team, trained mental health first aid facilitators, online screening tool

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Program	Supporting Activities	Yearly Targets
Oklahoma Tobacco Helpline	Review current referral process and reports	2022: Explore partnership and referral process
Tobacco Free Policy	All campuses are tobacco free	2022: Signage is up to date

Facilities



Facilities required to have a Community Health Improvement Plan

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| HPI Community Hospital North | INTEGRIS Community Hospital Del City |
| HPI Community Hospital South | INTEGRIS Community Hospital Moore |
| HPI Northwest Surgical Hospital | INTEGRIS Community Hospital OKC West |
| INTEGRIS Baptist Medical Center | INTEGRIS Health Edmond |
| INTEGRIS Canadian Valley Hospital | INTEGRIS Southwest Medical Center |
| INTEGRIS Cancer Institute | Lakeside Women’s Hospital |
| INTEGRIS Community Hospital Council Crossing | Oklahoma Center for Orthopaedic Multi-Specialty Surgery |

Regional Facilities

- INTEGRIS Bass Baptist Health Center, Enid
- INTEGRIS Grove Hospital
- INTEGRIS Miami Hospital
- INTEGRIS Northwest Specialty Hospital, Enid

Link to all facilities CHIPs: <https://integrisok.com/about-integris/serving-our-community/reports>



Community Health Improvement Plan FY 2022

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