

**SurgCenter of Glen Burnie**  
**308 Hospital Drive, Ste. 102**  
**Glen Burnie, MD 21061**  
**Phone: (410)760-8100 Fax: (410)760-8180**  
**Consultation/Pre-anesthesia Clearance Request**

Patient Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_  
Date of Surgery: \_\_\_\_\_ Surgeon: \_\_\_\_\_  
Anesthesia: General    MAC    Local    Type of Surgery: Outpatient  
Dx for Surgery: \_\_\_\_\_ ICD-10: \_\_\_\_\_  
Procedure: \_\_\_\_\_ CPT: \_\_\_\_\_

**\*\*Do not give patients an arrival time. The Surgcenter will call patients with their arrival time the evening before surgery. \*\***

**History & Physical** – All Patients (w/in 30 days, no exceptions)

**EKG (w/in 12 months)**

Hypertension  
Cardiac hx (CHF, MI, valve disease)  
70 yrs and over  
Smoker >20 years  
Diabetes  
Sleep Apnea

**CBC (w/in 30 days)**

Diabetes  
Bleeding Disorder  
History of anemia

**Chem7 (w/in 30 days)**

Diabetes

**PT/INR within 24 hours of surgery (after stopping anticoagulants)** – if taking Coumadin, Plavix, Eliquis, Xarelto, Pradaxa

**Neuro Clearance** – if recent seizure or has a seizure disorder

**Cardiac Clearance** – For any cardiac history – stroke, heart attack, CABG, stents, abnormal EKG (unless already signed off by PCP), pacemaker, arrhythmias, chest pain, and cardiac catheterization.

**Drug Screen** – For cocaine use

**Total Joint Patients regardless of age** – History and Physical, EKG, CBC and Chem 7

**Patients that do not meet SurgCenter criteria for surgery:**

Symptomatic CHF or COPD  
AICD  
Children under 1 year  
Dialysis patients  
Malignant Hyperthermia History  
Diabetics must have B.S. < 300  
For total joints: No BMI's > 40  
Regarding all cases: No BMI's > 50  
MAC Room: No children less than 14 years old | BMI's > 45  
MAC Room: Prone cases with BMI > 40  
On Home oxygen