

## PREPPING FOR YOUR EGD/EUS

### 7 DAYS PRIOR TO YOUR PROCEDURE

#### **Medications:**

##### **Blood thinners -**

- If you are taking **Plavix, Coumadin (Warfarin), Lovenox, Xeralto, Eliquis, Brilinta** or any other prescribed blood thinner, it's very important that you notify the nurse for instructions as when to STOP this medication before your procedure.
- If you are taking **325mg Aspirin**, switch to 81mg Aspirin daily 7 days prior to your procedure and stay on this dose leading up to procedure.
- If you are already taking 81mg Aspirin, do not stop prior to procedure.

##### **GLP – 1 injections**

**The following medication MUST be stopped 7 days prior to your procedure. If they are not stopped your procedure will be canceled and you will have to reschedule.**

- **GLP-1 injection medications (for diabetes and/or weight loss)**
  - **Ozempic**(semaglutide) - **Wegovy**(semaglutide) –**Trulicity**(dulaglutide)  
**Bydureon**(exenatide) - **Mounjaro**(trizepatide) – **Zepbound**(trizepatide)
- **Weight loss medications:**
  - **Adipex** (phentermine)

### The day prior to your procedure:

- No solid food after midnight, the night before your procedure

### The day of your procedure:

- The morning of your procedure you may have clear liquids **ONLY**, up to **4 hours** prior to your procedure time.

#### **Clear liquids include:**

- *water, tea, coffee (no milk/creamer), sodas, chicken or beef broth, apple juice, sports drinks, popsicles, and jello.*
- **NO red, purple, or milk products!**

#### **Medications day or procedure:**

- **Blood pressure, heart, seizure, and/or thyroid medications – please take 6 hours prior to your procedure with a sip of water.**

*NOTHING by mouth 4 hours before your procedure time, INCLUDING WATER!*

**IMPORTANT-** Please note that females of childbearing age or 55 and under will be required to provide a urine sample for a pregnancy test at the time of check-in. If you are unable to provide a urine sample the procedure will be canceled.

#### **→ You must have a someone drive you home from the procedure.**

This must be a family member, friend, or approved medical transport service.  
No public transportation, uber, lyft, or any other ride share service.

#### **→ There is a cancellation and no show policy**

You will be charged a fee for cancellations within 72 hours of your scheduled procedure  
You will be charged a fee if you NO SHOW for your procedure.

#### **→ Please call the office with any questions 972-943-8440**