

## PREPPING FOR YOUR COLONOSCOPY WITH SUFLAVE

**DO NOT FOLLOW THE PREP INSTRUCTIONS ON THE BOX. FOLLOW AS DIRECTED BELOW**

**CLEAR LIQUID DIET THE ENTIRE DAY PRIOR TO YOUR PROCEDURE (SEE PAGE1)**

### The evening prior to your procedure:

#### **5 PM:**

- Prepare both Suflave prep doses:
  - Remove 1 flavor sachet and add it to first prep bottle.
  - Fill the container with **lukewarm** water to the line and shake the mixture until all the powder is dissolved.
  - Repeat this step with the remaining dose sachet and prep bottle.
  - Place Both Bottles in the refrigerator for at least 1 hour

#### **6 PM:**

- Remove **one** bottle of prep from the refrigerator.
- Drink one 8oz glass of the **SUFLAVE** prep every 15-30 minutes until the prep bottle is finished.
- Drink 2 additional 8oz. glasses of clear liquids.

#### **9PM: Extra prep**

- ***IF you are not having progressively clear liquid bowel movements by 9 pm, mix and drink 1 dose of miralax every 15 minutes X 4 doses. (1 capful mixed with 8 oz of water)***
- ***IF you're not passing clear to yellow liquid by 10 pm, drink another 3 doses of miralax, as directed.***

### The day of the procedure:

#### **6 hours before the procedure:**

- Remove the remaining bottle of prep from the refrigerator.
- Drink 8 oz of SUFLAVE prep every 15-30minutes until the prep bottle is finished.
- Drink 2 additional 8 oz glasses of clear liquids.

**NOTHING by mouth 4 hours before your procedure time, INCLUDING WATER!**

**IMPORTANT-** Please note that females of childbearing age or 55 and under will be required to provide a urine sample for a pregnancy test at the time of check-in. If you are unable to provide a urine sample the procedure will be canceled.

Excellent or good bowel preparation is essential for correct diagnosis and further endoscopic management. Below are examples of prepping for your colonoscopy correctly and the results this has on the visibility by the physician during your colonoscopy. The end goal is for your bowel movements to be clear to clear yellow.

- Example A shows excellent or good bowel preparation
- Example B shows fair colon preparation
- Example C shows poor colon preparation

