

Preparing for your Procedure

Please follow these instructions:

- **One Medical Passport:** It is critical to complete the One Medical Passport portal to ensure we can perform your case at the surgery center. Please read the back of this form and complete the OMP within two days of being scheduled for your procedure.
- Depending on your health history, your anesthesiologist may require additional preoperative testing, such as EKG and blood work. The Surgery Center will call and discuss any additional testing requirements as soon as your medical history has been completed and reviewed.
- The Surgery Center will call you prior to your procedure to confirm your expected time of arrival, review your medications, and when to stop eating and drinking unless opted in to messaging. Arrival time will be confirmed the day prior.
- If you are currently taking anticoagulant medications (Aspirin, Coumadin, Heparin, Plavix and Xarelto), you will need to contact your Primary Care Physician if a hold of medication is indicated. Please note the prescribing physician in your health history.

Financial Assistance

- We will call you as soon as we receive scheduling information from your physician's office to discuss any up front financial obligations.
- If you anticipate difficulty with payment we do accept Care Credit.
- For more information please visit: <http://www.carecredit.com>
- Be advised, you will receive separate bills from the surgery center, your surgeon, and the anesthesiologist.

On the day of your Procedure

Please be sure to arrive at the surgery center on time.

- Please shower or bathe on the morning of your procedure, wear loose-fitting clothing, leave valuables such as jewelry at home. Remove all piercings, jewelry and contacts, including wedding rings, wear your glasses and bring a case. Do not attempt to shave your surgical site.
- Jewelry (including wedding rings) not able to be removed prior to the day of surgery may be cut off, or surgery may need to be rescheduled.
- For your safety, it is required that you make arrangements to have someone 18 years or older drive you home and stay with you for at least 24 hours following the procedure. Your procedure will be postponed if no driver is present.
- If you will have sedation for a pain management procedure, your ride needs to stay for the duration of your visit, otherwise your procedure may be delayed until your ride is present.
- Take only essential medication with a small sip of water on the morning of the procedure per the instructions of the pre-assessment nurse.
- No lotions, make-up, nail polish or perfumes.

After your Procedure

After your procedure, you will be taken to the recovery room where the nurses will make your recovery as comfortable as possible. You may experience some normal side effects of anesthesia, such as nausea and vomiting. Once you are comfortable, we will bring your family back to discuss any postoperative instructions and help you to your vehicle. Please remember you must have someone 18 years or older available to bring you home safely. You will be in the recovery area for approximately 30-90 minutes, depending on your type of procedure.

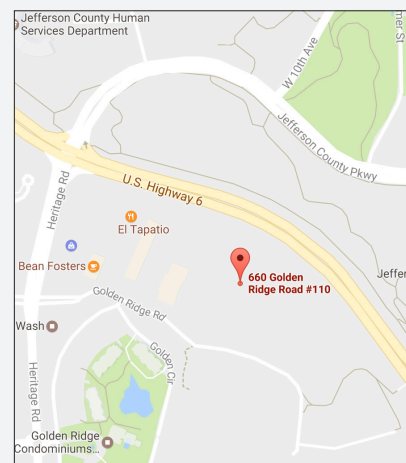


Bring to the Center

Driver's license or photo ID, insurance card and any financial obligation previously arranged.

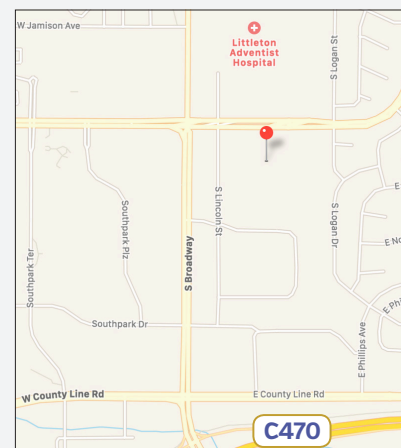
Golden Ridge Surgery Center

660 Golden Ridge Rd, Suite 110
Golden, CO 80401
Tel: (303) 963-1500



South Denver Surgery Center

300 E. Mineral Avenue Suite 9
Littleton, CO 80122
Tel: (720) 360-3400



Patient Registration Guide

Physician Name: _____ Procedure Date: _____

In order to provide you with excellent care and minimize long phone interviews and paperwork, your assigned Surgery Center asks that **within the next 24-48 hours** you complete a Medical Passport, an online registration form that allows patients to provide complete, accurate medical information to their healthcare team in order to provide a safe and optimal patient-care experience. *You may also receive a phone call, email, or text from One Medical Passport directing you to complete your medical history.*

How to Complete Your Medical Passport Online

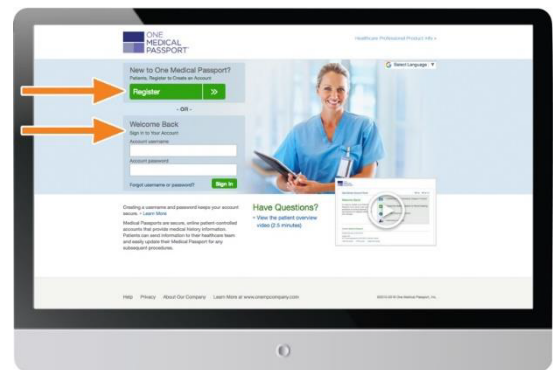
Start on the homepage: www.goldenridgesurgerycenter.com OR www.southdenversc.com

Then click the '**PRE-REGISTRATION/MEDICAL PASSPORT**' link to go to the Medical Passport registration page.

First Time Users Only:

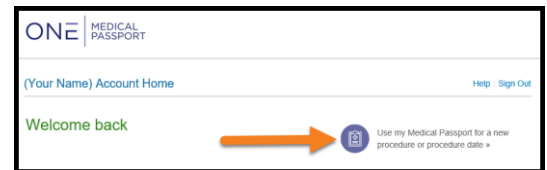
Click the green '**Register**' button to create a Medical Passport.

Answer the questions on each page, then click '**Save & Continue**.' Once complete, click '**Finish**' to submit your information to us. The information you provide is kept on a secure site, is password protected by you, and is never shared with anyone other than your healthcare team.



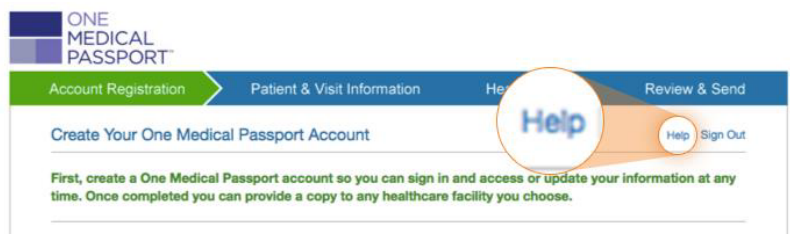
Returning Users Only:

If you've previously created a Medical Passport and are having another procedure at the same or a different surgical facility, you will need to verify and/or update your information. Enter your original username and password in the 'Welcome Back' area and click '**Sign In**.' Then select '**Use my Medical Passport for a new procedure or procedure date**' to begin.



Need Help Completing a Medical Passport?

Each page has a **Help** link you may click for assistance. If you are unable to complete your medical history online, a pre-admission nurse from our facility will contact you by phone close to the date of your procedure to complete your history with you.



Please Note:

Questions regarding arrival/procedure time, billing/co-pays, pre-procedure instructions or medical concerns/test results must be directed to your physician's office or the facility directly.