

TEXAS★ENDOSCOPY

6405 W. Parker Rd, Suite 370 • Plano, Texas 75093 • 972-473-9900
8080 Independence Parkway, Suite 160 • Plano, TX 75025 • 972-908-3000

***You MUST HAVE TRANSPORTATION from the facility by an adult family member or friend. No taxis, Uber, Lyft, or other public transportation, even no paid/non-paid medical transportation services. IF you do not have this transportation in place when you arrive you will be cancelled for your procedure(s).**

***For any questions regarding your Bowel Prep instructions, please call your physician's office:
McKinney Office is 972-562-4430 Plano Office is 972-.943-9094**

Preparation Instructions for EGD/UPPER ENDOSCOPY

7 Days Prior to Procedure:

☐ **MEDICATION INFORMATION:**

- ☐ **IF you are taking these medication on a weekly basis for weight loss you must stop these medication for 7 days prior to the date of your procedure: Any semiglutide- Ozempic[®], Wegovy[®], Trulicity[®], Bydureon[®], Mounjaro[®], Zepbound[®]. If you have not stopped these medications your procedure will be cancelled.**
- ☐ **IF you are taking these medication a daily basis for Diabetes you must stop them the day prior to your procedure: Rybelsus[®], Victoza[®], Saxenda[®], Byetta[®], Invokana[®], Steglatro[®], Farxiga[®], Adlyxin[®]. If you have not stopped these medications your procedure will be cancelled**
- ☐ **IF you are taking Plavix[®], Coumadin[®] (Warfarin[®]), Lovenox[®], Eliquis[®], Brilinta[®] or any other prescribed blood thinner, it's very important that you notify the nurse at your GI Physician's office for instructions as when to when to STOP this medication before your procedure (see numbers above).**
- ☐ **IF you are taking a diet medication that contains the product PHENTERMINE[®] YOU MUST STOP THIS MEDICATION 4 DAYS PRIOR TO YOUR PROCEDURE**
- ☐ **IF you are taking 325mg Aspirin[®], switch to 81mg Aspirin[®] daily 7 days prior to your procedure and stay on this dose leading up to procedure. If you are already taking 81mg Aspirin[®], do not stop prior to procedure unless specifically instructed by your GI physician or Physician prescribing this medication.**

Prep Instructions for EGD/UPPER SCOPE:

The Day Prior to Procedure:

1. **NO food after MIDNIGHT the night prior to your procedure.**

The Day of Procedure:

1. 4-HOURS PRIOR to your procedure nothing in your mouth
2. The Morning of your procedure you may have ONLY CLEAR LIQUIDS up until 4 hours prior to your procedure
3. **List of liquids:** Tea, Black Coffee (no creamer), coke[®], sprite[®], diet sodas, chicken or beef broth, Jell-O[®], Popsicles[®] (Not Fruit Sickles[®]), apple juice, cranberry juice (natural red), Gatorade[®], Powerade[®], and water.
Absolutely no RED/PURPLE products. No Orange Juice, Milk, or Milk Products such as creamers.
4. **You will need to take any Thyroid, Blood Pressure, Seizure, Anxiety medications.**

****DO NOT take your Diabetic medications this morning prior to procedure****

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